



# **CIVIL SERVICE ATHLETIC ASSOCIATION**

## **ANNUAL CROSS COUNTRY CHAMPIONSHIPS**

**PARLIAMENT HILL FIELDS, LONDON**  
**WEDNESDAY 11 October 2017**

**Men 10K & Women 7K – Both races start at 14.00**

**REGISTRATION AT PARLIAMENT HILL ATHLETICS TRACK, HIGHGATE ROAD NW5 1QR**

### **Medals To:**

- **First three in each race.**
- **First veteran, man and woman, in each of the age categories 35+, 40+, 45+, 50+, 55+, 60+, 65+.**
- **First three Departmental men's teams ( 4 to count )**
- **First Departmental men's V35 & V50 teams ( 3 to count )\***
- **First three Departmental women's teams ( 3 to count )**
- **First Departmental women's Vets.' Team. ( 3 to count )\***

\*Vets.' team medals are awarded on the basis of finishing positions in the vets.' races

**ENTRIES CLOSE ON FRIDAY 6 October 2017**

*If you require an acknowledgement, please enclose s.a.e.*

*All entrants must be members of the Civil Service Sports Council*

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## **VETERANS – FOR BOTH MEN AND WOMEN 35 AND OVER**

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**I am a veteran and my age on the race day is: .....**

**Please enter me for the MEN'S \* / WOMEN'S \* RACE (\*delete as appropriate)**

**I enclose my entry fee of £5.00. Cheques to be made out to CSAA**

**NAME.....e- mail.....**

**DEPARTMENT/ORGANISATION.....**

**ADDRESS.....**

**CSSC NUMBER.....Tel. No.....**

### **ENTRIES TO & DETAILS FROM:**

Gerry Trainer 7 Daisy Bank, Richmond Hill, Cannock, Staffs. WS12 4SP

**Phone:** 03000 546285 (office) **Mobile:** 07903 743767

**e-mail:** [Gerry Trainer](mailto:Gerry.Trainer@csaa.gov.uk)