

SEAC BRIDGES RELAY 2025 PROVISIONAL RESULTS**The Albert Embankment 11 June 2025****Open Teams**

Position	Category	Organisation / Club	Team Name	Team Number	Time	Vet.	Mixed
1	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	WPH 01	86	0:55:05		
2	LBH	Slaughter and May	Slaughter and May	12	0:55:58		
3	LBH	JPMorgan	Runch Bunch	27	0:56:29		
4	Club	Woking AC	Woking Natural Relaxers	59	0:56:33	Vet	
5	LBH	EY	EY men's team 1	81	0:56:33		
6	Club	London FrontRunners	LFM Men's 2	95	0:58:10		
7	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	WPH 03	88	0:58:44		
8	Club	London FrontRunners	LFM Men's 1	94	0:58:47		
9	LBH	EY	EY men's team 2	82	0:59:27		
10	LBH	KPMG Run Club	KPMG Men's 1	71	0:59:43		
11	Club	West 4 Harriers	West 4 Harriers No. 52	52	0:59:46		
12	LBH	Bank of America Running Club	BoFA First team	75	1:00:19		Mixed
13	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	WPH 02	87	1:00:32		
14	LBH	WSP	WSP Rail	7	1:00:33	Vet	
15	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	WPH 04	89	1:00:46		
16	Club	London FrontRunners	LFM Men's 5	96	1:00:51		
17	LBH	Not Declared	Not declared	104	1:01:04		
18	LBH	Transport for London	Transport for London - Oxford Circus	147	1:01:05		Mixed
19	Club	Beeches Track Squad	Beeches Track Squad Senior Men	33	1:01:05		
20	Club	Eton Manor	Eton Manor Team 1	102	1:01:21		
21	Club	Windrush Tri Club	Windrush Tri Team 3	37	1:01:28		Mixed
22	LBH	Transport for London	Transport for London - Elizabeth Line	107	1:01:55		
23	LBH	Morgan Stanley	MS #1	39	1:02:02		
24	LBH	Barclays	Team Philpot	80	1:02:17		
25	LBH	St. Paul's Ewell	Three Men and a Baby	1	1:02:31	Vet	
26	LBH	Transport for London	Transport for London - Metropolitan Railway	108	1:02:46	Vet	
27	LBH	M&G	M&G Old Men	60	1:03:25	Vet	
28	LBH	Bank of England	BoE 1	48	1:03:38		
29	Club	Windrush Tri Club	Windrush Tri Team 1	35	1:04:02		Mixed
30	Club	London FrontRunners	LFM Men's 6	99	1:04:38		
31	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	WPH 05	90	1:04:59		
32	LBH	Morgan Stanley	MS #2	40	1:05:05		
33	LBH	Transport for London	Transport for London - Superloop	109	1:05:15		
34	LBH	SCB	SCB Men's team 2	64	1:05:32		
35	Club	Ravens	Ravens 1	57	1:05:34		Mixed
36	LBH	JPMorgan	Richish Hinting Hares	26	1:06:08		Mixed
37	Club	Ealing Eagles Running Club	Where Eagles Dare	101	1:06:23		
38	Club	West 4 Harriers	West4 Harriers Men B	53	1:06:34		
39	LBH	Transport for London	Transport for London - Railing Runers	148	1:06:35		
40	LBH	Barclays	Team James	77	1:06:54		
41	Club	London FrontRunners	LFM Men's 7	100	1:06:57		
42	LBH	Hachette Hares	Hachette Hares Discover	18	1:07:03		
43	Club	Not Declared	Not declared	98	1:07:39		
44	Club	Beeches Track Squad	Beeches Track Squad Mixed	34	1:07:50		
45	LBH	JPMorgan	MTAP 2 - Mixed	31	1:08:11		Mixed
46	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	WPH 06	91	1:08:14		
47	Club	West 4 Harriers	West4 Harriers Men C	54	1:08:26	Vet	
48	LBH	Civil Service	Civil Service	19	1:08:27		Mixed
49	LBH	Barclays	Team Kathy	78	1:08:30		Mixed
50	LBH	Bank of England	BoE 2	49	1:08:42		
51	Club	London FrontRunners	LFM Men's 8	152	1:08:57		
52	LBH	WSP	WSP Roads	9	1:09:07	Vet	Mixed
53	Club	Belgrave Harriers	Harrier Hustlers	131	1:09:24		Mixed
54	LBH	Transport for London	Transport for London - Central Line	149	1:09:36		
55	LBH	KPMG Run Club	KPMG Mixed 2	74	1:09:50	Vet	Mixed
56	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	WPH 07	92	1:10:25		
57	Club	London FrontRunners	LFM Men's 4	97	1:10:43		
58	LBH	EY	EY men's team 3	83	1:10:51		
59	LBH	M&G	M&G Youngish Men	61	1:10:54		
60	LBH	JPMorgan	MTAP 3 - Mixed	32	1:11:02		Mixed
61	LBH	KPMG Run Club	KPMG Mixed 1	72	1:11:20	Vet	Mixed
62	Club	Eton Manor	Eton Manor Team 2	103	1:11:24		
63	LBH	JPMorgan	Worst Pace Scenario	23	1:11:51		Mixed
64	LBH	JPMorgan	MTAP 1 - Mixed	30	1:12:03		Mixed
65	LBH	Board Intelligence	Board Intelligence 1	20	1:12:07		Mixed
66	LBH	Bank of America Running Club	BoFA 2nd Team	76	1:12:09		
67	LBH	KPMG Run Club	KPMG Men's 2	73	1:12:13	Vet	
68	LBH	WSP	WSP Building Structures	11	1:12:32	Vet	
69	LBH	Pitch & Run 1	Pitch & Run 1	47	1:12:35		Mixed
70	LBH	JPMorgan	PJD	28	1:12:39		Mixed
71	LBH	WSP	WSP Chancery Lane Run Club	8	1:12:43	Vet	Mixed
72	Club	Windrush Tri Club	Flo's Team	38	1:13:27		Mixed
73	LBH	RAW Run Club	RAW Raptors	153	1:13:48		Mixed
74	LBH	Morgan Stanley	MS #3	41	1:13:53		
75	Club	Windrush Tri Club	Windrush Tri Team 2	36	1:13:57		
76	LBH	Greenery	Greenery 2	16	1:14:11		
77	LBH	Not Declared	Not declared	2	1:14:12		
78	LBH	JPMorgan	JPM Mens team 1	22	1:14:45		
79	LBH	Bank of England	BoE 3	50	1:15:00		Mixed
80	LBH	SCB	SCB Men's team 1	63	1:15:24		
81	LBH	Eurban	The Trillo and Tribulations	44	1:15:26		
82	LBH	UBS	UBS No. 105	105	1:15:41	Vet	
83	LBH	WSP	WSP HS2 Old Oak Common	5	1:15:48	Vet	
84	Club	West 4 Harriers	West4 Harriers Men E	56	1:16:10	Vet	
85	LBH	JPMorgan	JPM Mens team 2	29	1:16:15		
86	LBH	SMBC	SMBC Sprinters	17	1:16:23		
87	Club	West 4 Harriers	West4 Harriers Men D	55	1:16:41		
88	LBH	WSP	WSP Bridges	6	1:17:15	Vet	Mixed
89	LBH	Barclays	Team Rob	79	1:19:08		
