

Civil Service Athletic Association

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1 CSAA Aims and Objectives

The CSAA aims to encourage active participation in athletics amongst all Civil Servants, men and women, who are members of the Civil Service Sports Council. The Association's Committee acts on this remit by organising an annual series of national championship events, and also entering representative teams in matches against the RAF, the Police and the Fire Service. As part of its wider involvement in Civil Service athletics the Committee maintains links with Regional and Departmental Organisers in an attempt to ensure that events are run to a high standard and that participation records are maintained to illustrate the numbers taking part.

The Whole Sport Plan for 2013 reiterates the main principles for CSAA:

“During the last couple of years the focus of how events are promoted by CSAA has changed and the focus on the Queenborough Trophy and Championships is being replaced by activity challenges over different distances and terrain. This focus of attention reflects the growing trend towards Health and Fitness initiatives within the work place and CSAA are keen to encourage grassroots participation and to build upon the legacy left by the Olympic Games and ‘inspire a new generation of athletes’. Working with CSSC, CSAA believe that in 2013 this can be achieved, despite the cutbacks in the workplace.”

The Table below highlights the participation levels over the last six years, where figures are available, and illustrates the great number of events that are now available to athletes within the Civil Service. These along with the CSSC Race Subsidy Scheme provide CSSC members with every opportunity to take part in Sport and increase their overall health and wellbeing which are seen as key areas by health and welfare organisations both within and outside of Government. The increase in members availing themselves of the subsidiary is highly encouraging and it would be nice to see more of them taking part in National and Regional events.

Event - 2012	2012	2007 Nos	2008 Nos	2009 Nos	2010 Nos	2011 Nos
CS 10k	355	81	167	153	146	143
Jubilee 3k	49		31	15	9	Not Held
Jubilee 1m Walk	43					
CS Half Marathon	17	11	6	26	18	34
CS Masters T&F	90	99	110	110	96	101
CS Race Walk	22	23	25	20	21	24
CS Relays	66	91	69	77	69	72
CS T&F	60	85	115	98	117	68
CS XC	112	118	126	131	100	152

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SB/SEAX T&F	Not Held			25	23	Not Held
SB/SEAX XC	Not Held			13		Canc
RAF Rep XC (inc SB/SEAX 2012)	20			13	11	16
Cross Campus Challenge	NA			40		Not Held
Anglo-Dutch XC	NA		8	3	7	Not Held
London City T&F			6	9	8	
London Business Houses Relay	18	18	NK	13	14	22
London Business Houses 5m					6	3
Midlands XC	Not Held	20	NK			
MoD T&F	40	64	NK	66	56	
MoD XC	Within CSAA XC			82	62	61
NWCS 5m/5k	Not Held	29	25	-	4	Not Held
NWCS Fell Race	Not held	17	12	8		Not held
NWCS Relays	Not Held	28	47	27		Not Held
NWCS XC	Not Held	31	27			Not Held
Scottish XC	16	48	NK		27	
Scottish T&F			44	48		31
Scottish Road Relays				49	14	24
Yorkshire CSSC XC						13
Yorkshire RCSL T&F		45	50			

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HMRC Sports Day			157	148	126	
CSSC Race Subsidy Scheme	1,336			250	280	684
Midland Services League Race 5	9			12	10	6
Midland Services League Race 6	5			6	7	8
Midland Services League Race 7	6				8	8
Midland Services League Race 8	3			8	7	6
Midland Services League Race 9	2					6
Midland Services League Race 10	7					6
Midland Services League Race 1	7				14	5
Midland Services League Race 2	5			10	12	6
Midland Services League Race 3	5			16	4	
Midland Services League Race 4	6			10	7	
Total	2,299	808	1,025	1,486	1,283	1,499

2007 Participation	2008 Participation	2009 Participation	2010 Participation	2011 Participation	2012 Participation
808	1,025	1,486	1,283	1,499	2,299

2 The CSAA Committee

The CSAA is an elected body and the Committee meets three times a year to discuss matters relating to the forthcoming events. The AGM is held in January to which all members are welcome to attend. There are places on the Committee for anyone who is genuinely interested in contributing to the CSAA. However, anyone who is prepared to assist at any of the Championship Meetings without the responsibility of becoming a Committee Member is equally welcome. If anyone wishes to discover more about what is involved or offer their services for a particular event please contact the Secretary.

