

Posn	Bib	Athlete	Team	Cat	Perf.	Rec.	HASSRA	RCSL	DSRA	DEFRA	Minerva	LR	BT	ORD SUR	PRISON SERV	R Mail	Home Off	CACSSA
<b>Men</b>																		
100m																		
1	270	Wilson Paterson	RCSL	M50	13.4			4										
2	204	Carl Allen	Minerva	M50	14.3						2							
3	209	C Barbieri	Home Office	M50	14.4												1	
1	231	Peter Eddy	HASSRA	M65	16.0		2											
1	249	Troy Kennedy	PS	M35	13.5										2			
1	268	Michael Osunami	HASSRA	M40	12.8		4											
2	207	Gordon Baker	Minerva	M40	12.9						2							
3	297	Stephen Wright	Land Reg	M40	14.3							1						
1	276	Henry Ricketts	HASSRA	M45	12.7		3											
2	281	Darren Slack	HASSRA	M45	13.8		1											
200m																		
1	247	Keith Jamieson	Minerva	M35	31.1						2							
1	207	Gordon Baker	Minerva	M40	26.7						3							
2	297	Stephen Wright	Land Reg	M40	30.3							1						
1	216	Shaun Bond	RCSL	M45	26.0			6										
2	237	Leroy Gould	Royal Mail	M45	26.7											4		
3	276	Henry Ricketts	HASSRA	M45	26.7		3											
4	215	Christopher Blankson	Minerva	M45	29.0						2							
5	281	Darren Slack	HASSRA	M45	29.1		1											
1	270	Wilson Paterson	RCSL	M50	27.6			3										
2	204	Carl Allen	Minerva	M50	30.3						1							
400m																		
1	247	Keith Jamieson	Minerva	M35	72.9						2							

1	207	Gordon Baker	Minerva	M40	60.0			3
2	297	Stephen Wright	Land Reg	M40	73.1			
1	216	Shaun Bond	RCSL	M45	59.0		5	
2	276	Henry Ricketts	HASSRA	M45	61.0	3		
3	252	Gavin Kitchingham	DSRA	M45	62.2		2	
4	215	Christopher Blankson	Minerva	M45	72.3			1
1	270	Wilson Paterson	RCSL	M50	63.3		4	
2	204	Carl Allen	Minerva	M50	73.2			2
3	263	Matthew Nelson	HASSRA	M50	76.4	1		

#### 800m

1	240	Steve Hallas	RCSL	M35	02:16.1		<b>2</b>	
1	271	Gary Pennington	RCSL	M40	02:21.6		2	
1	252	Gavin Kitchingham	DSRA	M45	02:14.6			6
2	206	Jon Austin	RCSL	M45	02:25.6		4	
3	276	Henry Ricketts	HASSRA	M45	02:34.5	3		
4	281	Darren Slack	HASSRA	M45	02:35.4	2		
5	215	Christopher Blankson	Minerva	M45	02:59.8			1
1	273	Dave Randall	CACSSA	M50	02:24.2			5
2	262	Harry Melia	RCSL	M50	02:26.7		3	
3	267	John O'Shea	Minerva	M50	02:30.3			2
4	263	Matthew Nelson	HASSRA	M50	02:42.6	1		

#### 1500m

1	240	Steve Hallas	RCSL	M35	04:23.3	R	4	
1	271	Gary Pennington	RCSL	M40	04:36.9		3	
2	236	Andy Goodair	HASSRA	M40	04:42.4	1		
1	252	Gavin Kitchingham	DSRA	M45	04:33.4			5
2	208	Heath Bampton	Minerva	M45	04:35.7			3
3	206	Jon Austin	RCSL	M45	04:53.9		2	
4	279	C Scott	HASSRA	M45	05:20.8	1		

1	273	Dave Randall	CACSSA	M50	04:52.8			6
2	262	Harry Melia	RCSL	M50	04:57.9	4		
3	267	John O'Shea	Minerva	M50	05:02.0		3	
4	211	Steven Bennett	HASSRA	M50	05:09.5	2		
5	263	Matthew Nelson	HASSRA	M50	05:17.0	1		
1	239	John Hall	DEFRA	M60	05:43.8		2	

5000m

1	240	Steve Hallas	RCSL	M35	16:27.9	6		
2	296	Dean Winter	HASSRA	M35	17:27.8	4		
3	221	Paul Collingwood	HASSRA	M35	17:40.7	3		
4	257	Steven Maguire	HASSRA	M35	18:45.4	2		
5	247	Keith Jamieson	Minerva	M35	20:00.1		1	
1	271	Gary Pennington	RCSL	M40	16:04.0	4		
2	265	Stephen Norris	DSRA	M40	16:04.7		2	
3	236	Andy Goodair	HASSRA	M40	17:17.0	1		
1	252	Gavin Kitchingham	DSRA	M45	17:10.0		7	
2	208	Heath Bampton	Minerva	M45	17:16.4			5
3	235	Peter Gillespie	RCSL	M45	18:27.2	4		
4	206	Jon Austin	RCSL	M45	19:06.3	3		
5	214	Simon Birtles	HASSRA	M45	19:10.0	2		
6	217	Mark Booth	Land Reg	M45	19:35.6			1
1	273	Dave Randall	CASSA	M50	18:38.2			
2	269	Colin Parrack	HASSRA	M50	18:39.4	5		
3	267	John O'Shea	Minerva	M50	18:50.1		4	
4	211	Steven Bennett	HASSRA	M50	18:58.9	3		
5	280	Andy Seal	HASSRA	M50	19:54.5	2		
6	263	Matthew Nelson	HASSRA	M50	20:04.6	1		
1	295	M Williams	HASSRA	M55	21:44.2	2		