90	LBH	Eurban	Tobin or not Tobins	45	1:19:17		Mixed
91	LBH	Greenery	Greenery 1	15	1:19:21		
92	LBH	RAW Run Club	RAW Ravens	155	1:19:41		Mixed
93	LBH	Board Intelligence	Board Intelligence 2	21	1:20:41		Mixed
94	LBH	WSP	WSP Infrastructure	10	1:20:49	Vet	Mixed
95	LBH	SCB	SCB Mixed team 1	66	1:21:18		Mixed
96	LBH	RAW Run Club	RAW Rhinos	154	1:21:42		Mixed
97	Club	West 4 Harriers	West 4 Harriers Mixed A	156	1:22:09	Vet	Mixed
98	LBH	Eurban	Fierce Riveleys	46	1:22:13		
99	LBH	EY	EY mixed team	84	1:22:19		Mixed
100	LBH	M&G	Velocity Vibers	62	1:22:38		Mixed
101	LBH	Bank of England	BoE 4	51	1:22:54		Mixed
102	LBH	EY	Team TSE	85	1:24:49		Mixed
103	LBH	Morgan Stanley	MS #4	42	1:25:03		Mixed
104	LBH	Eurban	Eurban Hunters	43	1:25:52		Mixed
105	LBH	SCB	SCB Mixed team 5	70	1:27:32		Mixed
106	LBH	SCB	SCB Mixed team 4	69	1:28:44		Mixed
107	LBH	SCB	SCB Men's team 3	65	1:29:08		
108	LBH	Pitch & Run	Pitch & Run Deuces Win	14	1:29:10		Mixed
109	LBH	JPMorgan	Cache Flow Chasers	25	1:29:24		Mixed
110	LBH	Zscaler	Zscaler 2	3	1:31:00		Mixed
111	LBH	SCB	SCB Mixed team 3	68	1:32:12		Mixed
112	LBH	JPMorgan	404: Pace Not Found	24	1:32:45		
113	LBH	SCB	SCB Mixed team 2	67	1:34:37		Mixed
114							

Ladies Teams

<u>Position</u>	<u>Category</u>	<u>Organisation</u>	<u>Team Name</u>	<u>Team Number</u>	<u>Time</u>	<u>Vet</u>
1	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	VPH W1	132	0:46:33	
2	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	VPH W2	133	0:47:08	
3	LBH	Civil Service	Civil Service Women's A Team	112	0:49:31	Vet
4	Club	Woodford Green with Essex Ladies	WGEL A	140	0:50:29	
5	Club	Windrush Tri Club	Peaked	116	0:51:00	Vet
6	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	VPH W3	134	0:51:02	
7	Club	West 4 Harriers	West 4 Harriers Ladies A	121	0:51:12	
8	LBH	Morgan Stanley	MS #5	118	0:52:51	
9	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	VPH W4	135	0:53:34	
10	LBH	Slaughter and May	Slaughter and May	110	0:53:37	
11	Club	Windrush Tri Club	Windrush Tri Ladies	117	0:54:37	
12	Club	Woodford Green with Essex Ladies	WGEL 2	141	0:55:09	
13	Club	West 4 Harriers	West 4 Harriers Ladies B	122	0:55:10	Vet
14	LBH	Bank of America Running Club	BofA Ladies	128	0:55:17	Vet
15	LBH	Barclays	Team Polyanna	129	0:55:21	
16	LBH	JPMorgan	Bank Street Blitz	115	0:55:55	
17	LBH	Bank of England	BoE Ladies	120	0:56:24	
18	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	VPH W7	138	0:56:38	
19	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	VPH W6	137	0:57:01	
20	LBH	JPMorgan	JPM Ladies Team 1	114	0:57:26	
21	Club	Victoria Park Harriers & Tower Hamlets Athletics Club	VPH W5	136	0:57:39	
22	LBH	SCB	SCB Women's team 1	125	0:57:45	
23	Club	Eton Manor	Eton Manor Team 4	145	0:58:27	
24	Club	West 4 Harriers	West 4 Harriers Ladies C	123	0:59:54	
25	LBH	KPMG Run Club	KPMG Ladies	127	1:00:34	
26	Club	Eton Manor	Eton Manor Team 3	144	1:00:55	
27	Club	London FrontRunners	LFRR Women's 1	139	1:01:35	
28	Club	West 4 Harriers	West 4 Harriers Ladies D	124	1:02:48	
29	LBH	SCB	SCB Women's team 2	126	1:03:35	
30	LBH	Hachette Hares	Hachette Hares Showcase	111	1:06:58	
31	LBH	Transport for London	Transport for London - Lioness Line	106	1:07:11	
32	LBH	UBS	UBS No. 146	146	1:08:26	
33	Club	Ealing Eagles Running Club	Eagles	143	1:09:58	
34						

Individual Men

Gender	Position	Age Group	Organisation/ Club	Name	Bib	Time	Vet Position	Category
	1	Vet	Woking AC	John Hutchins	A59	0:13:06	1	Club
	2	Senior	Transport for London	Ronan Edwards	A147	0:13:08		LBH
	3	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Magnus Ross	B86	0:13:14		Club
	4	Senior	JPMorgan	Zach Chadwick	A27	0:13:23		LBH
	5	Senior	Slaughter and May	Andres Chau	A12	0:13:35		LBH
	6	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	David Jones	A86	0:13:39	2	Club
	7	Senior	Slaughter and May	Tom Baines	D12	0:13:42		LBH
	8	Senior	EY	Henry Inslay	A81	0:13:44		LBH
	9	Vet	Morgan Stanley	Stuart Haynes	A39	0:13:46	3	LBH
	10	Vet	WSP	Matt Draper	A7	0:13:50	4	LBH
	11	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Will Kirk	C86	0:13:56		Club
	12	Senior	Pitch & Run 1	Jonathan Sun	D47	0:13:57		LBH
	13	Senior	JPMorgan	Joshua Rudland-Potter	D27	0:13:57		LBH
	14	Senior	Beeches Track Squad	Bryn Reynolds	B33	0:14:00		Club
	15	Vet	M&G	Ben Nutley	A60	0:14:02	5	LBH
	16	Senior	EY	James Claxton	B81	0:14:03		LBH
	17	Senior	JPMorgan	Ross May	B27	0:14:09		LBH
	18	Senior	Barclays	Fergus Johnson	A80	0:14:09		LBH
	19	Senior	EY	Oliver Reynolds	D81	0:14:12		LBH
	20	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Kieron Smith	B88	0:14:12	6	Club
	21	Senior	EY	Harold Wyber	A82	0:14:12		LBH
	22	Vet	West 4 Harriers	Geoff Maher	D52	0:14:13	7	Club
	23	Senior	London FrontRunners	Cameron Hutton	B95	0:14:13		Club
	24	Vet	London FrontRunners	Roger Kennedy	A96	0:14:14	8	Club
	25	Vet	Slaughter and May	David Ives	C12	0:14:14	9	LBH
	26	Vet	Woking AC	David Brighton	B59	0:14:14	10	Club
	27	Senior	Civil Service	Adam Watkin	A19	0:14:15		LBH
	28	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Conaire Kerrigan	D86	0:14:15		Club
	29	Vet	Woking AC	Ben Goddard	C59	0:14:16	11	Club
