

Posn	Bib	Athlete	Team	Perf	Age G
By Age					
Men 400mH					
1	75	Colin MILTON	RCSL	69.1	SNR
2	62	Jonathan BIRD	MOD	72.1	SNR
3	155	Andy SEAL	HASSRA	76.6	M50
4	158	Carl ALLEN	MINERVA	84.2	M50

Women 300mH						
1	194	Gaye CLARKE	HASSRA	55.4	W50	W50 Rec

Women SP						
1	198	Vilma THOMPSON	MINERVA	9.77	W60	W60 Rec
2	182	Catherine ALFORD	RCSL	8.94	W40	
3	195	Wendy DUNSFORD	HASSRA	8.58	W50	
4	189	Kay REYNOLDS	HASSRA	7.88	W45	
5	194	Gaye CLARKE	HASSRA	7.85	W50	
6	181	Gail BLOCKLEY	RCSL	7.63	SNR W	
7	187	Lesley RICHARDSON	HASSRA	6.19	W40	
8	179	Lois LAU	DEFRA	4.94	SNR W	
9	192	Maureen NOEL	DEFRA	4.31	W45	

Men 1500m						
1	73	Mike CUMMINGS	RCSL	04:17.4	SNR	
2	60	David VOGWELL	HASSRA	04:28.0	SNR	
3	80	Andrew NORTON	DEFRA	04:28.3	SNR	
4	116	Steve HALLAS	RCSL	04:28.3	M40	
5	106	Robert WHITE	HASSRA	04:29.7	SNR	
6	90	Stephen SHANKS	RCSL	04:34.5	M35	
7	137	Heath BAMPTON	MOD	04:36.5	M45	
8	139	Steve MARKLEW	RCSL	05:01.1	M45	
9	98	Keith MIDDLEMAN	MINERVA	05:06.1	M35	
10	88	Gareth JONES	HO	05:15.0	M35	

Men HT						
1	140	Fergus HARFORD	HASSRA	34.33	SNR	
2	122	Christopher BEVAN	MOD	24.79	M40	
3	173	Bill KINGSTON	RCSL	23.91	M60	
4	117	David LONG	RCSL	22.94	M40	
5	178	Peter EDDY	HASSRA	22.89	M65	
6	175	John CRAHAN	HASSRA	17.30	SNR	
7	170	David WHITE	MINERVA	12.89	M55	

Women 1500m						
1	186	Susan FRANCIS	MINERVA	05:13.8	SNR W	
2	188	Angela ALLEN	HASSRA	05:29.4	W45	W45 Rec
3	185	Belinda TULL	MOD	05:43.2	W40	
4	192	Maureen NOEL	DEFRA	05:51.0	W45	

5	179	Lois LAU	DEFRA	06:13.7	SNR W	
6	190	Sue OAKES	RCSL	06:14.3	W45	
7	191	Michelle MORAN	RCSL	06:19.5	W45	
8	196	Jane HODGE	RCSL	06:50.5	W50	

Men 50+ 1500m						
1	156	Mark RICHES	RCSL	04:44.8	M50	
2	159	Harry MELIA	RCSL	04:57.4	M50	
3	154	Steve WEBB	RCSL	05:02.1	M50	
4	153	John O'SHEA	MINERVA	05:04.6	M50	
5	152	Derek MCARDLE	SOCA	05:49.5	M50	

Men 200m - Race 1						
1	142	Will MACGEE	RCSL	23.6	M45	M45 Rec
2	151	Tony NOEL	RCSL	24.0	SNR	
3	71	Michael GOULDING	RCSL	24.2	SNR	
4	92	John TOTTEN	RCSL	24.3	SNR	
5	109	Graham TIBBETTS	DEFRA	27.0	SNR	
6	90	Stephen SHANKS	RCSL	28.2	M35	
7	96	Graham WIGGINS	MINERVA	29.0	M35	

Men 200m - Race 2						
1	165	Alastair DUNCAN	MINERVA	25.2	M55	M55 Rec
2	143	Shaun BOND	RCSL	25.6	M45	
3	171	Stephen TODNER	HASSRA	26.8	M55	
4	163	Wilson PATTERSON	RCSL	26.9	M55	
5	158	Carl ALLEN	MINERVA	28.5	M50	

Women LJ						
1	194	Gaye CLARKE	HASSRA	4.24	W50	
2	180	Christina BREWER	RCSL	4.18	SNR W	
3	181	Gail BLOCKLEY	RCSL	3.62	W35	
4	179	Lois LAU	DEFRA	2.93	SNR W	
5	199	Grete HOWARTH	RCSL	2.75	W60	
6	192	Maureen NOEL	DEFRA	2.67	W45	

