

CSAA CHAMPIONSHIP WINNERS
10k, Cross Country, Road Relay, Half Marathon & Marathon

10k Championships
non Queenborough in 1986, the inaugural year
2007 Cross Campus Challenge c6m

Date	Venue	Men	Dept	Cat	Time	Team	Women	Dept	Cat	Time	Team
29/03/17	Olympic Park	G Pennington	HMRC	M45	34.54	DWP	N Jackson	MOD	F	38.07	MOD
13/04/16	Olympic Park	D Steel	HMT	M	34.05	DWP	R Fagg	DRSA	F	40.09	MINERVA
22/04/15	Battersea Park	M Eccles	JURA	M	33.23	HMRC	K Pullin	HMRC	F35	43.03	HMRC
23/07/14	Battersea Park	T Aldred	HMT	M35	32.06	HMRC	A Snook	HASSRA	F	38.21	DEFRA
24/07/13	Battersea Park	J Addison	DfE	M40	34.41	HASSRA	A Allen	HASSRA	F45	41.02	MINERVA
17/05/12	Battersea Park	G Pennington	MoD	M40	33.38	MoD	E Antcliffe	DEFRA	F	39.59	DEFRA
30/03/11	Battersea Park	J Bradley	CACSSA	M	32.16	HMRC	R Elkins	CACSSA	F	39.16	CACSSA
30/03/10	Battersea Park	G Pennington	HMRC	M40	32.42	HMRC	S Rutherford	DEFRA	F	38.21	DEFRA
12/05/09	Battersea Park	P Parry	MOD	M45	32.54	HMRC	A Allen	HASSRA	F40	39.54	DEFRA
23/04/08	Battersea Park	P Parry	MOD	M45	32.21	HMRC	L Such	HASSRA	F	37.43	HASSRA
19/04/07	Loughborough	J Bradley	GCHQ	M	31.15	GCHQ	A Allen	HASSRA	F35	35.39	HMRC
26/04/06	Battersea Park	P Parry	MOD	M40	32.53	MOD	A Allen	HASSRA	F35	36.57	HASSRA
27/04/05	Battersea Park	M Hilton	DEFRA	M	31.18	SPARTA	L Such	HASSRA	F	36.05	HASSRA
28/04/04	Hyde Park	P Parry	MOD	M40	32.57	IR	A Allen	HASSRA	F35	37.40	IR
31/03/03	Battersea Park	S Hallas	IR	M	32.38	IR	S Robson	COMETS	F	36.58	HASSRA
01/05/02	Battersea Park	S Snow	DTLR	M	32.26	HASSRA	S Andreou	LCD	F35	36.20	HASSRA
28/03/01	Battersea Park	T Hart	OS	M	30.39	IR	A Allen	HASSRA	F	37.16	HASSRA
05/04/00	Battersea Park	R Fitzsimmons	HASSRA	M	31.54	HASSRA	R Jones	HASSRA	F	36.49	HASSRA
24/03/99	Battersea Park	R Fitzsimmons	HASSRA	M	31.17	HASSRA	B Davies	MOD	F	38.26	IR
01/04/98	Battersea Park	R Fitzsimmons	HASSRA	M	31.55	HASSRA	C Horne	HASSRA	F40	35.28	HO/PSAA
26/03/97	Battersea Park	B Glenton	C&E	M	30.11	HASSRA	A Allen	HASSRA	F	35.23	MOD
27/03/96	Battersea Park	W Coyle	MOD	M	30.28	HASSRA	C Horne	HASSRA	F35	35.10	IR
05/04/95	Cardiff	S Knight	DTI	M	30.48	MOD	E Evans	DoE Tp	F	37.56	IR
13/04/94	Battersea Park	P Simons	MOD	M	30.39	MOD	E Evans	DoE Tp	F	37.37	CPS
31/03/93	Battersea Park	S Knight	DTI	M	30.18	DoE Tp	C Horne	DHSS	F35	34.41	MOD
08/04/92	Battersea Park	D McGrath	IR	M	30.02	IR	N Salisbury	MOD	F	36.32	DHSS

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17/04/91	Battersea Park	J Parker	DHSS	M	30.27	MOD	A Wright	IR	F	34.33	IR
04/04/90	Battersea Park	P Cuskin	DoEMP	M	30.04	IR	C Horne	DHSS	F	34.17	DHSS
04/04/89	Battersea Park										IR
13/04/88	Battersea Park	M Harris		M	29.16		C Horne	DHSS	F	36.02	
25/03/87	Battersea Park	J Kelly	DHSS	M	30.01	IR	S James	DHSS	F	33.48	
02/04/86	Battersea Park	D McGrath	IR	M	30.33	IR	S Astley	DHSS	F	35.02	IR