	30	Senior	Windrush Tri Club	Simon Sowerby	A37	0:14:21		Club
	31	Vet	London FrontRunners	Steven Artist	D94	0:14:21	12	Club
	32	Senior	London FrontRunners	Zack Mitchell	D95	0:14:21		Club
	33	Senior	Bank of America Running Club	Chris Davis	A75	0:14:22		LBH
	34	Senior	SCB	David Archer	A64	0:14:22		LBH
	35	Senior	Bank of England	Luke Doyle	A48	0:14:25		LBH
	36	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Andy Goodwin	B87	0:14:25		Club
	37	Senior	Slaughter and May	Richard McDonnell	B12	0:14:27		LBH
	38	Senior	London FrontRunners	Fergal Joyce	A95	0:14:27		Club
	39	Senior	Barclays	George Mallison	A77	0:14:29		LBH
	40	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Craig Beattie	C88	0:14:30		Club
	41	Senior	West 4 Harriers	Alex Veres	C52	0:14:31		Club
	42	Senior	London FrontRunners	Marius Thies	B94	0:14:33		Club
	43	Senior	EY	Fredrik Palmer-Jones	C81	0:14:35		LBH
	44	Vet	WSP	Muhammed Sadiq	D9	0:14:35	13	LBH
	45	Senior	KPMG Run Club	Gordon Pearce	D71	0:14:36		LBH
	46	Vet	KPMG Run Club	James Lowley	A71	0:14:37	14	LBH
	47	Vet	London FrontRunners	Denis Gorman	C94	0:14:37	15	Club
	48	Senior	Barclays	James Bewley	A78	0:14:37		LBH
	49	Senior	EY	Jake Robinson	D82	0:14:40		LBH
	50	Senior	Hachette Hares	Jonathan Sargent	D18	0:14:46		LBH
	51	Senior	Beeches Track Squad	Bryn Reynolds	C34	0:14:47		Club
	52	Senior	Eurban	Josh Slingsby	B43	0:14:48		LBH
	53	Vet	WSP	Ben Hutton	B7	0:14:48	16	LBH
	54	Senior	Transport for London	William Utley	A107	0:14:49		LBH
	55	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	James Ingram	C89	0:14:50		Club
	56	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Henry Moggridge	D88	0:14:51		Club
	57	Vet	St. Paul's Ewell	Tom Spooner	D1	0:14:52	17	LBH
	58	Vet	KPMG Run Club	Ben Brierley	A73	0:14:53	18	LBH
	59	Senior	Morgan Stanley	Tom Charlick	B39	0:14:53		LBH
	60	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Jake Pinnell	B89	0:14:55		Club
	61	Vet	KPMG Run Club	Max Nettley	B71	0:14:55	19	LBH
	62	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Connor Johnston	C87	0:14:56	20	Club
	63	Senior	London FrontRunners	Jack Foster	A152	0:14:57		Club
	64	Vet	Woking AC	Robbie Cox	D59	0:14:57	21	Club
	65	Senior	M&G	Will Cato	D61	0:14:58		LBH
	66	Senior	Bank of England	Chris Gynn	B48	0:15:00		LBH
	67	Vet	Transport for London	Alex Gilbert	D108	0:15:00	22	LBH
	68	Vet	JPMorgan	Steve Hough	C27	0:15:00	23	LBH
	69	Senior	Eton Manor	Greg Mission	C102	0:15:03		Club
	70	Senior	Beeches Track Squad	Simon Wade	A33	0:15:03		Club
	71	Vet	West 4 Harriers	Tom Orton	B52	0:15:05	24	Club
	72	Senior	RAW Run Club	Jack Caldwell	D153	0:15:05		LBH
	73	Senior	Barclays	Fergus Savage	D78	0:15:06		LBH
	74	Senior	Windrush Tri Club	Nick Flower	B37	0:15:08		Club
	75	Senior	London FrontRunners	Michael Cotton	C95	0:15:09		Club
	76	Vet	Transport for London	Justin Gilmore	A108	0:15:10	25	LBH
	77	Senior	Eton Manor	Paul Rushton	B102	0:15:10		Club
	78	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	James Speak	D87	0:15:11		Club
	79	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	James Stephenson	A88	0:15:11		Club
	80	Senior	Transport for London	Samuel Cox	B107	0:15:12		LBH
	81	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Rob Evans	A89	0:15:13		Club
	82	Senior	Beeches Track Squad	Dean Terry	C33	0:15:15		Club
	83	Vet	EY	Nick Gill	B82	0:15:16	26	LBH
	84	Senior	London FrontRunners	Tom Watson	A94	0:15:16		Club
	85	Senior	Transport for London	Charlie Bennett	D107	0:15:16		LBH
	86	Senior	Ealing Eagles Running Club	Henry Dadswell	B101	0:15:16		Club
	87	Senior	Transport for London	Xavier Parkes	A109	0:15:17		LBH
	88	Senior	EY	Tom Bracey	C82	0:15:19		LBH
	89	Senior	London FrontRunners	Matthew Perkins	D96	0:15:21		Club
	90	Senior	Hachette Hares	Ross Hamilton	A18	0:15:21		LBH
	91	Vet	Windrush Tri Club	Patrick Batty	C35	0:15:23	27	Club
	92	Senior	JPMorgan	Ben Coleman	A30	0:15:23		LBH
	93	Senior	Barclays	James Philpot	B80	0:15:24		LBH
	94	Senior	West 4 Harriers	Will Meakin	B53	0:15:27		Club
	95	Senior	Eton Manor	Aaron Johnson-Chapman	A102	0:15:29		Club
	96	Senior	Morgan Stanley	Brian May	A40	0:15:31		LBH
	97	Vet	St. Paul's Ewell	Thomas Flannery	A1	0:15:32	28	LBH
	98	Senior	Transport for London	Perri Gentry	C109	0:15:33		LBH
	99	Senior	SCB	Christopher Pell	D64	0:15:34		LBH
	100	Vet	KPMG Run Club	Alberto Lapedriz	C71	0:15:35	29	LBH
	101	Senior	Ravens	Dave Wilkinson	A57	0:15:37		Club
	102	Vet	Bank of America Running Club	Stephen Thompson	D75	0:15:37	30	LBH
	103	Senior	JPMorgan	James Montgomery-Stuart	B28	0:15:37		LBH
	104	Senior	London FrontRunners	Michael Rutherford	C96	0:15:37		Club
	105	Senior	JPMorgan	Callum Hare	B26	0:15:38		LBH
	106	Vet	KPMG Run Club	Joe Mason	C74	0:15:38	31	LBH
	107	Senior	Eton Manor	Alex Taylor	D102	0:15:38		Club
	108	Senior	London FrontRunners	Aidan Padfield	B96	0:15:39		Club
	109	Senior	Morgan Stanley	Matthew Bedford	B40	0:15:39		LBH
	110	Vet	Bank of America Running Club	Alistair McLeod	C75	0:15:42	32	LBH
	111	Vet	St. Paul's Ewell	Graham Wright	C1	0:15:48	33	LBH
	112	Vet	Transport for London	Krzysztof Klidzia	B108	0:15:48	34	LBH
	113	Vet	Ravens	Robin McCoy	C57	0:15:49	35	Club