Women 200m						
1	183	Sharon GREENWOOD	RCSL	27.2	W40	W40 Rec
2	180	Christina BREWER	RCSL	28.2	SNR W	
3	194	Gaye CLARKE	HASSRA	30.2	W50	W50 Rec
4	179	Lois LAU	DEFRA	31.0	SNR W	
5	192	Maureen NOEL	DEFRA	31.5	W45	
6	181	Gail BLOCKLEY	RCSL	34.1	W35	
7	197	Ros TOWNSEND-HOPE	HASSRA	36.7	W55	

Men 2000m S/C						
1	149	Tony KILLILEA	ORD SURV	07:20.3	M45	
2	154	Steve WEBB	RCSL	07:59.6	M50	M50 Rec

3	155	Andy SEAL	HASSRA	08:17.6	M50	
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Women HT						
1	195	Wendy DUNSFORD	HASSRA	29.87	W50	
2	182	Catherine ALFORD	RCSL	29.53	W40	
3	198	Vilma THOMPSON	MINERVA	28.60	W60	W60 Rec
4	194	Gaye CLARKE	HASSRA	26.62	W50	
5	181	Gail BLOCKLEY	RCSL	13.37	SNR W	

Men 400m - Race 1						
1	92	John TOTTEN	RCSL	54.6	SNR	
2	83	Fraser GREENHALGH	RCSL	56.4	SNR	
3	75	Colin MILTON	RCSL	58.8	SNR	
4	109	Graham TIBBETTS	DEFRA	63.9	SNR	

Men 400m - Race 2						
1	133	Chris GREENALL	RCSL	59.7	M40	
2	106	Robert WHITE	HASSRA	61.3	M35	
3	90	Stephen SHANKS	RCSL	61.4	M35	
4	96	Graham WIGGINS	MINERVA	64.1	M35	

Men 400m - Race 3						
1	165	Alastair DUNCAN	MINERVA	58.3	M55	M55 Rec
2	143	Shaun BOND	RCSL	58.9	M45	
3	171	Stephen TODNER	HASSRA	61.2	M55	
4	137	Heath BAMPTON	MOD	61.6	M45	
5	138	Darren SLACK	HASSRA	62.1	M45	
6	163	Wilson PATTERSON	RCSL	63.1	M55	
7	153	John O'SHEA	MINERVA	69.4	M50	
8	158	Carl ALLEN	MINERVA	73.4	M50	

Men LJ						
1	93	Mike SERRA	RCSL	5.18	M35	
2	166	Trevor WADE	BT	4.87	M55	
3	136	Neal PETLEY	MINERVA	4.85	M45	
4	109	Graham TIBBETTS	DEFRA	4.81	M35	
5	122	Christopher BEVAN	MOD	4.57	M40	
6	138	Darren SLACK	HASSRA	4.41	M45	
7	117	David LONG	RCSL	4.24	M40	
8	92	John TOTTEN	RCSL	4.21	M35	
9	158	Carl ALLEN	MINERVA	3.52	M50	
10	178	Peter EDDY	HASSRA	2.92	M65	

Women 400m - Race 1						
1	183	Sharon GREENWOOD	RCSL	62.1	W40	W40 Rec
2	180	Christina BREWER	RCSL	69.5	SNR W	
3	186	Susan FRANCIS	MINERVA	69.7	W40	
4	179	Lois LAU	DEFRA	75.8	SNR W	
5	181	Gail BLOCKLEY	RCSL	79.8	W35	

Women 400m - Race 2						
1	192	Maureen NOEL	DEFRA	73.7	W45	
2	191	Michelle MORAN	RCSL	80.1	W45	
3	197	Ros TOWNSEND-HOPE	HASSRA	80.2	W55	
4	190	Sue OAKES	RCSL	81.3	W45	
5	196	Jane HODGE	RCSL	92.1	W50	

Men 110mH						
1	136	Neal PETLEY	MINERVA	18.1	M45	
2	93	Mike SERRA	RCSL	21.5	M35	

Men 100mH						
1	158	Carl ALLEN	MINERVA	25.5	M50	

Women 80mH						
1	189	Kay REYNOLDS	HASSRA	12.5	W45	W45 Rec
2	194	Gaye CLARKE	HASSRA	13.8	W50	W50 Rec

Men DT						
1	122	Christopher BEVAN	MOD	39.71	SNR	
2	161	Andrew KRUSZEWSKI	MINERVA	38.78	SNR	
3	157	John NICHOLSON	RCSL	32.16	SNR	
4	178	Peter EDDY	HASSRA	31.70	M65	
5	173	Bill KINGSTON	RCSL	28.18	M60	
6	175	John CRAHAN	HASSRA	28.13	M60	
7	177	Dave EVANS	RCSL	25.67	M65	
8	117	David LONG	RCSL	25.07	M40	
9	166	Trevor WADE	BT	24.23	M55	
10	140	Fergus HARFORD	HASSRA	17.81	M45	
11	87	Colin WHITBREAD	MINERVA	17.60	SNR	
12	100	Steve CRAHAN	HASSRA	14.84	M35	
13	170	David WHITE	MINERVA	14.45	M55	