100mH

1	209	C Barbieri	Home Office	M50	22.6			3
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2	204	Carl Allen	Minerva	M50	23.0			1
400mH								
1	268	Michael Osunami	HASSRA	M40	76.2	2		
1	280	Andy Seal	HASSRA	M50	77.4	3		
2	204	Carl Allen	Minerva	M50	84.3			1
2000mSC								
		<b>No water jump</b>						
1	218	Jason Brewer	RCSL	M40	07:30.0		2	
1	280	Andy Seal	HASSRA	M50	07:45.7	2		
3000mW								
1	218	Jason Brewer	RCSL	M50	16:31.0		2	
1	239	John Hall	DEFRA	M60	16:00.1			2
1	255	John Llewellyn	DEFRA	M65	17:01.7	R		4
SP								
1	249	Troy Kennedy	Prison Service	M35	10.13	R		4
1	213	Christopher Bevan	DSRA	M40	11.94		3	
2	207	Gordon Baker	Minerva	M40	9.88			1
1	290	Phil Tyley	DSRA	M45	10.27		3	
2	241	Fergus Harford	HASSRA	M45	7.86	1		
1	243	Stephen Head	Royal Mail	M50	11.07			2
1	251	Bill Kingston	RCSL	M60	8.63		2	
1	231	Peter Eddy	HASSRA	M65	8.31	3		
2	232	Dave Evans	RCSL	M65	7.70		1	
DT								
1	243	Stephen Head	Royal Mail	M50	29.77			2
1	291	Trevor Wade	BT	M55	24.16			2
1	251	Bill Kingston	RCSL	M60	32.77		2	
1	231	Peter Eddy	HASSRA	M65	31.97	3		

2	232	Dave Evans	RCSL	M65	23.98	1		
JT								
1	249	Troy Kennedy	Prison Service	M35	35.05			2
1	207	Gordon Baker	Minerva	M40	33.99			2
1	242	Greg Hayward	DEFRA	M45	43.69			5
2	290	Phil Tyley	DSRA	M45	37.28			3
3	227	M Davies	RCSL	M45	32.28			2
4	241	Fergus Harford	HASSRA	M45	15.67			1
1	231	Peter Eddy	HASSRA	M65	29.05			2
HT								
1	290	Phil Tyley	DSRA	M45	36.95			4
2	241	Fergus Harford	HASSRA	M45	35.27			2
3	215	Christopher Blankson	Minerva	M45	12.90			1
1	243	Stephen Head	Royal Mail	M50	24.53			2
1	251	Bill Kingston	RCSL	M60	25.26			2
1	231	Peter Eddy	HASSRA	M65	24.99			2
HJ								
1	249	Troy Kennedy	Prison Service	M35	1.50			2
1	227	M Davies	RCSL	M45	1.55			3
=2	237	Leroy Gould	Royal Mail	M45	1.30			1.5
=2	279	C Scott	HASSRA	M45	1.30			1.5
1	286	Duncan Talbot	HASSRA	M55	1.40			2
LJ								
1	249	Troy Kennedy	Prison Service	M35	5.01			3
2	247	Keith Jamieson	Minerva	M35	3.20			1
1	276	Henry Ricketts	HASSRA	M45	5.17			4
2	237	Leroy Gould	Royal Mail	M45	4.52			2
3	281	Darren Slack	HASSRA	M45	4.52			1

1	209 C Barbieri	HO	M50	4.17					5
2	204 Carl Allen	Minerva	M50	4.04			3		
3	263 Matthew Nelson	HASSRA	M50	3.81	2				
4	267 John O'Shea	Minerva	M50	3.66			1		
1	291 Trevor Wade	BT	M55	4.32				2	
1	231 Peter Eddy	HASSRA	M65	3.18	2				

TJ

1	249 Troy Kennedy	Prison Service	M35	10.34					2
1	231 Peter Eddy	HASSRA	M65	6.70	2				

## Women

100m

1	275 Lesley Richardson	HASSRA	W40	17.0	2				
1	274 Kay Reynolds	HASSRA	W45	13.8	3				
2	264 Maureen Noel	DEFRA	W45	15.6			1		
1	220 Gaye Clarke	HASSRA	W50	16.3	2				
1	246 Grete Howarth	RCSL	W60	21.3		2			

