CIVIL SERVICE ATHLETIC ASSOCIATION

**Road Walking Championships**

**Wednesday 25 September 2019**

## **CANNON HILL PARK, BIRMINGHAM**

 (Changing/HQ at Tally-Ho Police Sports Ground)

## 1.30 p.m. start

### Men – 10 kilometres Women - 5 kilometres

Trophies to winning teams and individuals. Team race - 6 to walk, 3 to count.

Medals to first 3 individuals in each race and team medals according to entry.

Special novice and veteran awards.

Queenborough and Braben-Whiffen Trophy points to first 6 individuals and teams.

Entries (fee £5 per individual, no team fee, payable to "CSAA"), to:

Steve Uttley, 30 Balliol Road, Bicester, Oxon. OX26 4HP

telephone 07727 187966 (mobile); email mailto:sjuttley@gmail.com

Online to: Bank Account: **Santander** Account Name: **Civil Service Athletic Association**

Sort Code: **09-01-54** Account no: **13902900** Reference: **Your Surname and Department**

Closing date – 20 September 2019

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## Entry Form – Civil Service road walks

(team managers may submit a block entry, with CSSC numbers)

Please enter me for Men’s 10 kilometres/ women’s 5k

**NAME:** ……………………………………………

**Department** (if Post Office, give region): ………………………………

Are you a veteran/master (Men or Women over 35): Yes/No

Are you a “novice” race walker (not a regular

competitor and never have been): Yes/No

**Civil Service Sports Council membership number:** ………………

(if you aren’t a member an application form can be provided or look at www.cssc.co.uk)

Address: ……………………………………………………………………

……………………………………………………………………………….

Email: ………………………………………………………………….

Telephone: ………………………………………………………………...

I enclose entry fee of £5, payable to CSAA.

Signed: …………………………………… date: ………………………