Women TJ						
1	180	Christina BREWER	RCSL	8.08	SNR W	
2	181	Gail BLOCKLEY	RCSL	7.56	W35	
3	179	Lois LAU	DEFRA	6.64	SNR W	
4	199	Grete HOWARTH	RCSL	5.24	W60	

Men 3000m Walk						
1	52	Steven UTTLEY	MOJ	15:29.8	SNR	
2	176	John HALL	DEFRA	15:57.4	SNR	
3	173	Bill KINGSTON	RCSL	18:44.0	M60	
4	172	Peter CRAHAN	HASSRA	19:08.5	M60	
5	100	Steve CRAHAN	HASSRA	19:50.9	M35	M35 Rec
6	175	John CRAHAN	HASSRA	20:11.8	SNR	

Women 3000m Walk						
1	192	Maureen NOEL	DEFRA	18:05.9	W45	
2	191	Michelle MORAN	RCSL	20:15.1	W45	
3	196	Jane HODGE	RCSL	20:21.4	W50	W50 Rec
4	193	Pamela ABBOTT	DEFRA	20:23.2	W50	

Men 800m - Race 1						
1	73	Mike CUMMINGS	RCSL	01:59.4	SNR	
2	60	David VOGWELL	HASSRA	02:10.8	SNR	
3	90	Stephen SHANKS	RCSL	02:19.4	M35	
4	106	Robert WHITE	HASSRA	02:23.7	M35	
5	96	Graham WIGGINS	MINERVA	02:37.6	M35	
6	88	Gareth JONES	HO	02:41.9	M35	

Men 800m - Race 2						
1	116	Steve HALLAS	RCSL	02:16.3	M40	
2	137	Heath BAMPTON	MOD	02:19.7	M45	
3	133	Chris GREENALL	RCSL	02:24.7	M40	
4	138	Darren SLACK	HASSRA	02:25.6	M45	
5	159	Harry MELIA	RCSL	02:25.9	M50	
6	139	Steve MARKLEW	RCSL	02:33.2	M45	
7	153	John O'SHEA	MINERVA	02:36.8	M50	
8	152	Derek MCARDLE	SOCA	02:50.2	M50	

Women 800m						
1	186	Susan FRANCIS	MINERVA	02:38.0	SNR W	
2	192	Maureen NOEL	DEFRA	02:55.8	W45	
3	180	Christina BREWER	RCSL	03:00.3	SNR W	
4	197	Ros TOWNSEND-HOPE	HASSRA	03:04.4	W55	
5	190	Sue OAKES	RCSL	03:05.4	W45	
6	191	Michelle MORAN	RCSL	03:16.5	W45	
7	196	Jane HODGE	RCSL	03:36.4	W50	

Men HJ						
1	68	Larry EKUNDAYO	RCSL	1.65	SNR	
2	62	Jonathan BIRD	MOD	1.60	SNR	
3	75	Colin MILTON	RCSL	1.50	SNR	
4	117	David LONG	RCSL	1.40	M40	
5	166	Trevor WADE	BT	1.40	M55	

Women DT						
1	198	Vilma THOMPSON	MINERVA	26.50	W60	W60 Rec
2	182	Catherine ALFORD	RCSL	25.30	W40	
3	195	Wendy DUNSFORD	HASSRA	24.46	W50	
4	181	Gail BLOCKLEY	RCSL	20.72	SNR W	
5	194	Gaye CLARKE	HASSRA	15.36	W50	
6	179	Lois LAU	DEFRA	9.57	SNR W	

Men 100m - Race 1						
1	165	Alastair DUNCAN	MINERVA	12.6	M55	M55 Rec
2	163	Wilson PATTERSON	RCSL	13.2	M55	
3	171	Stephen TODNER	HASSRA	13.5	M55	
4	158	Carl ALLEN	MINERVA	14.1	M50	
5	178	Peter EDDY	HASSRA	16.3	M65	

Men 100m - Race 2						
1	151	Tony NOEL	RCSL	11.7	SNR	
2	142	Will MACGEE	RCSL	11.7	M45	
3	71	Michael GOULDING	RCSL	11.8	SNR	
4	68	Larry EKUNDAYO	RCSL	12.6	SNR	
5	146	Barrington KING	RCSL	12.8	SNR	
6	100	Steve CRAHAN	HASSRA	15.7	M35	

Men SP						
1	122	Christopher BEVAN	MOD	11.50	SNR	
2	161	Andrew KRUSZEWSKI	MINERVA	10.95	SNR	
3	157	John NICHOLSON	RCSL	10.93	SNR	
4	87	Colin WHITBREAD	MINERVA	9.08	SNR	
5	178	Peter EDDY	HASSRA	8.69	M65	
6	175	John CRAHAN	HASSRA	8.16	M60	
7	177	Dave EVANS	RCSL	8.11	M65	
8	173	Bill KINGSTON	RCSL	7.76	M60	
9	140	Fergus HARFORD	HASSRA	7.35	M45	
10	117	David LONG	RCSL	6.74	M40	
11	170	David WHITE	MINERVA	5.55	M55	