200m

1	238 Sharon Greenwood	RCSL	W40	29.8		2			
1	264 Maureen Noel	DEFRA	W45	34.00				2	
1	288 Ros Townsend-Hope	HASSRA	W55	34.8	2				
1	246 Grete Howarth	RCSL	W60	49.5	R		4		

400m

1	238 Sharon Greenwood	RCSL	W40	65.1		3			
2	234 Susan Francis	Minerva	W40	70.3				1	
1	264 Maureen Noel	DEFRA	W45	85.1				2	
1	244 Jane Hodge	RCSL	W50	90.6		2			
1	288 Ros Townsend-Hope	HASSRA	W55	76.7	R	4			

## 800m

1	234 Susan Francis	Minerva	W40	02:33.4			4
2	238 Sharon Greenwood	RCSL	W40	02:40.0	2		
3	248 Sadie Jenkins	RCSL	W40	02:56.6	1		
1	266 Sue Oakes	RCSL	W45	02:59.0	3		
2	264 Maureen Noel	DEFRA	W45	03:16.1		1	
1	245 Barbara Holmes	Land Reg	W50	03:09.9			3
2	244 Jane Hodge	RCSL	W50	03:17.4	1		
1	288 Ros Townsend-Hope	HASSRA	W55	02:56.5	2		

## 1500m

1	264 Maureen Noel	DEFRA	W45	06:21.6			2
1	244 Jane Hodge	RCSL	W50	06:29.4	2		
1	284 Maggie Statham	Minerva	W55	06:09.8			<b>2</b>

## 3000m

1	248 Sadie Jenkins	RCSL	W40	12:25.1	2		
1	266 Sue Oakes	RCSL	W45	12:56.0	3		
2	264 Maureen Noel	DEFRA	W45	13:19.4		1	
1	245 Barbara Holmes	Land Reg	W50	13:14.7			4
2	244 Jane Hodge	RCSL	W50	13:25.7	2		
3	224 Ginette Craig	HASSRA	W50	14:21.3	1		
1	284 Maggie Statham	Minerva	W55	12:45.0			2

## 300mH

1	220 Gaye Clarke	HASSRA	W50	56.5	R	<b>4</b>	
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## 3000mW

1	264 Maureen Noel	DEFRA	W45	19:19.4			3
2	254 Pamela Abbott	DEFRA	W45	21:44.0			1
1	254 Geraldine Legon	Royal Mail	W50	20:32.0	R		6
2	244 Jane Hodge	RCSL	W50	20:37.0	2		

3	224	Ginette Craig	HASSRA	W50	22:12.1	1		
SP								
1	203	Cath Alford	RCSL	W40	9.09		3	
2	275	Lesley Richardson	HASSRA	W40	6.88	1		
1	274	Kay Reynolds	HASSRA	W45	8.19	3		
2	264	Maureen Noel	DEFRA	W45	4.57			1
1	230	Wendy Dunsford	HASSRA	W50	8.97	4		
2	220	Gaye Clarke	HASSRA	W50	7.76	2		
3	283	Wendy Sparrow	DSRA	W50	7.38		1	
DT								
1	261	Odette McHenry	Home Office	W35	21.75			2
1	203	Cath Alford	RCSL	W40	23.62		2	
1	230	Wendy Dunsford	HASSRA	W50	22.54	4		
2	220	Gaye Clarke	HASSRA	W50	14.26	2		
3	283	Wendy Sparrow	DSRA	W50	14.21		1	
JT								
1	202	Karen Addis	HASSRA	W40	28.20	3		
2	275	Lesley Richardson	HASSRA	W40	17.25	1		
1	274	Kay Reynolds	HASSRA	W45	22.61	2		
1	220	Gaye Clarke	HASSRA	W50	15.35	3		
2	283	Wendy Sparrow	DSRA	W50	11.40		1	
HT								
1	261	Odette McHenry	Home Office	W35	29.42			2
1	203	Cath Alford	RCSL	W40	32.06	R	4	
1	230	Wendy Dunsford	HASSRA	W50	29.46	5		
2	220	Gaye Clarke	HASSRA	W50	27.72	3		
3	254	Geraldine Legon	Royal Mail	W50	18.75			2
4	283	Wendy Sparrow	DSRA	W50	18.41		1	



HJ

1	275	Lesley Richardson	HASSRA	W40	1.05		2
1	274	Kay Reynolds	HASSRA	W45	1.40	R	4
1	220	Gaye Clarke	HASSRA	W50	1.30		2

LJ

1	275	Lesley Richardson	HASSRA	W40	3.15		2
1	220	Gaye Clarke	HASSRA	W50	4.01		2
1	246	Grete Howarth	RCSL	W60	2.47		2

TJ

1	275	Lesley Richardson	HASSRA	W40	7.43		2
1	246	Grete Howarth	RCSL	W60	5.17		2
						147 122 36 33 59 13 9 2 15 22 13 11	