



**CSAA CHAMPIONSHIP WINNERS**  
**10k, Cross Country, Road Relay, Half Marathon & Marathon**

13/04/88	Battersea Park	M Harris		M	29.16		C Horne	DHSS	F	36.02	
25/03/87	Battersea Park	J Kelly	DHSS	M	30.01	IR	S James	DHSS	F	33.48	
02/04/86	Battersea Park	D McGrath	IR	M	30.33	IR	S Astley	DHSS	F	35.02	IR

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**Cross Country Championships**

<b>Date</b>	<b>Venue</b>	<b>Men</b>	<b>Dept</b>	<b>Cat</b>	<b>Time</b>	<b>Team</b>	<b>Women</b>	<b>Dept</b>	<b>Cat</b>	<b>Time</b>	<b>Team</b>
15/10/14	Parliament Hill	M Cummings	HMRC	M	34.55	HMRC	V Carter	MINERVA	F40	27.27	MINERVA
06/11/13	Parliament Hill	C Smith	Cab Off	M35	32.59	HMRC	K Beecher	MOD	F	26.50	HMRC
31/10/12	Parliament Hill	O Edwards	FCO	M35	34.34	MOD	K Blake	HMRC	F35	26.05	HMRC
09/11/11	Parliament Hill	M Cummings	HMRC	M	34.25	HMRC	K Beecher	MOD	F	26.23	MOD
10/11/10	Perry Park	L Hobbs/M Hobbs	SPARTA	M	31.43	HMRC	S Stephen (nee Rutherford)	DEFRA	F	24.11	HASSRA
04/11/09	Parliament Hill	G Pennington	HMRC	M35	34.39	HMRC	K Blake	HMRC	F	25.27	HASSRA
05/11/08	Richmond Park	L Hobbs/M Hobbs	SPARTA	M	34.24	HMRC	D Kennedy	MINERVA	F	29.27	HASSRA
14/11/07	Solihull	J Bradley	GCHQ	M	29.50	GCHQ	L Such	HASSRA	F	23.14	HASSRA
08/11/06	Richmond Park	M Hobbs	SPARTA	M	33.15	HMRC	A Allen	HASSRA	F35	28.10	HASSRA
30/11/05	Solihull	M Hobbs	SPARTA	M	31.22	MOD	E Adams	MOD	F	23.23	HASSRA
10/11/04	Solihull	M Hobbs	SPARTA	M	34.17	IR	N White	IR	F	27.29	IR
12/11/03	Richmond Park	S Snow	SPARTA	M	33.50	MOD	S Robson	DFES	F	26.58	IR
13/11/02	Solihull	M Brown	C&E	M	31.12	HASSRA	D Lee	DEFRA	F	23.13	DEFRA
14/11/01	Richmond Park	A Bird	MOD	M	34.22	MOD	A Allen/R Jones	HASSRA	F	27.50	MOD
14/2/01	Cheltenham	S Robinson	GCHQ	M40	32.26	MOD	S Harrison	Royal Mail	F	26.21	RM
10/11/99	Richmond Park	J Estall	MAFF	M45	33.15	HASSRA	A Allen	HASSRA	F	27.30	IR
11/11/98	Solihull	R Hollingsworth	C&E	M	31.57	MOD	R Jones	HASSRA	F	25.22	HASSRA
19/11/97	Richmond Park	C Dixon	MOD	M	32.55	HASSRA	N Brown	HASSRA	F	27.50	HO/PSAA
13/11/96	Richmond Park	B Glenton	C&E	M	31.18	MOD	C Horne	HASSRA	F40	26.33	MOD
08/11/95	Richmond Park	S Snow	DOET	M	31.54	MOD	E Evans	DOET	F	27.05	IR
09/11/94	Richmond Park	S Snow	DOET	M	33.46	DHSS	C Horne	DHSS	F35	20.50	IR
10/11/93	Solihull	W Coyle	MOD	M	33.49	HASSRA	K Osment	HO	F	26.52	DHSS
11/11/92	Richmond Park	P Freary	DoEMP	M	32.57	MOD	C Horne	DHSS	F35	20.49	IR
13/11/91	Solihull	J Parker	DHSS	M	30.35	DHSS	C Horne	DHSS	F35	25.19	DHSS
14/11/90	Richmond Park	P Freary	DoEMP	M	31.45	DoEMP	C Horne	DHSS	F	21.07	DHSS
09/11/89	Bath										
09/11/88	Richmond Park	P Cuskin	DoEMP	M		IR	D Scott	GCHQ	F		DHSS



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05/12/53	Wimbledon									
13/12/52	Hayes									
15/12/51	Ruislip									
09/12/50	Woodford									
29/01/49	Addington									
10/01/48	Bexley									
10/12/38	Chingford	A Frost	IR	M						
11/12/37	Petersham									
12/12/36	Hadley Wood	A Newson	IR	M						
30/09/32	New Barnet	A Moon	IR	M		G Wise	IR	F		

**Road Relay Championships: Finsbury Park London from 1978 (2.8m approx)**

1974, 1975, 1964 Crystal Palace, 1960, 1961, 1964 Battersea Park, 1953, 1954, 1955 City of London