Women 100m - Race 1						
1	189	Kay REYNOLDS	HASSRA	13.7	W45	=W45 Rec
2	180	Christina BREWER	RCSL	13.9	SNR W	
3	194	Gaye CLARKE	HASSRA	14.9	W50	
4	179	Lois LAU	DEFRA	14.9	SNR W	
5	192	Maureen NOEL	DEFRA	15.6	W45	
6	181	Gail BLOCKLEY	RCSL	16.7	W35	
7	199	Grete HOWARTH	RCSL	21.1	W60	

Women 3000m						
1	188	Angela ALLEN	HASSRA	11:30.9	W45	W45 Rec
2	185	Belinda TULL	MOD	11:59.4	W40	
3	192	Maureen NOEL	DEFRA	12:36.8	W45	
4	190	Sue OAKES	RCSL	13:34.8	W45	
5	191	Michelle MORAN	RCSL	13:48.0	W45	

Men TJ						
1	136	Neal PETLEY	MINERVA	10.62	M45	M45 Rec
2	166	Trevor WADE	BT	9.62	M55	
3	90	Stephen SHANKS	RCSL	8.44	M35	

4	173	Bill KINGSTON	RCSL	8.07	M60	M60 Rec
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Women HJ						
1	189	Kay REYNOLDS	HASSRA	1.40	W45	=W45 Rec
2	194	Gaye CLARKE	HASSRA	1.25	W50	
3	181	Gail BLOCKLEY	RCSL	1.20	W35	

Men 5000m						
1	131	Gary PENNINGTON	RCSL	16:09.6	SNR	
2	134	Stephen NORRIS	MOD	16:12.1	M45	
3	106	Robert WHITE	HASSRA	16:50.0	SNR	
4	60	David VOGWELL	HASSRA	17:03.3	SNR	
5	116	Steve HALLAS	RCSL	17:11.1	SNR	
6	80	Andrew NORTON	DEFRA	17:16.4	SNR	
7	90	Stephen SHANKS	RCSL	17:19.4	M35	
8	149	Tony KILLILEA	ORD SURV	17:21.0	SNR	
9	148	Tim ASHELFORD	DEFRA	17:30.4	M45	
10	156	Mark RICHES	RCSL	17:32.7	M50	
11	154	Steve WEBB	RCSL	17:44.8	M50	
12	139	Steve MARKLEW	RCSL	18:18.3	M45	
13	145	Simon BIRTLES	HASSRA	18:19.5	M45	
14	114	Paul COLLINGWOOD	HASSRA	18:28.5	M40	
15	99	Steven MAGUIRE	HASSRA	19:06.0	M35	
16	174	Paul KEEN	HASSRA	19:10.6	M60	
17	135	Joe HERBERT	MINERVA	20:25.8	M45	
18	155	Andy SEAL	HASSRA	20:55.8	M50	
19	52	Steven UTTLEY	MOJ	21:30.8	M55	
20	164	Nigel WILLIAMS	HASSRA	21:31.9	M55	

Men JT						
1	147	Greg HAYWARD	DEFRA	47.95	SNR	
2	62	Jonathan BIRD	MOD	36.21	SNR	
3	122	Christopher BEVAN	MOD	35.34	M40	
4	117	David LONG	RCSL	31.53	M40	
5	178	Peter EDDY	HASSRA	27.63	M65	
6	87	Colin WHITBREAD	MINERVA	22.80	SNR	
7	146	Barrington KING	RCSL	20.24	SNR	
8	175	John CRAHAN	HASSRA	18.44	M60	
9	158	Carl ALLEN	MINERVA	17.64	M50	
10	170	David WHITE	MINERVA	17.00	M55	
11	100	Steve CRAHAN	HASSRA	15.36	M35	
12	140	Fergus HARFORD	HASSRA	10.92	M45	

Women JT						
1	184	Karen ADDIS	HASSRA	27.76	SNR W	
2	198	Vilma THOMPSON	MINERVA	26.12	W60	W60 Rec
3	189	Kay REYNOLDS	HASSRA	20.58	W45	
4	194	Gaye CLARKE	HASSRA	14.02	W50	

5	182	Catherine ALFORD	RCSL	13.67	W40	
6	187	Lesley RICHARDSON	HASSRA	13.14	W40	

Mens 4 x 100m Relay						
Posn	Bib	Team		Perf		
1	142	RCSL		50.1		
2	136	MINERVA		52.4		
3	171	HASSRA		57.1		

Womens 4 x 100m Relay						
Posn	Bib	Team		Perf		
1	180	RCSL		62.9		
2	189	HASSRA		64.6		