	114	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Simeon Bennet	D89	0:15:49	36	Club
	115	Senior	Eton Manor	Giles Bailey	A103	0:15:50		Club
	116	Vet	Morgan Stanley	Ivor Hewitt	D39	0:15:50	37	LBH
	117	Vet	KPMG Run Club	Max Nettley	D74	0:15:52	38	LBH
	118	Vet	WSP	Mark Campdonic	C7	0:15:53	39	LBH

119 Senior	Transport for London	Carlo Pizzuti	A149	0:15:54		LBH
120 Vet	West 4 Harriers	Andrew Orchard	D54	0:15:56	40	Club
121 Vet	M&G	David Tyler	C60	0:15:56	41	LBH
122 Vet	West 4 Harriers	Geoff Maher	A52	0:15:57	42	Club
123 Vet	London FrontRunners	Adrian Mark	D152	0:15:57	43	Club
124 Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Tim Todhunter	B90	0:15:57	44	Club
125 Senior	Ealing Eagles Running Club	Ross Winton	C101	0:15:58		Club
126 Senior	London FrontRunners	Ben HungPhyys	C99	0:16:00		Club
127 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Carl Sutcliffe	A87	0:16:01		Club
128 Vet	WSP	Daniel Watchorn	D7	0:16:02	45	LBH
129 Vet	Transport for London	Jason Lawrence	D147	0:16:03	46	LBH
130 Vet	Transport for London	Sha Hussain	C147	0:16:04	47	LBH
131 Senior	London FrontRunners	Paul Smith	B99	0:16:05		Club
132 Vet	Barclays	Chris Burfoot	C80	0:16:05	48	LBH
133 Vet	London FrontRunners	Pierre Trufer	C100	0:16:06	49	Club
134 Senior	Transport for London	Gabriel McGuigan	A148	0:16:10		LBH
135 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	David John Simpson	C90	0:16:11		Club
136 Senior	London FrontRunners	Dominic Kreutzner	A99	0:16:12		Club
137 Senior	JPMorgan	James Rudkin	B32	0:16:12		LBH
138 Vet	West 4 Harriers	David Boot	A53	0:16:13	50	Club
139 Senior	Windrush Tri Club	Johnny Weale	B35	0:16:16		Club
140 Senior	Ravens	Chris Tuck	A58	0:16:16		Club
141 Senior	EY	Frazer Ellis	A83	0:16:17		LBH
142 Senior	RAW Run Club	Tom Gallford	D154	0:16:18		LBH
143 Vet	Transport for London	Mike Boucher	D149	0:16:19	51	LBH
144 Vet	St Paul's Ewell	Lee Fisher	B1	0:16:19	52	LBH
145 Senior	London FrontRunners	Dylan Carmichael	D99	0:16:21		Club
146 Vet	KPMG Run Club	Alex Burton	A74	0:16:22	53	LBH
147 Senior	JPMorgan	Patrick Hinton	D26	0:16:23		LBH
148 Vet	Morgan Stanley	Karol Dorniak	C40	0:16:24	54	LBH
149 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Oliver Pomeroy	D90	0:16:25		Club
150 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Ballint Stewart	A90	0:16:26		Club
151 Senior	West 4 Harriers	Shaun Melvin	C53	0:16:26		Club
152 Senior	London FrontRunners	Gianpaolo Manalastas	A97	0:16:27		Club
153 Senior	Eurban	Roberto Mirabella	A44	0:16:28		LBH
154 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Charles Adams	D91	0:16:28		Club
155 Senior	JPMorgan	Moe Sbihi	A32	0:16:29		LBH
156 Senior	Bank of England	Nikolas Koch	A49	0:16:30		LBH
157 Senior	Bank of America Running Club	Joseph Comyn	B76	0:16:31		LBH
158 Vet	M&G	David Butler	B60	0:16:33		LBH
159 Senior	Eton Manor	Joshua Dent	D103	0:16:35		Club
160 Vet	Transport for London	Martin Daoud	B109	0:16:36	56	LBH
161 Senior	Transport for London	Fin Meopham	C107	0:16:38		LBH
162 Vet	London FrontRunners	Colin Brown	B100	0:16:39	57	Club
163 Vet	Barclays	Alexander Brown	D80	0:16:39	58	LBH
164 Senior	Transport for London	Joe Greener	D148	0:16:39		LBH
165 Senior	Bank of England	Danny Walker	A50	0:16:40		LBH
166 Vet	WSP	Charlie McNeil	B10	0:16:41	59	LBH
167 Vet	Beeches Track Squad	Craig Porteous	A34	0:16:41	60	Club
168 Senior	Barclays	Robert McDonald	C79	0:16:41		LBH
169 Senior	Bank of England	Asher Steenhoff	D48	0:16:46		LBH
170 Senior	Barclays	Juan Caruncho Abellanas	C77	0:16:47		LBH
171 Senior	Beeches Track Squad	Kannan Tharmakulasingam	D33	0:16:47		Club
172 Senior	JPMorgan	Jeremy Friedrichsdorf	B31	0:16:47		LBH
173 Vet	Transport for London	Peter Lee	C108	0:16:48	61	LBH
174 Vet	Civil Service	Steve Norris	B19	0:16:48	62	LBH
175 Senior	RAW Run Club	George Tice	B154	0:16:49		LBH
176 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Michael Naughton	B92	0:16:49		Club
177 Senior	Windrush Tri Club	Matthew Brady	C37	0:16:49		Club
178 Vet	KPMG Run Club	Eddy Mutal	B73	0:16:49	63	LBH
179 Senior	Eurban	Antoine Barat	D46	0:16:50		LBH
180 Vet	Ealing Eagles Running Club	Ralph Dadswell	A101	0:16:50	64	Club
181 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Liam Joyce	C91	0:16:50		Club
182 Senior	Transport for London	Oliver Grundmann	B148	0:16:51		LBH
183 Vet	M&G	Andy Ball	D60	0:16:53	65	LBH
184 Senior	Barclays	Andy Leonard	B77	0:16:54		LBH
185 Senior	Transport for London	Will Bromham	C148	0:16:54		LBH
186 Vet	WSP	Haydn Simper	D8	0:16:57	66	LBH
187 Vet	London FrontRunners	James Andrews	A100	0:16:57	67	Club
188 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Frederick Simpson	B91	0:16:57		Club
189 Vet	Eurban	Kieran Santry	A45	0:16:57	68	LBH
190 Vet	Bank of England	Alan Castle	B49	0:16:58	69	LBH
191 Vet	Bank of England	Vikas Kumar Sha	D49	0:16:58	70	LBH
192 Senior	West 4 Harriers	Ben Richmond	A55	0:16:59		LBH
193 Senior	SMBC	Stuart Turner	A17	0:17:00		LBH
194 Vet	Ravens	Paul Brandreth	D58	0:17:01	71	Club
195 Senior	SCB	Nicolo Della	D63	0:17:02		LBH
196 Vet	West 4 Harriers	Florian Krieglger	D56	0:17:03	72	Club
