

**CSAA 10k Championships: Medal Winners**  
**Battersea Park 10th May 2023**

**Individuals**

Pos	Women	Dept	Men	Dept
1	Natasha SHEEL	MINERVA	Jack MILLAR	DEPT FOR TRANSPORT
2	Iona LAKE	DEFRA	Owen BRADY	DEFRA
3	Emily CLARKE	HMRC	George DOLLNER	DWP
F35/M35	Natasha SHEEL	MINERVA	Simon BRUTON	HMRC
F40/M40	Katherine TREHANE	DEFRA	Ed PLAGER	HMRC
F45/M45	Sarah HICKLING	HMRC	Neil BULL	MINERVA
F50/M50	Jo HAYWARD	DEFRA	Darren ROWLANDS	DWP
F55/M55	Maureen NOEL	MoD	Daren SLACK	DWP
F60/M60	Cecilia WOODS	DWP	Colin PARRACK	DWP
F65/M65	Maggie STATHAM-BERRY	MINERVA	Pete CROCKFORD	DEFRA
F70/M70+			Mick ANGLIM	ORDNANCE SURVEY

**Teams**

**Women**

1	DEFRA	Iona LAKE	Katherine TREHANE	Eleanor ANDREWS
2	HMRC	Emily CLARKE	Laura PERCY	Zoe ATTENBOROUGH
3	MINERVA	Natasha SHEEL	Maggie STATHAM-BERRY	Johanna MICHAEL

**Masters**

1	DEFRA	Katherine TREHANE	Jo HAYWARD	Caroline TUCK
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**Men**

1	DEFRA	Owen BRADY	William RYLE-HODGES	Ian FENN	Richard GINN
2	DWP	George DOLLNER	Darren ROWLANDS	Nathaniel WINFIELD	Tony COYNE
3	HMRC	Ed PLAGER	Simon BRUTON	Andrew MCKILLOP	Nicholas STALLMAN

**Masters 35 - 49**

1	HMRC	Ed PLAGER	Simon BRUTON	Nicholas STALLMAN
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**Master M50+**

1	DWP	Darren ROWLANDS	Tony COYNE	Daren SLACK
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