Track & Field Championships

18th May 2011 Grangemouth Stadium 42nd Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m						
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

Overall Winners:

19th May 2010 Grangemouth Stadium 41st Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m						
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

Overall Winners:

20th May 2009 Grangemouth Stadium 40th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets	I McEwan	HMRC	13.24	A McEwan	HMRC	16.21
100m	C Milton	HMRC	12.47	F Sullivan	Sport Scotland	16.25
200m	C Milton	HMRC	25.44	F Sullivan	Sport Scotland	34.97
400m	S Riley	HMRC	58.55			
800m	D Will	HMRC	2.45.50	J Cowan	HASSRA	2.43.04
1500m	D Breen	HASSRA	5.04.14	J Cowan	HASSRA	5.37.90
3000m Vets				J Cowan	HASSRA	12.17.40
5000m	G Dick	HASSRA	18.12.22			
5000m Vets	D Breen	HASSRA	18.39.93			
4 * 100m		HMRC	51.69		Sport Scotland	70.79
Mixed Medley		HASSRA	4.43.35			
High Jump	M Anestik	Sport Scotland	1.75			
Long Jump	M Anestik	Sport Scotland	6.09	J Rammell	Forestry Commission	3.34
Shot	A McMillan	Sport Scotland	9.13	J Rammell	Forestry Commission	7.99
Discus	I McEwan	HMRC	27.70	J Rammell	Forestry Commission	21.99
Javelin	A McMillan	Sport Scotland	36.33	J Rammell	Forestry Commission	15.71

Overall Winners: Sport Scotland

21st May 2008 Grangemouth Stadium 39th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets	l McEwan	HMRC	13.3	R Duncan	HASSRA	16.9
100m	NA			A Milton	HMRC	17.6
200m	C Milton	HMRC	26.8	A Milton	HMRC	37.1
400m	G McCormick	HASSRA	61.0	B Sloss	HMRC	84.0
800m	A Campbell	HMRC	2.07	J Knowles	Prison Service	2.31
1500m	D Kirkwood	HASSRA	4.52	E Reid	DFID	5.52
3000m				J Knowles	Prison Service	10.32
3000m Vets				E Reid	DFID	12.14
5000m	S Riley	HMRC	18.17			
5000m Vets	J Duffy	HMRC	17.32			
4 * 100m		HMRC				
Mixed Medley		HASSRA				
High Jump	I McEwan	HMRC	1.55			
Long Jump	G Wright	SE	5.3	J Rammell	Forestry Commission	4.44
Shot	A McMillan	Sport Scotland	8.76	J Rammell	Forestry Commission	7.84
Discus	P Eddy	HASSRA	24.46	J Rammell	Forestry Commission	21.53
Javelin	A McMillan	Sport Scotland	34.70	R Duncan	HASSRA	14.42

Overall Winners: HMRC

23rd May 2007 Grangemouth Stadium 38th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m	D Gilmour	Prison Service	11.6	A McEwan	HMRC	16.7
100m Vets	D Gilmour	Prison Service	11.8	L Wrisberg	HMRC	16.0
200m	D Gilmour	Prison Service	23.7			
400m	S Toms	HMRC	66.6	M Burke	HMRC	1.46.0
800m	A Campbell	HMRC	2.08	J Cowan	HASSRA	2.56.0
1500m	J Duffy	HMRC	4.50.0	L Chisholm	HMRC	4.53.7
5000m Vets	J Duffy	HMRC	17.01.1			
5000m	A Callan	HMRC	17.47.0			
5000m Team						
3000m W				L Chisholm	HMRC	10.28.1
3000m W Vets						
3000m Sc				J Cowan	HASSRA	13.09.0
100m H						
110m H						
400m H						
High Jump	I McEwan	HMRC	1.60			
Long Jump	G Wright	SE	5.52	J Rammell	FC	3.39
Triple Jump						
Shot				J Rammell	FC	7.62
Discus	A Morrison	HASSRA	24.43	J Rammell	FC	21.77
Javelin	A Morrison	HASSRA	29.16	J Rammell	FC	14.20
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

Overall Winners: HMRC

2006 37th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

2005 36th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

2004 35th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

2003 34th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

2002 33rd Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

2001 32nd Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

2000 31st Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

1999 30th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

1998 29th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

1997 28th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

1996 27th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

1995 26th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

1994 25th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

1993 24th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						
4 * 100m						
Medley Relay						
Tug o'War						

1992 23rd Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m						
Mixed Medley		HMRC				
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

1991 Coatbridge 22nd Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m		HMRC			HMRC	
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

1990 Coatbridge 21st Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m					HMRC	
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

1989 Coatbridge 20th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m		HMRC			HMRC	
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

1988 Pitreavie 19th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m					HMRC	
Mixed						
Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

1987 Wishaw 18th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m						
Mixed						
Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

1986 Coatbridge 17th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m				HMRC		
Mixed						
Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

1985 Pitreavie 16th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m						
Mixed						
Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