197 Vet	JPMorgan	Mike Reich	A26	0:17:04	73	LBH
198 Vet	West 4 Harriers	Jason Drake	B54	0:17:05	74	Club
199 Vet	KPMG Run Club	James Mardon	D72	0:17:07	75	LBH
200 Senior	RAW Run Club	Phillip Mensah	C153	0:17:09		LBH
201 Senior	Morgan Stanley	Karthik V Muthuswamy	D41	0:17:09		LBH
202 Senior	Windrush Tri Club	Alexander Morley	A38	0:17:09		Club
203 Senior	Bank of England	Nikolas Koch	D50	0:17:10		LBH
204 Vet	Windrush Tri Club	Gareth Roberts	D38	0:17:10	76	Club
205 Senior	JPMorgan	Matthew King	D23	0:17:12		LBH
206 Senior	JPMorgan	Amjad Sidawi	C23	0:17:12		LBH
207 Senior	JPMorgan	Samuel Phillips	D29	0:17:13		LBH
208 Senior	EY	Arian Sliha	D83	0:17:14		LBH
209 Senior	Board Intelligence	Sean Ruck	A20	0:17:14		LBH
210 Senior	London FrontRunners	James Hadley	D100	0:17:15		Club
211 Senior	Windrush Tri Club	Sam Anderson	A36	0:17:15		Club
212 Senior	EY	Michael Fal	A84	0:17:16		LBH
213 Vet	WSP	Phil Hanby	D10	0:17:17	77	LBH
214 Senior	Greenenergy	Timothy Hedley	D15	0:17:17		LBH
215 Vet	KPMG Run Club	Matthew Barron	C72	0:17:18	78	LBH
216 Vet	JPMorgan	David Lock	A24	0:17:22	79	LBH
217 Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Simon Wharton	A92	0:17:26	80	Club
218 Vet	Eton Manor	Rob Sommerville	B103	0:17:27	81	Club
219 Vet	WSP	Rhys Smith	B11	0:17:28	82	LBH
220 Senior	Bank of England	Jake Burchell	C48	0:17:28		LBH
221 Vet	WSP	Rob Anthony	A6	0:17:30	83	LBH
222 Senior	Eurban	Roberto Mirabella	D44	0:17:31		LBH
223 Vet	Morgan Stanley	Hamza Benchebkroun Belabbes	D40	0:17:31	84	LBH
224 Senior	Morgan Stanley	Tasman Hook	C39	0:17:32		LBH
225 Senior	SCB	Andrey Dmitriev	C64	0:17:33		LBH
226 Vet	M&G	Will Nicklin	A61	0:17:34	85	LBH
227 Senior	JPMorgan	Bradley Forbes-Cryans	D30	0:17:35		LBH
228 Vet	Bank of America Running Club	Dan Waight	D76	0:17:35	86	LBH
229 Vet	West 4 Harriers	David Larkham	B156	0:17:38	87	Club
230 Vet	WSP	Jonny Hancox	A5	0:17:40	88	LBH
231 Senior	Transport for London	Joe Stubbs	C149	0:17:41		LBH
232 Vet	West 4 Harriers	Dave Cobb	A54	0:17:42	89	Club
233 Vet	West 4 Harriers	David Brooks	C54	0:17:43	90	Club
234 Vet	Hachette Hares	Patrick Insole	B18	0:17:44	91	LBH
235 Vet	London FrontRunners	Shane Cullinan	D97	0:17:44	92	Club
236 Vet	Morgan Stanley	Justin May	A41	0:17:44	93	LBH
237 Senior	JPMorgan	Mateus De Col	B22	0:17:44		LBH
238 Vet	WSP	Luca Bortolozzo	D11	0:17:45	94	LBH
239 Vet	Transport for London	Mike Murdoch	D109	0:17:49	95	LBH
240 Senior	EY	Dominic Kimurahebwa	C83	0:17:52		LBH
241 Senior	Beeches Track Squad	ATV Other	D34	0:17:52		Club
242 Vet	Greenenergy	Michael Moore	B16	0:17:53	96	LBH
243 Senior	Pitch & Run	Ivor Stratford	D14	0:17:53		LBH
244 Vet	WSP	George Parker	C11	0:17:54	97	LBH
245 Vet	JPMorgan	Mark Wakeford	D22	0:17:55	98	LBH
246 Senior	Board Intelligence	Paul Mumford	D20	0:17:57		LBH
247 Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Omar Elhag	C92	0:17:57	99	Club
248 Vet	Ravens	Nigel Cairns	D57	0:17:58	100	Club

249 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	James Keough	A91	0:17:59		Club
250 Senior	Pitch & Run	Omar Ouallil	A14	0:17:59		LBH
251 Vet	West 4 Harriers	Gary Robinson	C55	0:18:00	101	Club
252 Senior	London FrontRunners	Conor Devlin	C152	0:18:01		Club
253 Senior	SCB	Jordan Sheath	B64	0:18:02		LBH
254 Senior	London FrontRunners	Craig Munn	B97	0:18:03		Club
255 Vet	West 4 Harriers	Peter Hall	A56	0:18:03	102	Club
256 Senior	JPMorgan	Stefan Spiridon	A29	0:18:04		LBH
257 Senior	M&G	Ben Atherton	D62	0:18:07		LBH
258 Senior	SCB	Damian Soriano	A63	0:18:08		LBH
259 Vet	WSP	Theo Barker	C5	0:18:10	103	LBH
260 Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Keithly Mussington	D92	0:18:13	104	Club
261 Vet	Eurban	Kieran Santry	D45	0:18:14	105	LBH
262 Senior	Bank of England	Jurgen Forster	C49	0:18:17		LBH
263 Senior	Greenergy	Joseph Sweeney	C16	0:18:18		LBH
264 Senior	Belgrave Harriers	Josh Boniface	C131	0:18:18		Club
265 Senior	Ealing Eagles Running Club	Yijie Ren	D101	0:18:18		Club
266 Senior	SCB	Chanda Chishimba	D66	0:18:18		LBH
267 Senior	Zscaler	Jacob Mason-White	D3	0:18:19		LBH
268 Senior	JPMorgan	Alex Jarisch	A23	0:18:22		LBH
269 Vet	West 4 Harriers	Tom Newman	B55	0:18:22	106	Club
270 Vet	Windrush Tri Club	Jake Pollard	A35	0:18:23	107	Club
271 Senior	Pitch & Run 1	Seven Jacobs	B47	0:18:25		LBH
272 Vet	Bank of America Running Club	James Mewis	C76	0:18:25	108	LBH
273 Vet	Greenergy	Jay Laverick	A16	0:18:26	109	LBH
274 Senior	SCB	Kiran Doshi	A66	0:18:27		LBH
275 Senior	Eurban	Luca Rotondaro	C44	0:18:27		LBH
276 Senior	JPMorgan	Ian Hammond	A22	0:18:28		LBH
277 Senior	West 4 Harriers	Alex Yeo	D53	0:18:29		Club
278 Vet	London FrontRunners	Amin Adan	C97	0:18:30	110	Club
279 Vet	Beeches Track Squad	John Foss	B34	0:18:30	111	Club
280 Senior	Windrush Tri Club	Shane Stevenson	D36	0:18:31		Club
281 Senior	Windrush Tri Club	Sam Brady	B36	0:18:31		Club
282 Senior	SCB	Frederik Caenepel	C63	0:18:32		LBH
283 Senior	Board Intelligence	Tom Newman	C21	0:18:34		LBH
284 Senior	Morgan Stanley	Edward Rolfe	B42	0:18:37		LBH
285 Vet	West 4 Harriers	Ali Yousuf	C156	0:18:38	112	Club
286 Vet	Morgan Stanley	Matthew Gardner	B41	0:18:42	113	LBH