Mens 4 x 400m Relay						
Posn	Bib	Team		Perf		
1	83	RCSL		03:56.8		
2	165	MINERVA		04:25.5		
3	171	HASSRA		04:35.1		

Womens 4 x 400m Relay						
Posn	Bib	Team		Perf		
1	183	RCSL		05:06.5		
2	194	HASSRA		05:35.3		

By Age

Men 400mH						
1	75	Colin MILTON	RCSL	69.1	SNR	
2	62	Jonathan BIRD	MOD	72.1	SNR	
3	155	Andy SEAL	HASSRA	76.6	M50	
4	158	Carl ALLEN	MINERVA	84.2	M50	

Women 300mH						
1	194	Gaye CLARKE	HASSRA	55.4	W50	W50 Rec

Women SP						
6	181	Gail BLOCKLEY	RCSL	7.63	SNR W	
8	179	Lois LAU	DEFRA	4.94	SNR W	
2	182	Catherine ALFORD	RCSL	8.94	W40	
7	187	Lesley RICHARDSON	HASSRA	6.19	W40	
4	189	Kay REYNOLDS	HASSRA	7.88	W45	
9	192	Maureen NOEL	DEFRA	4.31	W45	
3	195	Wendy DUNSFORD	HASSRA	8.58	W50	
5	194	Gaye CLARKE	HASSRA	7.85	W50	
1	198	Vilma THOMPSON	MINERVA	9.77	W60	W60 Rec

Men 1500m						
1	73	Mike CUMMINGS	RCSL	04:17.4	SNR	

2	60	David VOGWELL	HASSRA	04:28.0	SNR	
3	80	Andrew NORTON	DEFRA	04:28.3	SNR	
5	106	Robert WHITE	HASSRA	04:29.7	SNR	
6	90	Stephen SHANKS	RCSL	04:34.5	M35	
9	98	Keith MIDDLEMAN	MINERVA	05:06.1	M35	
10	88	Gareth JONES	HO	05:15.0	M35	
4	116	Steve HALLAS	RCSL	04:28.3	M40	
7	137	Heath BAMPTON	MOD	04:36.5	M45	
8	139	Steve MARKLEW	RCSL	05:01.1	M45	

Men HT						
1	140	Fergus HARFORD	HASSRA	34.33	SNR	
6	175	John CRAHAN	HASSRA	17.30	SNR	
2	122	Christopher BEVAN	MOD	24.79	M40	
4	117	David LONG	RCSL	22.94	M40	
7	170	David WHITE	MINERVA	12.89	M55	
3	173	Bill KINGSTON	RCSL	23.91	M60	
5	178	Peter EDDY	HASSRA	22.89	M65	

Women 1500m						
1	186	Susan FRANCIS	MINERVA	05:13.8	SNR W	
5	179	Lois LAU	DEFRA	06:13.7	SNR W	
3	185	Belinda TULL	MOD	05:43.2	W40	
2	188	Angela ALLEN	HASSRA	05:29.4	W45	W45 Rec
4	192	Maureen NOEL	DEFRA	05:51.0	W45	
6	190	Sue OAKES	RCSL	06:14.3	W45	
7	191	Michelle MORAN	RCSL	06:19.5	W45	
8	196	Jane HODGE	RCSL	06:50.5	W50	

Men 50+ 1500m						
1	156	Mark RICHES	RCSL	04:44.8	M50	
2	159	Harry MELIA	RCSL	04:57.4	M50	
3	154	Steve WEBB	RCSL	05:02.1	M50	
4	153	John O'SHEA	MINERVA	05:04.6	M50	
5	152	Derek MCARDLE	SOCA	05:49.5	M50	

Men 200m - Race 1						
2	151	Tony NOEL	RCSL	24.0	SNR	
3	71	Michael GOULDING	RCSL	24.2	SNR	
4	92	John TOTTEN	RCSL	24.3	SNR	
5	109	Graham TIBBETTS	DEFRA	27.0	SNR	
6	90	Stephen SHANKS	RCSL	28.2	M35	
7	96	Graham WIGGINS	MINERVA	29.0	M35	
1	142	Will MACGEE	RCSL	23.6	M45	M45 Rec

Men 200m - Race 2						
2	143	Shaun BOND	RCSL	25.6	M45	
5	158	Carl ALLEN	MINERVA	28.5	M50	

1	165	Alastair DUNCAN	MINERVA	25.2	M55	M55 Rec
3	171	Stephen TODNER	HASSRA	26.8	M55	
4	163	Wilson PATTERSON	RCSL	26.9	M55	

Women LJ						
2	180	Christina BREWER	RCSL	4.18	SNR W	
4	179	Lois LAU	DEFRA	2.93	SNR W	
3	181	Gail BLOCKLEY	RCSL	3.62	W35	
6	192	Maureen NOEL	DEFRA	2.67	W45	
1	194	Gaye CLARKE	HASSRA	4.24	W50	
5	199	Grete HOWARTH	RCSL	2.75	W60	