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Cross Country Championships

Date	Venue	Men	Dept	Cat	Time	Team	Women	Dept	Cat	Time	Team
11/10/17	Parliament Hill	T Adams	DEFRA	M35	33.36	DEFRA	J Meek	MOD	F40	26.54	MINERVA
12/10/16	Parliament Hill	P Vis	HMRC	M	34.24	HMRC	J Meek	MOD	F35	24:39	MOD
14/10/15	Parliament Hill	T Frith	MOD	M	34.50	MOD	E Antcliffe	HASSRA	F35	27.15	MINERVA
15/10/14	Parliament Hill	M Cummings	HMRC	M	34.55	HMRC	V Carter	MINERVA	F40	27.27	HMRC
06/11/13	Parliament Hill	C Smith	Cab Off	M35	32.59	HMRC	K Beecher	MOD	F	26.50	HMRC
31/10/12	Parliament Hill	O Edwards	FCO	M35	34.34	MOD	K Blake	HMRC	F35	26.05	HMRC
09/11/12	Parliament Hill	M Cummings	HMRC	M	34.25	HMRC	K Beecher	MOD	F	26.23	MOD
10/11/10	Perry Park	L Hobbs/M Hobbs	SPARTA	M	31.43	HMRC	S Stephen (nee Rutherford)	DEFRA	F	24.11	HASSRA
04/11/09	Parliament Hill	G Pennington	HMRC	M35	34.39	HMRC	K Blake	HMRC	F	25.27	HASSRA
05/11/08	Richmond Park	L Hobbs/M Hobbs	SPARTA	M	34.24	HMRC	D Kennedy	MINERVA	F	29.27	HASSRA
14/11/07	Solihull	J Bradley	GCHQ	M	29.50	GCHQ	L Such	HASSRA	F	23.14	HASSRA
08/11/06	Richmond Park	M Hobbs	SPARTA	M	33.15	HMRC	A Allen	HASSRA	F35	28.10	HASSRA
30/11/05	Solihull	M Hobbs	SPARTA	M	31.22	MOD	E Adams	MOD	F	23.23	HASSRA
10/11/04	Solihull	M Hobbs	SPARTA	M	34.17	IR	N White	IR	F	27.29	IR
12/11/03	Richmond Park	S Snow	SPARTA	M	33.50	MOD	S Robson	DFES	F	26.58	IR
13/11/02	Solihull	M Brown	C&E	M	31.12	HASSRA	D Lee	DEFRA	F	23.13	DEFRA
14/11/01	Richmond Park	A Bird	MOD	M	34.22	MOD	A Allen/R Jones	HASSRA	F	27.50	MOD
14/02/01	Cheltenham	S Robinson	GCHQ	M40	32.26	MOD	S Harrison	Royal Mail	F	26.21	RM
10/11/99	Richmond Park	J Estall	MAFF	M45	33.15	HASSRA	A Allen	HASSRA	F	27.30	IR
11/11/98	Solihull	R Hollingsworth	C&E	M	31.57	MOD	R Jones	HASSRA	F	25.22	HASSRA
19/11/97	Richmond Park	C Dixon	MOD	M	32.55	HASSRA	N Brown	HASSRA	F	27.50	HO/PSAA
13/11/96	Richmond Park	B Glenton	C&E	M	31.18	MOD	C Horne	HASSRA	F40	26.33	MOD
08/11/95	Richmond Park	S Snow	DOET	M	31.54	MOD	E Evans	DOET	F	27.05	IR
09/11/94	Richmond Park	S Snow	DOET	M	33.46	DHSS	C Horne	DHSS	F35	20.50	IR
10/11/93	Solihull	W Coyle	MOD	M	33.49	HASSRA	K Osment	HO	F	26.52	DHSS
11/11/92	Richmond Park	P Freary	DoEMP	M	32.57	MOD	C Horne	DHSS	F35	20.49	IR
13/11/91	Solihull	J Parker	DHSS	M	30.35	DHSS	C Horne	DHSS	F35	25.19	DHSS

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07/12/57	Epsom										
15/12/56	Woodford Green										
11/12/54	Cranford										
05/12/53	Wimbledon										
13/12/52	Hayes										
15/12/51	Ruislip										
09/12/50	Woodford										
29/01/49	Addington										
10/01/48	Bexley										
10/12/38	Chingford	A Frost	IR	M							
11/12/37	Petersham										
12/12/36	Hadley Wood	A Newson	IR	M							
30/09/32	New Barnet	A Moon	IR	M			G Wise	IR	F		

Road Relay Championships: Finsbury Park London from 1978 (2.78m approx)

1974, 1975, 1964 Crystal Palace, 1960, 1961, 1964 Battersea Park, 1953, 1954, 1955 City of London

2015 Men's Relay reduced from 5 to 4 Stages. Women's remained at 3 Stages since 1993 when prior to that it was a straight race.