287 Vet	West 4 Harriers	Andy Heale	C56	0:18:43	114	Club
288 Vet	Barclays	Marc Charlier	D77	0:18:44	115	LBH
289 Senior	Board Intelligence	Michael Okoro	A21	0:18:48		LBH
290 Senior	M&G	Bobby Reeve	C61	0:18:49		LBH
291 Senior	EY	Ole Amle	D85	0:18:59		LBH
292 Senior	RAW Run Club	Dom Evans	D155	0:19:03		LBH
293 Senior	Barclays	Nigel Hadden	D79	0:19:08		LBH
294 Senior	EY	Rahil Khemani	A85	0:19:09		LBH
295 Senior	JPMorgan	Mikolaj Kowalczyk	B29	0:19:12		LBH
296 Senior	Hachette Hares	Isaliah Agbandje	C18	0:19:12		LBH
297 Senior	SCB	Neil Carter	A69	0:19:16		LBH
298 Senior	Board Intelligence	Tom Moss	D21	0:19:22		LBH
299 Senior	Eurban	Will Davidson	D43	0:19:22		LBH
300 Senior	SCB	Phil McKinnon	A68	0:19:23		LBH
301 Vet	WSP	Giles Mortimer	A11	0:19:25	116	LBH
302 Senior	Greenergy	Kauri Beckmann	A15	0:19:26		LBH
303 Senior	SCB	Keshav Vats	A65	0:19:26		LBH
304 Senior	EY	Konrad Hudson	B83	0:19:28		LBH
305 Senior	Greenergy	Maximilian Bausch	C15	0:19:28		LBH
306 Senior	Pitch & Run 1	Edison Cantares	C47	0:19:30		LBH
307 Senior	SMBC	James Wells	C17	0:19:31		LBH
308 Vet	M&G	Dom Emery	B61	0:19:33	117	LBH
309 Senior	Greenergy	Morgan Douglas	D16	0:19:35		LBH
310 Vet	KPMG Run Club	James Lowley	D73	0:19:35	118	LBH
311 Senior	SCB	Johannes Kolb	D70	0:19:37		LBH
312 Senior	SMBC	Laughlan Waterston	D17	0:19:37		LBH
313 Vet	Bank of America Running Club	Anoop Bhatt	A76	0:19:38	119	LBH
314 Senior	Windrush Tri Club	Shannon Kennedy	C36	0:19:39		Club
315 Senior	Eurban	Claudio Ganz	C46	0:19:41		LBH
316 Vet	WSP	Dermot Desmond	B5	0:19:42	120	LBH
317 Senior	Transport for London	Robert Allen	B149	0:19:42		LBH
318 Senior	Eurban	Alex Rieveley	A46	0:19:43		LBH
319 Vet	KPMG Run Club	Ticha Bire	A72	0:19:44	121	LBH
320 Vet	West 4 Harriers	Adolfas Kupliauskas	A156	0:19:46	122	Club
321 Vet	WSP	Duncan Brooks	B9	0:19:47	123	LBH
322 Senior	Eurban	Kyle Sutton	C45	0:19:48		LBH
323 Senior	JPMorgan	Adwait Patil	D25	0:19:54		LBH
324 Vet	WSP	James Kraven	C10	0:19:54	124	LBH
325 Senior	SCB	Omar Guendouz	D65	0:19:56		LBH
326 Vet	WSP	Victor Munoz	B8	0:19:59	125	LBH
327 Senior	London FrontRunners	Ciarán Clarke	B152	0:20:02		Club
328 Senior	SCB	Dimitrios Gkogkos	B70	0:20:03		LBH
329 Senior	SMBC	Reuben Favier	B17	0:20:15		LBH
330 Vet	WSP	Ian Bleasdale	D5	0:20:17	126	LBH
331 Senior	Morgan Stanley	Robert Neulen	C41	0:20:18		LBH
332 Vet	M&G	Alan Fitzgerald	A62	0:20:34	127	LBH
333 Vet	JPMorgan	Sensen Lin	C22	0:20:37	128	LBH
334 Vet	WSP	Lukasz Nowak	D6	0:20:46	129	LBH
335 Vet	KPMG Run Club	Ahmed Itehad Shoumik	C73	0:20:55	130	LBH
336 Senior	Barclays	Saulius Motuzis	A79	0:21:06		LBH
337 Senior	SCB	Gonzalo Silva Cruz	B65	0:21:19		LBH
338 Vet	RAW Run Club	Jason Simpson	A153	0:21:19	131	LBH
339 Vet	WSP	Rob Buckley	C6	0:21:23	132	LBH
340 Senior	Eurban	Jan Il	A43	0:21:32		LBH
341 Vet	Eton Manor	Geoff Nicholls	C103	0:21:32	133	Club
342 Senior	SCB	Alexander Green	B63	0:21:42		LBH
343 Senior	JPMorgan	Kornel Lewicki	C24	0:21:42		LBH
344 Senior	JPMorgan	Yassin Ouzzane	C29	0:21:47		LBH
345 Senior	Morgan Stanley	Kumar Aryan	D42	0:22:01		LBH
346 Senior	EY	Daniel Saraev	C85	0:22:02		LBH
347 Senior	JPMorgan	Ciaran Judge	C25	0:22:07		LBH
348 Senior	Barclays	Hinal Topham	B79	0:22:12		LBH
349 Vet	West 4 Harriers	Robert Hutchinson	B56	0:22:21	134	Club
350 Senior	EY	David Anson	D84	0:22:38		LBH
351 Senior	Eurban	Louis Trillo	B44	0:23:00		LBH
352 Senior	SCB	Deoclecio Junior	A70	0:23:02		LBH
353 Senior	SCB	Fernando Ferrero	B69	0:23:06		LBH
354 Senior	Greenergy	Rob Quick	B15	0:23:10		LBH
355 Senior	SCB	Lloyd Nash	C68	0:23:13		LBH
356 Senior	JPMorgan	Alexandra Silincu	A25	0:23:18		LBH
357 Vet	West 4 Harriers	Jon Scott Francis	D55	0:23:19	135	Club
358 Senior	SCB	Georgios Kormaris	C67	0:23:41		LBH
359 Senior	SCB	Ankur Baranwal	D69	0:23:59		LBH
360 Senior	SCB	Rajaram C Kamath	D67	0:24:36		LBH
361 Senior	Pitch & Run	Adam Dawood	C14	0:25:38		LBH
362 Senior	JPMorgan	Harry Williams	B24	0:25:51		LBH
363 Senior	Eurban	Shumit Thapa	B46	0:25:58		LBH
364 Senior	Zscaler	Oke Ubani	B3	0:26:46		LBH
365 Senior	RAW Run Club	James Ayre	A155	0:27:03		LBH
366 Senior	Zscaler	Salar Jahanbin	C3	0:27:29		LBH
367 Vet	RAW Run Club	Nick de Mestre	A154	0:27:46	136	LBH
368 Vet	JPMorgan	Fawad Karim	D24	0:27:50	137	LBH
369 Senior	SCB	Shankar Dahima	D68	0:28:10		LBH
370 Senior	SCB	Harsh Gambhani	C65	0:28:27		LBH

Individual Women

Gender	Position	Age Group	Organisation/ Club	Name	Bib	Time	Vet Position	Category
	1	Senior	Windrush Tri Club	Phoebe Juggins	D35	0:14:01		Club
	2	Senior	Bank of America Running Club	Lucy Elms	B75	0:14:39		LBH
	3	Vet	Civil Service	Natasha Sheel	A112	0:15:07	1	LBH
	4	Senior	Windrush Tri Club	Alexandra Scovarza	D37	0:15:09		Club
	5	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Emily Seager	A132	0:15:22		Club
	6	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Camilla Lounska-Brown	B123	0:15:31		Club
	7	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Lydia Briggs	C133	0:15:32		Club
	8	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Clare Hartley-Majoram	C132	0:15:34		Club
	9	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Catherine O'Shea	B132	0:15:37	2	Club