Women 200m						
2	180	Christina BREWER	RCSL	28.2	SNR W	
4	179	Lois LAU	DEFRA	31.0	SNR W	
6	181	Gail BLOCKLEY	RCSL	34.1	W35	
1	183	Sharon GREENWOOD	RCSL	27.2	W40	W40 Rec
5	192	Maureen NOEL	DEFRA	31.5	W45	
3	194	Gaye CLARKE	HASSRA	30.2	W50	W50 Rec
7	197	Ros TOWNSEND-HOPE	HASSRA	36.7	W55	

Men 2000m S/C						
Posn	Bib	Athlete	Dept	Perf	Age G	
1	149	Tony KILLILEA	ORD SURV	07:20.3	SNR	
2	154	Steve WEBB	RCSL	07:59.6	M50	M50 Rec
3	155	Andy SEAL	HASSRA	08:17.6	M50	

Women HT						
5	181	Gail BLOCKLEY	RCSL	13.37	SNR W	
2	182	Catherine ALFORD	RCSL	29.53	W40	
1	195	Wendy DUNSFORD	HASSRA	29.87	W50	
4	194	Gaye CLARKE	HASSRA	26.62	W50	
3	198	Vilma THOMPSON	MINERVA	28.60	W60	W60 Rec

Men 400m - Race 1						
1	92	John TOTTEN	RCSL	54.6	SNR	
2	83	Fraser GREENHALGH	RCSL	56.4	SNR	
3	75	Colin MILTON	RCSL	58.8	SNR	
4	109	Graham TIBBETTS	DEFRA	63.9	SNR	

Men 400m - Race 2						
2	106	Robert WHITE	HASSRA	61.3	M35	
3	90	Stephen SHANKS	RCSL	61.4	M35	
4	96	Graham WIGGINS	MINERVA	64.1	M35	
1	133	Chris GREENALL	RCSL	59.7	M40	

Men 400m - Race 3						
2	143	Shaun BOND	RCSL	58.9	M45	

4	137	Heath BAMPTON	MOD	61.6	M45	
5	138	Darren SLACK	HASSRA	62.1	M45	
7	153	John O'SHEA	MINERVA	69.4	M50	
8	158	Carl ALLEN	MINERVA	73.4	M50	
1	165	Alastair DUNCAN	MINERVA	58.3	M55	M55 Rec
3	171	Stephen TODNER	HASSRA	61.2	M55	
6	163	Wilson PATTERSON	RCSL	63.1	M55	
Men LJ						
1	93	Mike SERRA	RCSL	5.18	M35	
4	109	Graham TIBBETTS	DEFRA	4.81	M35	
8	92	John TOTTON	RCSL	4.21	M35	
5	122	Christopher BEVAN	MOD	4.57	M40	
7	117	David LONG	RCSL	4.24	M40	
3	136	Neal PETLEY	MINERVA	4.85	M45	
6	138	Darren SLACK	HASSRA	4.41	M45	
9	158	Carl ALLEN	MINERVA	3.52	M50	
2	166	Trevor WADE	BT	4.87	M55	
10	178	Peter EDDY	HASSRA	2.92	M65	

Women 400m - Race 1						
2	180	Christina BREWER	RCSL	69.5	SNR W	
4	179	Lois LAU	DEFRA	75.8	SNR W	
5	181	Gail BLOCKLEY	RCSL	79.8	W35	
1	183	Sharon GREENWOOD	RCSL	62.1	W40	W40 Rec
3	186	Susan FRANCIS	MINERVA	69.7	W40	

Women 400m - Race 2						
1	192	Maureen NOEL	DEFRA	73.7	W45	
2	191	Michelle MORAN	RCSL	80.1	W45	
4	190	Sue OAKES	RCSL	81.3	W45	
5	196	Jane HODGE	RCSL	92.1	W50	
3	197	Ros TOWNSEND-HOPE	HASSRA	80.2	W55	

Men 110mH						
2	93	Mike SERRA	RCSL	21.5	M35	
1	136	Neal PETLEY	MINERVA	18.1	M45	

Men 100mH						
1	158	Carl ALLEN	MINERVA	25.5	M50	

Women 80mH						
1	189	Kay REYNOLDS	HASSRA	12.5	W45	W45 Rec
2	194	Gaye CLARKE	HASSRA	13.8	W50	W50 Rec

Men DT						
1	122	Christopher BEVAN	MOD	39.71	SNR	
2	161	Andrew KRUSZEWSKI	MINERVA	38.78	SNR	