Date	Men's Team	Time	Fastest Leg	Dept	Time	Women's Team	Time	Fastest Leg	Dept	Time
15/03/17	HMRC	65.27	J Clarke	OS	15.42	MINERVA	55.43	S Francis	MINERVA	18.03
09/03/16	HMRC	67.37	S Shanks	HMRC	15.49	MINERVA	53.25	V Carter	MINERVA	17.20
11/03/15	HMRC	61.42	G Pennington	HMRC	14:49	HMRC	61.17	V Carter	MINERVA	17.08
09/10/13	HMRC	75.15	M Cummings	HMRC	14.01	HMRC	51.40	L Chisholm	HMRC	16.03
10/10/12	HMRC	76.55	M Cummings	HMRC	13.58	HMRC	55.24	K Blake	HMRC	16.10
12/10/11	HMRC	74.20	M Cummings	HMRC	14.15	HASSRA	55.38	S Robson	Minerva	17.28
06/10/10	HMRC	73.52	G Pennington	HMRC	14.24	HASSRA	55.17	S Francis	Minerva	17.35
07/10/09	HMRC	74.37	M Hobbs	SPARTA	13.47	HASSRA	54.03	A Allen	HASSRA	17.37
08/10/08	HMRC	75.35	L Hobbs	SPARTA	13.40	Minerva	54.15	S Robson	Minerva	17.08
03/10/07	HMRC	75.48	J Bradley	GCHQ	13.45	HMRC	57.00	A Ridley	DEFRA	17.52
04/10/06	SPARTA	72.37	M Hobbs	SPARTA	13.41	HASSRA	53.34	A Allen	HASSRA	16.40
19/10/05	SPARTA	73.51	M Hobbs	SPARTA	13.57	HASSRA	52.55	A Allen	HASSRA	16.25

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12/10/74										
18/04/64	IR									
1963										
1962										
08/04/61	IR									
22/04/60										
04/04/59	IR									
22/03/58										
23/03/57										
Mar 56										
19/03/55										
27/03/54										
21/03/53										

Half Marathon Championships

Date	Venue	Men	Dept	Cat	Time	Women	Dept	Cat	Time	Combined Team
18/06/17	Freckleton	G Pennington	HMRC	M45	1.20.08	C Woods	DWP	F55	1.581.0	HMRC
19/06/16	Freckleton	G Pennington	HMRC	M45	1.14.35	J Wren	MOD	F50	1.42.05	HMRC
21/06/15	Freckleton	G Pennington	HMRC	M45	1.13.08	B Wright	NHS PA	F50	1.34.32	HMRC
22/06/14	Freckleton	G Pennington	HMRC	M40	1.13.07	N Sheel	MINERVA	F	1.40.00	HASSRA
16/06/13	Freckleton	G Pennington	HMRC	M40	1.12.08	N Sheel	MINERVA	F	1.40.25	HASSRA
17/06/12	Freckleton	G Pennington	HMRC	M40	1.14.18	B Wright	NHS HH	F50	1.32.09	HMRC
19/06/11	Freckleton	G Pennington	HMRC	M40	1.14.44	C Betmead	NHS HH	F35	1.24.49	HMRC
21/03/10	Stafford	M Clapp	HMRC	M	1.16.33	E Stavreski	OGC	F35	1.24.35	HASSRA
15/03/09	Stafford	S Marklew	HMRC	M40	1.13.14	L Trainor	HO	F35	1.32.53	HMRC
11/05/08	Hinckley	J Bradley	CACSSA	M	1.13.15	M Dempsey	HMRC	F35	1.43.33	No Team

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Marathon Championships

Date	Venue	Men	Dept	Cat	Time	Women	Dept	Cat	Time	Team
16/09/07	Nottingham	M Clapp	HMRC	M35	2.48.56	L Yearley	PS	F	4.22.25	HMRC
03/12/06	Luton	M Clapp	HMRC	M35	2.45.27	L Yearley	PS	F	4.22.20	HMRC
01/05/06	Belfast	M Clapp	HMRC	M35	2.46.27					HMRC
07/12/04	Luton	J Duffy	HMRC	V	2.46.25	S Cariss	HMRC	F50	3.17.08	HASSRA
08/12/03	Luton	D Randall	CACSSA	M40	2.47.01	H Walker	HASSRA	F50	3.32.25	HASSRA
13/10/02	Manchester	J Duffy	IR	M	2.39.50	S Cariss	IR	F50	3.04.28	IR
23/09/01	Manchester	A Bruce	BL	M40	2.45.50	S Cariss	IR	F50	3.05.40	BL
08/10/00	Manchester	J Duffy	IR	M	2.40.33	K Charnock	IR	F	2.47.44	IR
10/10/99	Manchester	J Bell	HASSRA	M50	2.39.52	S Cariss	IR	F40	3.28.12	HASSRA
11/10/98	Manchester	P Kinsella	CACSSA	M	2.32.40	S Cariss	IR	F45	3.07.25	HASSRA
28/09/97	Nottingham	J Bell	HASSRA	M50	2.35.50	S Abbiss	HASSRA	F	2.58.44	HASSRA
22/09/96	Windsor	J Bell	HASSRA	M45	2.36.55	S Cariss	IR	F45	3.09.30	HASSRA
24/09/95	Nottingham	J Breen	NICSSA	V	2.52.49	S Abbiss	HASSRA	F	3.12.23	NICSSA