	10	Senior	JPMorgan	James Johnston	A31	0:15:39		LBH
	11	Vet	Civil Service	Emily Antcliffe	B112	0:15:48	3	LBH
	12	Senior	Transport for London	Sofie Lindevall	B147	0:15:50		LBH
	13	Senior	Belgrave Harriers	Isabel Davies	D131	0:15:52		Club
	14	Senior	Morgan Stanley	Olivia Johnson	A118	0:15:58		LBH
	15	Vet	UBS		0 C105	0:15:58	4	LBH
	16	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Valerie Wong	A133	0:16:05	5	Club
	17	Senior	Ravens	Jessica Cosson	B57	0:16:11		Club
	18	Senior	Bank of England	Iris Hall	C50	0:16:16		LBH
	19	Senior	JPMorgan	Georgina Povall	C28	0:16:17		LBH
	20	Vet	West 4 Harriers	Anna Critchlow	B121	0:16:24	6	Club
	21	Senior	Slaughter and May	Olivia Hosker	A110	0:16:32		LBH
	22	Senior	RAW Run Club	Adie Thomas	B155	0:16:33		LBH
	23	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Esme Ingram	A135	0:16:35	7	Club
	24	Senior	Woodford Green with Essex Ladies	Lauren Evans	A140	0:16:40		Club
	25	Vet	Windrush Tri Club	Christine Lutsch	B116	0:16:42	8	Club
	26	Senior	Belgrave Harriers	Maddie Averley	B131	0:16:42		Club
	27	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Jess Hannah	A134	0:16:43		Club
	28	Senior	Woodford Green with Essex Ladies	Anaand Tratt	B140	0:16:44		Club
	29	Vet	WSP	Maddie Spellman	C9	0:16:46	9	LBH
	30	Senior	Ravens	Anna Crawley	C58	0:16:49		Club
	31	Senior	Beeches Track Squad	Hannah-Mai Flynn	A150	0:16:50		Club
	32	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Valerie Wong	C137	0:16:50	10	Club
	33	Vet	Windrush Tri Club	Rachel Ferguson	C116	0:16:51	11	Club
	34	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Mandy Dohren	C134	0:16:55	12	Club
	35	Senior	Barclays	Georgina Gill	C129	0:16:55		LBH
	36	Vet	UBS		0 A105	0:16:56	13	LBH
	37	Senior	RAW Run Club	Emily Elder	C155	0:17:02		LBH
	38	Senior	JPMorgan	Jordanna Morrish	C26	0:17:03		LBH
	39	Senior	Woodford Green with Essex Ladies	Alicia McCraddell	C140	0:17:04		Club
	40	Vet	KPMG Run Club	Georgia Hunter	B72	0:17:11	14	LBH
	41	Senior	West 4 Harriers	Rachel Haldane	A121	0:17:12		Club
	42	Senior	Bank of England	Miriam Roberts	D51	0:17:21		LBH
	43	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Sarah Laing	C138	0:17:22		Club
	44	Senior	Barclays	Polyanna Rimell	A129	0:17:24		LBH
	45	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Hazel Norton-Hale	B134	0:17:24	15	Club
	46	Vet	Windrush Tri Club	Rebecca Goodwin	A116	0:17:28	16	Club
	47	Senior	Civil Service	Isabelle Rayner	C19	0:17:30		LBH
	48	Senior	JPMorgan	Phoebe Butt	B115	0:17:33		LBH
	49	Senior	Windrush Tri Club	Ana Mirza-Davies	B117	0:17:34		Club
	50	Senior	Morgan Stanley	Jo Szczyglowska	B118	0:17:34		LBH
	51	Vet	WSP	Genevieve Weston	B6	0:17:36	17	LBH
	52	Senior	West 4 Harriers	Catherine Gibbons	C121	0:17:36		Club
	53	Senior	JPMorgan	Ellen Flower	D31	0:17:41		LBH
	54	Vet	WSP	Jo Bolton	C8	0:17:41	18	LBH
	55	Vet	London FrontRunners	Hazel Roade	A139	0:17:42	19	Club
	56	Vet	Bank of America Running Club	Claire Tomes	B128	0:17:49	20	LBH
	57	Vet	Bank of England	Clare Macallan	B120	0:17:53	21	LBH
	58	Senior	Woodford Green with Essex Ladies	Jenna Sheehy	A141	0:17:53		Club
	59	Senior	Board Intelligence	Ruby Tomlinson	B20	0:17:58		LBH
	60	Vet	WSP	Dominique Barclay	A9	0:17:58	22	LBH
	61	Senior	JPMorgan	Marie A	C31	0:18:03		LBH
	62	Vet	WSP	Phoebe Sanderson	A8	0:18:07	23	LBH
	63	Senior	SCB	Deborah Paterson	C125	0:18:07		LBH
	64	Vet	Eton Manor	Lee Milne	B144	0:18:08	24	Club
	65	Vet	Eton Manor	Jane Rukin-White	A145	0:18:10	25	Club
	66	Senior	JPMorgan	Liz Morgan	D32	0:18:11		LBH
	67	Vet	West 4 Harriers	Jo Neville	A122	0:18:13	26	Club
	68	Senior	Slaughter and May	Catherine O'Callaghan	B110	0:18:18		LBH
	69	Vet	West 4 Harriers	Helen Quinn	B122	0:18:22	27	Club
	70	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Rebecca Richardson	B135	0:18:23		Club
	71	Senior	Zsaler	Molly Rogan	A3	0:18:27		LBH
	72	Senior	Woodford Green with Essex Ladies	Kate Stockings	B141	0:18:28		Club
	73	Senior	JPMorgan	Henna Patterson	B114	0:18:28		LBH
	74	Senior	Windrush Tri Club	George Maynard	C117	0:18:30		Club
	75	Senior	Belgrave Harriers	Katie Davies	A131	0:18:32		Club
	76	Senior	Windrush Tri Club	Connie Shaw	A117	0:18:33		Club
	77	Vet	West 4 Harriers	Rose Lewis	C122	0:18:35	28	Club
	78	Vet	Bank of America Running Club	Fiona Malitsky	A128	0:18:36	29	LBH
	79	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Anna Fiedlerova	C135	0:18:37	30	Club
	80	Vet	Civil Service	Victoria Carter	C112	0:18:37	31	LBH
	81	Senior	Bank of England	Eleanor Brown	A120	0:18:41		LBH
	82	Senior	SCB	Catherine Rawsthorne	A126	0:18:42		LBH
	83	Senior	Slaughter and May	Lily Latimer Smith	C110	0:18:47		LBH
	84	Vet	Woodford Green with Essex Ladies	Zoe Watson	C141	0:18:48	32	Club
	85	Vet	Bank of America Running Club	Katrina Chandler	C128	0:18:52	33	LBH
	86	Senior	M&G	Gemma Bilboe	C62	0:18:53		LBH
	87	Senior	JPMorgan	Jessica Richens	A115	0:18:55		LBH
	88	Senior	West 4 Harriers	Florentina Dumitru	B123	0:18:56		Club
	89	Senior	Barclays	Carmel Salvidge	B78	0:18:56		LBH
	90	Vet	JPMorgan	Wafaa Schiefer	C114	0:18:57	34	LBH
	91	Senior	Board Intelligence	Hannah Murray John	C20	0:18:58		LBH