Date	Men's Team	Time	Fastest Leg	Dept	Time	Women's Team	Time	Fastest Leg	Dept	Time
11/03/15*	HMRC	61.42	G Pennington	HMRC	14.49	HMRC	61.17	V Carter	MINERVA	17.08
09/10/13	HMRC	75.15	M Cummings	HMRC	14.01	HMRC	51.40	L Chisholm	HMRC	16.03
10/10/12	HMRC	76.55	M Cummings	HMRC	13.58	RCSL	55.24	K Blake	HMRC	16.10
12/10/11	HMRC	74.20	M Cummings	HMRC	14.15	HASSRA	55.38	S Robson	Minerva	17.28
06/10/10	HMRC	73.52	G Pennington	HMRC	14.24	HASSRA	55.17	S Francis	Minerva	17.35
07/10/09	HMRC	74.37	M Hobbs	SPARTA	13.47	HASSRA	54.03	A Allen	HASSRA	17.37
08/10/08	HMRC	75.35	L Hobbs	SPARTA	13.40	Minerva	54.15	S Robson	Minerva	17.08
03/10/07	HMRC	75.48	J Bradley	GCHQ	13.45	HMRC	57.00	A Ridley	DEFRA	17.52
04/10/06	SPARTA	72.37	M Hobbs	SPARTA	13.41	HASSRA	53.34	A Allen	HASSRA	16.40
19/10/05	SPARTA	73.51	M Hobbs	SPARTA	13.57	HASSRA	52.55	A Allen	HASSRA	16.25
06/10/04	HASSRA	73.55	M Hobbs	SPARTA	13.39	HASSRA	52.23	L Trainor	SPARTA	16.51
24/09/03	IR	75.36	R Hollingsworth	HASSRA	14.12	IR	54.01	C Wilson	IR	17.25
25/09/02	HASSRA	75.23	M Bliss/P Ashley	HASSRA/OS	14.17	IR	53.00	C Horne	HASSRA	17.05
03/10/01	IR	73.46	T Hart	OS	13.46	HASSRA	50.22	K Charnock	IR	16.01
20/09/00	HASSRA	74.45	P Ashley	OS	14.15	HASSRA	49.52	A Allen	HASSRA	16.00
29/09/99	MOD	71.25	W Coyle	MOD	13.41	HASSRA	48.57	V Lawrence	HASSRA	15.40



**CSAA CHAMPIONSHIP WINNERS**  
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04/04/59	IR									
22/03/58										
23/03/57										
Mar 56										
19/03/55										
27/03/54										
21/03/53										

\* Not held in 2014 in order to move to Spring date. Format altered to 4 men.

**Half Marathon Championships**

Date	Venue	Men	Dept	Cat	Time	Women	Dept	Cat	Time	Combined Team
21/06/15	Freckleton	G Pennington	HMRC	M45	1.13.07	B Wright	NHS PA	F50	1.34.32	HMRC
22/06/14	Freckleton	G Pennington	HMRC	M40	1.16.51	N Sheel	MINERVA	F	1.40.00	HASSRA
16/06/13	Freckleton	G Pennington	HMRC	M40	1.12.08	N Sheel	MINERVA	F	1.40.25	HASSRA
17/06/12	Freckleton	G Pennington	HMRC	M40	1.14.18	B Wright	NHS HH	F50	1.32.09	HMRC
19/06/11	Freckleton	G Pennington	HMRC	M40	1.14.44	C Betmead	NHS HH	F35	1.24.49	HMRC
21/03/10	Stafford	M Clapp	HMRC	M	1.16.33	E Stavreski	OGC	F35	1.24.35	HASSRA
15/03/09	Stafford	S Marklew	HMRC	M40	1.13.14	L Trainor	HO	F35	1.32.53	HMRC
11/05/08	Hinckley	J Bradley	CACSSA	M	1.13.15	M Dempsey	HMRC	F35	1.43.33	No Team

**Marathon Championships\*\***

Date	Venue	Men	Dept	Cat	Time	Women	Dept	Cat	Time	Team
16/09/07	Nottingham	M Clapp	HMRC	M35	2.48.56	L Yearley	PS	F	4.22.25	HMRC
03/12/06	Luton	M Clapp	HMRC	M35	2.45.27	L Yearley	PS	F	4.22.20	HMRC
01/05/06	Belfast	M Clapp	HMRC	M35	2.46.27					HMRC
07/12/04	Luton	J Duffy	HMRC	V	2.46.25	S Cariss	HMRC	F50	3.17.08	HASSRA
08/12/03	Luton	D Randall	CACSSA	M40	2.47.01	H Walker	HASSRA	F50	3.32.25	HASSRA
13/10/02	Manchester	J Duffy	IR	M	2.39.50	S Cariss	IR	F50	3.04.28	IR
23/09/01	Manchester	A Bruce	BL	M40	2.45.50	S Cariss	IR	F50	3.05.40	BL

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08/10/00	Manchester	J Duffy	IR	M	2.40.33	K Charnock	IR	F	2.47.44	IR
10/10/99	Manchester	J Bell	HASSRA	M50	2.39.52	S Cariss	IR	F40	3.28.12	HASSRA
11/10/98	Manchester	P Kinsella	CACSSA	M	2.32.40	S Cariss	IR	F45	3.07.25	HASSRA
28/09/97	Nottingham	J Bell	HASSRA	M50	2.35.50	S Abbiss	HASSRA	F	2.58.44	HASSRA
22/09/96	Windsor	J Bell	HASSRA	M45	2.36.55	S Cariss	IR	F45	3.09.30	HASSRA
24/09/95	Nottingham	J Breen	NICSSA	V	2.52.49	S Abbiss	HASSRA	F	3.12.23	NICSSA

\*\* Discontinued.