3	157	John NICHOLSON	RCSL	32.16	SNR	
11	87	Colin WHITBREAD	MINERVA	17.60	SNR	
12	100	Steve CRAHAN	HASSRA	14.84	M35	
8	117	David LONG	RCSL	25.07	M40	
10	140	Fergus HARFORD	HASSRA	17.81	M45	
9	166	Trevor WADE	BT	24.23	M55	
13	170	David WHITE	MINERVA	14.45	M55	
5	173	Bill KINGSTON	RCSL	28.18	M60	
6	175	John CRAHAN	HASSRA	28.13	M60	
4	178	Peter EDDY	HASSRA	31.70	M65	
7	177	Dave EVANS	RCSL	25.67	M65	

Women TJ						
1	180	Christina BREWER	RCSL	8.08	SNR W	
3	179	Lois LAU	DEFRA	6.64	SNR W	
2	181	Gail BLOCKLEY	RCSL	7.56	W35	
4	199	Grete HOWARTH	RCSL	5.24	W60	

Men 3000m Walk						
1	52	Steven UTTLEY	MOJ	15:29.8	SNR	
2	176	John HALL	DEFRA	15:57.4	SNR	
6	175	John CRAHAN	HASSRA	20:11.8	SNR	
5	100	Steve CRAHAN	HASSRA	19:50.9	M35	M35 Rec
3	173	Bill KINGSTON	RCSL	18:44.0	M60	
4	172	Peter CRAHAN	HASSRA	19:08.5	M60	

Women 3000m Walk						
1	192	Maureen NOEL	DEFRA	18:05.9	W45	
2	191	Michelle MORAN	RCSL	20:15.1	W45	
3	196	Jane HODGE	RCSL	20:21.4	W50	W50 Rec
4	193	Pamela ABBOTT	DEFRA	20:23.2	W50	

Men 800m - Race 1						
1	73	Mike CUMMINGS	RCSL	01:59.4	SNR	
2	60	David VOGWELL	HASSRA	02:10.8	SNR	
3	90	Stephen SHANKS	RCSL	02:19.4	M35	
4	106	Robert WHITE	HASSRA	02:23.7	M35	
5	96	Graham WIGGINS	MINERVA	02:37.6	M35	
6	88	Gareth JONES	HO	02:41.9	M35	

Men 800m - Race 2						
1	116	Steve HALLAS	RCSL	02:16.3	M40	
3	133	Chris GREENALL	RCSL	02:24.7	M40	
2	137	Heath BAMPTON	MOD	02:19.7	M45	
4	138	Darren SLACK	HASSRA	02:25.6	M45	
6	139	Steve MARKLEW	RCSL	02:33.2	M45	
5	159	Harry MELIA	RCSL	02:25.9	M50	
7	153	John O'SHEA	MINERVA	02:36.8	M50	

8	152	Derek MCARDLE	SOCA	02:50.2	M50	
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Women 800m						
1	186	Susan FRANCIS	MINERVA	02:38.0	SNR W	
3	180	Christina BREWER	RCSL	03:00.3	SNR W	
2	192	Maureen NOEL	DEFRA	02:55.8	W45	
5	190	Sue OAKES	RCSL	03:05.4	W45	
6	191	Michelle MORAN	RCSL	03:16.5	W45	
7	196	Jane HODGE	RCSL	03:36.4	W50	
4	197	Ros TOWNSEND-HOPE	HASSRA	03:04.4	W55	

Men HJ						
1	68	Larry EKUNDAYO	RCSL	1.65	SNR	
2	62	Jonathan BIRD	MOD	1.60	SNR	
3	75	Colin MILTON	RCSL	1.50	SNR	
4	117	David LONG	RCSL	1.40	M40	
5	166	Trevor WADE	BT	1.40	M55	

Women DT						
4	181	Gail BLOCKLEY	RCSL	20.72	SNR W	
6	179	Lois LAU	DEFRA	9.57	SNR W	
2	182	Catherine ALFORD	RCSL	25.30	W40	
3	195	Wendy DUNSFORD	HASSRA	24.46	W50	
5	194	Gaye CLARKE	HASSRA	15.36	W50	
1	198	Vilma THOMPSON	MINERVA	26.50	W60	W60 Rec

Men 100m - Race 1						
4	158	Carl ALLEN	MINERVA	14.1	M50	
1	165	Alastair DUNCAN	MINERVA	12.6	M55	M55 Rec
2	163	Wilson PATTERSON	RCSL	13.2	M55	
3	171	Stephen TODNER	HASSRA	13.5	M55	
5	178	Peter EDDY	HASSRA	16.3	M65	

Men 100m - Race 2						
1	151	Tony NOEL	RCSL	11.7	SNR	
3	71	Michael GOULDING	RCSL	11.8	SNR	
4	68	Larry EKUNDAYO	RCSL	12.6	SNR	
5	146	Barrington KING	RCSL	12.8	SNR	
6	100	Steve CRAHAN	HASSRA	15.7	M35	
2	142	Will MACGEE	RCSL	11.7	M45	M45 Rec