2nd June 1984 Coatbridge 15th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets	C Macandie	British Telecomms	13.6			
100m	A Morrison	DHSS	11.4			
200m	A Bain	Inland Revenue	23.6			
400m	D Gray	DHSS	49.7			
800m	I White	Post Office	2.02.4			
1500m	W Nelson	British Telecomms	4.17.3			
1500m Vets	T Ramage	Post Office	4.51.2			
3000m SC	J Evans	British Telecomms	9.23.0			
5000m	J Elphinstone	Dept of Employment	15.48.0			
1500m Walk	S Reynolds	Inland Revenue	7.19.3			
400m H	J Inglis	MoD	59.4			
4 * 100m		HMRC	48.0			
Medley Relay		DHSS	3.49.3			
High Jump	P McGill	DHSS	1.80			
Long Jump	P McGill	DHSS	6.27			
Triple Jump	J Inglis	MoD	12.14			
Shot	J Inglis	MoD	9.64			
Discus	A Morrison	DHSS	29.74			
Javelin	J Inglis	MoD	48.71			

Men's Champions: J Inglis

Team Champions: DHSS

1983 Pitreavie 14th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						

1982 Aberdeen 13th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m	A Morrison	DHSS	11.2	L McCammon	Inland Revenue	12.5
200m	J Scott	DE	23.1	L McCammon	Inland Revenue	27.05
400m	J Scott	DE	50.9	L McCammon	Inland Revenue	62.7
800m	J White	Post Office	1.59.4	L Thomson	DHSS	2.24.1
1500m	J Duffy	MoD	4.13.3			
5000m	A Daly	Inland Revenue	15.24.7			
3000m W	S Reynolds	Inland Revenue	18.45.9			
3000m Sc	J Russell	DHSS	10.35.0			
High Jump	A Horrie	Customs & Excise	1.68			
Long Jump	A Bain	Inland Revenue	5.91	J Lynch	DAFS	4.92
Triple Jump	J Murray	DHSS	11.46	B Banks	Inland Revenue	1.10
Shot	D Cattanach	ВТ	10.39	S Cameron	DNS	9.72
Discus	D Cattanach	ВТ	30.13	S Cameron	DNS	28.23
Javelin	D Cattanach	ВТ	45.80	J Lynch	DAFS	28.52
100m Vets	A Graham	Inland Revenue	13.00			
1500m Vets	D Dunster	Customs & Excise	NT			
4 * 100m		Inland Revenue			DNS	
Medley Relay		DHSS				

1981 Stirling 12th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
5000m Team						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
4 * 100m						
Medley Relay						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						

1980 Grangemouth 11th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
4 * 100m						
Medley Relay						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						

1979 Meadowbank 10th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m				HMRC		
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus				L McCammon	HMRC	
Javelin				L McCammon	HMRC	

1978 Pitreavie 9th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m						
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus				L McCammon	HMRC	
Javelin				L McCammon	HMRC	

1977 8th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m						
Mixed						
Medley						
High Jump						
Long Jump						
Shot						
Discus				L Applegate	HMRC	
Javelin				L Applegate	HMRC	

3rd July 1976 Aberdeen 7th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m	I Walker		10.9			
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m						
Mixed						
Medley						
High Jump	R Walker		1.85 (6ft 0¾in)			
Long Jump						
Shot						
Discus				L Applegate	HMRC	
Javelin				L Applegate	HMRC	

1975 6th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
100m Vets Hand						
200m						
400m						
800m						
1500m						
3000m						
5000m						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
4 * 100m						
Medley Relay						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						

1974 5th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
3000m						
5000m						
3000m W						
3000m Sc						
100m H						
110m H						
400m H						
4 * 100m						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						

1973 4th Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m						
200m						
400m						
800m						
1500m						
5000m						
3000m W						
3000m Sc						
100m H						
110m H (Revived)						
400m H						
4 * 100m						
High Jump						
Long Jump						
Triple Jump						
Shot						
Discus						
Javelin						
Hammer						
Pole Vault						

1972 3rd Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m						
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

1971 2nd Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m				HMRC		
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin						

1970 1st Scottish CS Championship

Event	Male	Department	Time/Distance	Female	Department	Time/Distance
100m Vets						
100m						
200m						
400m						
800m						
1500m						
3000m Vets						
5000m						
5000m Vets						
4 * 100m				HMRC		
Mixed Medley						
High Jump						
Long Jump						
Shot						
Discus						
Javelin	D Evans	HMRC				