	92	Senior	SCB	Rachel Harris	B125	0:19:03		LBH
	93	Vet	UBS		0 B105	0:19:04	35	LBH
	94	Vet	West 4 Harriers	Anna Beausire	B124	0:19:05	36	Club
	95	Senior	Windrush Tri Club	Flo	C38	0:19:05		Club
	96	Senior	JPMorgan	Maya Golan	B23	0:19:06		LBH
	97	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Miry Mayer	A137	0:19:09	37	Club
	98	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Eliza Slawther	A136	0:19:11		Club
	99	Senior	London FrontRunners	Sarah Flanagan	C139	0:19:11		Club
	100	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Minna Harrison	C136	0:19:13	38	Club
	101	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Ella Lipscombe	B136	0:19:15		Club
	102	Senior	Woodford Green with Essex Ladies	Holly Huddleston	A142	0:19:19		Club
	103	Senior	Ealing Eagles Running Club	Carys Morgan	B143	0:19:19		Club
	104	Senior	Morgan Stanley	Esti Cooksley	C118	0:19:20		LBH
	105	Senior	JPMorgan	Tara-Lily Mellling	C115	0:19:27		LBH
	106	Senior	JPMorgan	Jessica Eddie	B30	0:19:28		LBH
	107	Senior	West 4 Harriers	Phillipa Rice	A124	0:19:34		Club
	108	Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Jeanne Martin	B138	0:19:35		Club
	109	Senior	JPMorgan	Hattie Taylor	C30	0:19:37		LBH
	110	Vet	Victoria Park Harriers & Tower Hamlets Athletics Club	Annie Davey	A138	0:19:41	39	Club
	111	Vet	Ravens	Alex Anderson	B58	0:19:42	40	Club
	112	Vet	KPMG Run Club	Kate Bleakman	A127	0:19:48	41	LBH
	113	Senior	Bank of England	Charlotte Austin	C120	0:19:50		LBH
	114	Senior	Barclays	Kathryn McClintock	C78	0:19:51		LBH
	115	Vet	Eton Manor	Mary Armitage	C145	0:19:53	42	Club
	116	Vet	Civil Service	Claire Cameron	D19	0:19:54	43	LBH
	117	Vet	KPMG Run Club	Amy Mao	C127	0:19:59	44	LBH
	118	Senior	JPMorgan	Cynthia Lam	A114	0:20:01		LBH
	119	Vet	Windrush Tri Club	Rita	B38	0:20:02	45	Club
	120	Senior	EY	Aki Yamamoto	C84	0:20:04		LBH
	121	Senior	JPMorgan	Isabella Crawford	C32	0:20:10		LBH
	122	Vet	West 4 Harriers	Rebecca Knight	C123	0:20:14	46	Club
	123	Senior	RAW Run Club	Roxanne Douglas	B153	0:20:15		LBH
	124	Senior	JPMorgan	Isobel Earle	A28	0:20:19		LBH
	125	Vet	Eton Manor	Zoe Woodward	B145	0:20:23	47	Club

126 Senior	JPMorgan	Madeleine Walker	D28	0:20:25		LBH
127 Senior	SCB	Rachel Mackie	A125	0:20:35		LBH
128 Vet	UBS		0 B146	0:20:35	48	LBH
129 Senior	Pitch & Run 1	Amber Nasir	A47	0:20:43		LBH
130 Vet	West 4 Harriers	Cristin Aldea	A123	0:20:44	49	Club
131 Vet	KPMG Run Club	Lily Wallace	B127	0:20:46	50	LBH
132 Senior	RAW Run Club	Mille Morgan	C154	0:20:49		LBH
133 Senior	SCB	Annabel Kaye	C66	0:20:56		LBH
134 Senior	Barclays	Harriet Angelo-Sparling	B129	0:21:01		LBH
135 Vet	Eton Manor	Mala Singh	A144	0:21:01	51	Club
136 Senior	Victoria Park Harriers & Tower Hamlets Athletics Club	Zoë Mlira	B137	0:21:01		Club
137 Senior	Bank of England	Hannah Masters	C51	0:21:04		LBH
138 Senior	Hachette Hares	Caitlin Rose	B111	0:21:08		LBH
139 Senior	Morgan Stanley	Chloe Yuen	A42	0:21:08		LBH
140 Senior	Bank of England	Sarah Munson	A51	0:21:13		LBH
141 Senior	Hachette Hares	Gracie Maddison	C111	0:21:22		LBH
142 Vet	Transport for London	Helen Whiteley	B106	0:21:25	52	LBH
143 Senior	SCB	Louise Campbell-Cheung	B68	0:21:25		LBH
144 Senior	SCB	Dounia Iich	C126	0:21:46		LBH
145 Vet	Eton Manor	Tracey Taylor	C144	0:21:46	53	Club
146 Vet	Transport for London	Daniela Bassoumba	C106	0:21:51	54	LBH
147 Senior	SCB	Meidi Ongkodiputra	A67	0:21:51		LBH
148 Vet	KPMG Run Club	Momoka Ochiai	B74	0:21:58	55	LBH
149 Vet	EY	Chelsea Bell	B84	0:22:21	56	LBH
150 Senior	SCB	April Horsman	C69	0:22:22		LBH
151 Vet	Beeches Track Squad	Jasmine Sandalli	C150	0:22:33	57	Club
152 Senior	Beeches Track Squad	Emma Howard	B150	0:23:03		Club
153 Senior	SCB	Holly Adams	B126	0:23:06		LBH
154 Senior	Bank of England	Alice Smallman	B51	0:23:16		LBH
155 Vet	Morgan Stanley	Natalie Fudge	C42	0:23:17	58	LBH
156 Senior	SCB	Kinue Maria Tsubata Maestre	B66	0:23:36		LBH
157 Vet	Ealing Eagles Running Club	Ciona Doyle Deirdre	C143	0:23:40	59	Club
158 Vet	UBS		0 D105	0:23:42	60	LBH
159 Vet	UBS		0 A146	0:23:47	61	LBH
160 Senior	Transport for London	Leah Rawlins	A106	0:23:56		LBH
161 Senior	Board Intelligence	Tilly Jones	B21	0:23:57		LBH
162 Vet	UBS		0 C146	0:24:04	62	LBH
163 Senior	JPMorgan	Meina Lin Wei	B25	0:24:05		LBH
164 Vet	West 4 Harriers	Jacqueline Zivkovic	C124	0:24:09	63	Club
165 Senior	Eurban	Cara Tobin	B45	0:24:18		LBH
166 Senior	Hachette Hares	Sabah Kemp	A111	0:24:28		LBH
167 Senior	SCB	Veronika Strohmaier	B67	0:24:29		LBH
168 Senior	EY	Kate Armstrong	B85	0:24:39		LBH
169 Senior	London FrontRunners	Jill Olsen	B139	0:24:43		Club
170 Senior	SCB	Gail Kinahan	C70	0:24:51		LBH
171 Senior	Bank of England	Chino Amajuoyi	B50	0:24:55		LBH
172 Senior	M&G	Precious Appiah	B62	0:25:04		LBH
173 Vet	West 4 Harriers	Sarah McIntosh	D156	0:26:07	64	Club
174 Vet	WSP	Beth Owles	A10	0:26:57	65	LBH
175 Vet	Ealing Eagles Running Club	Linda Deverson	A143	0:26:58	66	Club
176 Senior	Pitch & Run	Bhagirathi Shah	B14	0:27:40		LBH
177 Senior	Woodford Green with Essex Ladies	Kay Foy	B142	0:28:08		Club
178 Senior	Eurban	Lauren Hunter	C43	0:30:11		LBH
179						