Men SP						
1	122	Christopher BEVAN	MOD	11.50	SNR	
2	161	Andrew KRUSZEWSKI	MINERVA	10.95	SNR	
3	157	John NICHOLSON	RCSL	10.93	SNR	
4	87	Colin WHITBREAD	MINERVA	9.08	SNR	
10	117	David LONG	RCSL	6.74	M40	
9	140	Fergus HARFORD	HASSRA	7.35	M45	

11	170	David WHITE	MINERVA	5.55	M55	
6	175	John CRAHAN	HASSRA	8.16	M60	
8	173	Bill KINGSTON	RCSL	7.76	M60	
5	178	Peter EDDY	HASSRA	8.69	M65	
7	177	Dave EVANS	RCSL	8.11	M65	

Women 100m - Race 1						
2	180	Christina BREWER	RCSL	13.9	SNR W	
4	179	Lois LAU	DEFRA	14.9	SNR W	
6	181	Gail BLOCKLEY	RCSL	16.7	W35	
1	189	Kay REYNOLDS	HASSRA	13.7	W45	=W45 Rec
5	192	Maureen NOEL	DEFRA	15.6	W45	
3	194	Gaye CLARKE	HASSRA	14.9	W50	
7	199	Grete HOWARTH	RCSL	21.1	W60	

Women 3000m						
2	185	Belinda TULL	MOD	11:59.4	W40	
1	188	Angela ALLEN	HASSRA	11:30.9	W45	W45 Rec
3	192	Maureen NOEL	DEFRA	12:36.8	W45	
4	190	Sue OAKES	RCSL	13:34.8	W45	
5	191	Michelle MORAN	RCSL	13:48.0	W45	

Men TJ						
3	90	Stephen SHANKS	RCSL	8.44	M35	
1	136	Neal PETLEY	MINERVA	10.62	M45	M45 Rec
2	166	Trevor WADE	BT	9.62	M55	
4	173	Bill KINGSTON	RCSL	8.07	M60	M60 Rec

Women HJ						
3	181	Gail BLOCKLEY	RCSL	1.20	W35	
1	189	Kay REYNOLDS	HASSRA	1.40	W45	=W45 Rec
2	194	Gaye CLARKE	HASSRA	1.25	W50	

Men 5000m						
1	131	Gary PENNINGTON	RCSL	16:09.6	SNR	
3	106	Robert WHITE	HASSRA	16:50.0	SNR	
4	60	David VOGWELL	HASSRA	17:03.3	SNR	
5	116	Steve HALLAS	RCSL	17:11.1	SNR	
6	80	Andrew NORTON	DEFRA	17:16.4	SNR	
8	149	Tony KILLILEA	ORD SURV	17:21.0	SNR	
7	90	Stephen SHANKS	RCSL	17:19.4	M35	
15	99	Steven MAGUIRE	HASSRA	19:06.0	M35	
14	114	Paul COLLINGWOOD	HASSRA	18:28.5	M40	
2	134	Stephen NORRIS	MOD	16:12.1	M45	
9	148	Tim ASHELFORD	DEFRA	17:30.4	M45	
12	139	Steve MARKLEW	RCSL	18:18.3	M45	
13	145	Simon BIRTLES	HASSRA	18:19.5	M45	
17	135	Joe HERBERT	MINERVA	20:25.8	M45	

10	156	Mark RICHES	RCSL	17:32.7	M50	
11	154	Steve WEBB	RCSL	17:44.8	M50	
18	155	Andy SEAL	HASSRA	20:55.8	M50	
19	52	Steven UTTLEY	MOJ	21:30.8	M55	
20	164	Nigel WILLIAMS	HASSRA	21:31.9	M55	
16	174	Paul KEEN	HASSRA	19:10.6	M60	

Men JT						
1	147	Greg HAYWARD	DEFRA	47.95	SNR	
2	62	Jonathan BIRD	MOD	36.21	SNR	
6	87	Colin WHITBREAD	MINERVA	22.80	SNR	
7	146	Barrington KING	RCSL	20.24	SNR	
11	100	Steve CRAHAN	HASSRA	15.36	M35	
3	122	Christopher BEVAN	MOD	35.34	M40	
4	117	David LONG	RCSL	31.53	M40	
12	140	Fergus HARFORD	HASSRA	10.92	M45	
9	158	Carl ALLEN	MINERVA	17.64	M50	
10	170	David WHITE	MINERVA	17.00	M55	
8	175	John CRAHAN	HASSRA	18.44	M60	
5	178	Peter EDDY	HASSRA	27.63	M65	

Women JT						
1	184	Karen ADDIS	HASSRA	27.76	SNR W	
5	182	Catherine ALFORD	RCSL	13.67	W40	
6	187	Lesley RICHARDSON	HASSRA	13.14	W40	
3	189	Kay REYNOLDS	HASSRA	20.58	W45	
4	194	Gaye CLARKE	HASSRA	14.02	W50	
2	198	Vilma THOMPSON	MINERVA	26.12	W60	W60 Rec