Cross Country Championships

Date	Venue	Men	Dept	Cat	Time	Team	Women	Dept	Cat	Time	Team
26/02/13	Stirling	J Inman	Forestry	SM	22.56		N Martin	DWP	FV	17.34	
08/02/12	Stirling	F Campbell		SM	18.11		J Cowan	DWP	FV	15.26	
2011											
10/02/10	Stirling	B Clark	Scottish Prison Service	S	29.46		J Knowles	Scottish Prison Service	F	25.24	
24/01/07	Stirling	S McGrory	MoD	S	24.56	Forestry Commission	E Reid	Dept for International Development	FV	23.20	HASSRA
25/01/06	Stirling	E Riddle	Scottish Prison Service	S	24.41	Scottish Prison Service	N McDonald	HASSRA		24.20	
26/02/04	Stirling	E Riddle	Scottish Prison Service		23.57	Prison Service	K Jenkins	Forestry Commission		20.34	HASSRA
31/01/02	Stirling	D Anderson	Forestry Commission		31.51	Forestry Commission	S Eadie	Inland Revenue		31.28	IR
28/01/98	Edinburgh	D Anderson	Forestry Commission		25.31	DSS	C-A Gray	Scottish Office		20.19	DSS
31/01/96	Edinburgh	G Gaffney	MoD	M40	28.31	MoD	A Hay	DSS	F35	19.05	200
21/01/89	East Kilbride	,				British Telecomm North					
03/02/88	East Kilbride										DHSS
22/01/84	Rosyth	T Ulliott	British Telecom		25.03	British Telecom	S Moran	SSHA		13.09	
30/01/83	Coatbridge	A Daly	Inland Revenue		29.19	British Telecom					
02/02/80	Coatbridge	W Nelson			34.42	Scottish Telecoms	B Gillespie			17.29	
29/01/77	Rosyth	A MacFarlane	Post Office Tel		24.35	Post Office Tel	E Walker	NSB		12.07	NSB

31/01/76		J Evans	Post Office Tel	24.01	Post Office Tel	J Couper	NSB	17.3	0 NSB
25/01/75	Stirling	J Evans	Post Office Tel	30.52	Post Office Tel				
13/03/71	Faslane	B Goodwin	GPO	26.45	GPO Glasgow				
07/03/70	Rosyth	B Goodwin	GPO	23.48	GPO Glasgow				
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Road Relay Championships

Date	Men's Team	Time	Fastest Leg	Dept	Time	Women's Team	Time	Fastest Leg	Dept	Time
2012										
26/10/11	HASSRA	55.34	J Cassidy	Army Pensions	17.12	HASSRA	67.37	J Cowan	HASSRA	21.02
27/10/10	Army Personnel	54.25	R Currie	Army Personnel	17.40	HASSRA	HASSRA 66.15 J Cowan HASSRA		HASSRA	20.43
2009	Scottish Prison Service	50.58	D McCormack	Army Personnel	16.29	Scottish Prison	61.18	J Knowles	Scottish Prison	17.37
						Service			Service	
2008	Scottish Prison Service	52.50	B Clark	Scottish Prison	16.34	Scottish Prison	61.42	J Knowles	Scottish Prison	17.36
				Service		Service			Service	
24/10/07	Scottish Prison Service	48.31	E Riddle	Scottish Prison	15.46	HASSRA	65.47	E Reid	International	19.30
				Service					Development	
2006	HMRC	53.18	D McGougan	Scottish Prison	16.23	DWP	67.19	S Eadie	HMRC	19.31
				Service						
2005	Scottish Prison Service	50.24	D Beagly	FC	15.51	DWP	66.26	A Hay	DWP	19.38
27/10/04	Scottish Prison Service	50.28	E MacIntosh	Prison Service	16.24	HASSRA	63.50	M Wood	HASSRA	19.22
30/10/03	HASSRA	50.32	J Duffy	Inland Revenue	16.28	Inland Revenue	67.08	S Eadie	Inland Revenue	19.08
30/10/02	HASSRA	52.03	B Gallagher	HASSRA	16.38	HASSRA	66.53	P Blyth	HASSRA	21.59
2001	MoD	50.30	G Gaffney	MoD	16.04	HASSRA	72.46	S Eadie	Inland Revenue	20.50
2000										
27/10/99	MoD	49.30	G Gaffney	MoD	15.50	HASSRA	65.37	A Morrison	HASSRA	19.01
1998										
29/10/97						Rowett Institute	66.10	C Reid	Rowett Inst	20.24
						Aberdeen				

06/11/96	MoD	43.00	G Gaffney	MoD	14.05					
28/10/87										
31/10/84	Inland Revenue	42.07	A McAngus	National Savings	13.04	National Savings	56.40	H MacDuff	SSHA	16.43
				Bank		Bank				

2006 saw the 1st Ernie Letley Shield Scottish Civil Service Relays

10 Mile Championships

Date	Venue	Men	Dept	Cat	Time	Team	Women	Dept	Cat	Time	Team
09/04/86	Strathclyde	A Daly	Inland Revenue	М	51.33	British Telecom					
	Park										
1985	Strathclyde	A McAngus	National Savings	М	52.37	British Telecom	E Masson	National Savings Bank		66.54	NSB
	Park		Bank								

14th Jan 1992 Scottish Civil Service Indoor Championships

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