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Committee Members for 2012

President Sir Anthony Battishill / Marian Holmes OBE

Chairman: Gerry Trainer

Secretary: Nick Hume

Treasurer: Paula Booth

Vice Presidents: Ken Best, Bill Berry, Brian Craig,

Dave Evans, John Hall, Neil Hornsby,

Alan Mason, Roger Smith, Ted Wingrove

Committee: Bob Brimage, Gaye Clarke, Grete Howarth

Bill Kingston, Steve Marklew, Steve Norris,

Ian Statter, Liz Stavreski, Ros Townsend-Hope

At the Diamond Jubilee Event in May Sir Anthony stepped down as the CSAA President after many years in the post and was presented with a number of farewell gifts as a tribute to his dedicated service. In his place CSAA was proud to announce that Marian Holmes had agreed to accept the role as President and has already supported her first event at the Cross Country Championships.

Within the Committee there is a wide range of knowledge and experience that covers all aspects of the athletics spectrum. A number of members also serve in volunteer capacities from national to local level for Clubs, Counties and National Associations and/or are qualified Coaches, and/or Officials thus bringing increased expertise to the organisation of CSAA events. .

3 The Queenborough Championship Events

There are seven Championship Events which together form the Queenborough Championships for the best Department/Sports Association with the Braben-Whiffen Trophy for the most improved Department.

The following Tables highlight the top 3 athletes and Departments in each of the Queenborough events during 2012 and it is always pleasing to see some of the smaller Government Departments taking some of the honours though the large Departments still continue to dominate most of the events.

Event - Individuals	1 st	Dept	2 nd	Dept	3 rd	Dept
10k – Men	G Pennington	HMRC	D Speck	DEFRA	N Morgan	DEFRA
10k – Women	E Antcliffe	DEFRA	R Lund	MINERVA	A Allen	HASSRA
Race Walk – Men	S Uttley	Justice Dept	J Hall	DEFRA	J Llewellyn	DEFRA
Race Walk - Women	L Bradley	HMRC	M Noel	DEFRA	T Mills	HMRC
Road Relay – Fastest Men	M Cummings	HMRC	D Speck	DEFRA	S Hallas	HMRC
Road Relay – Fastest Women	K Blake	HMRC	S Francis	Minerva	E Antcliffe	DEFRA

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Cross Country – Men	O Edwards	FCO	A Allen	MoD	S Norris	MoD
Cross Country - Women	K Blake	HMRC	A Allen	HASSRA	D Morley	HMRC
Half Marathon – Men	G Pennington	HMRC	A Wilcox	HASSRA	D Winter	HASSRA
Half Marathon - Women	B Wright	NHS	G Hynes	NICS AA	A Adair	NICSS AA

Event - Teams	1 st Team	2 nd Team	3 rd Team
10k – Men	MoD	HMRC	HASSRA
10k – Women	DEFRA	MINERVA	HASSRA
Race Walk – Men	HMRC	HASSRA	DEFRA
Race Walk - Women	HMRC	DEFRA	Royal Mail
Road Relay – Men	HMRC	DEFRA	HASSRA
Road Relay – Women	HMRC	HASSRA	MINERVA
Cross Country – Men	MoD	DEFRA	HASSRA
Cross Country - Women	HMRC	HASSRA	DEFRA
Half Marathon	HMRC	HASSRA	NICSS AA
Open T&F	RCSL	HASSRA	MINERVA
Masters T&F	HASSRA	RCSL	MINERVA

Event	Venue	Organiser(s)
10k	Battersea Park, London	G Trainer, T Wingrove
Race Walk	Cannon Hill Park, Birmingham	J Hall
Road Relay	Finsbury Park, London	G Trainer, R Smith
Cross Country	Parliament Hill, London	G Trainer
Half Marathon	Freckleton	N Hume
Open Track & Field	Nuneaton	B Brimage, N Hornsby, B Craig
Masters Track & Field	Battersea Park	G Clarke, J Hall

Once again CSAA provided a full programme of Championship events starting with the popular 10k Road Race in Battersea Park, London. This year a Diamond Jubilee event was also held in conjunction with CSSC which included a One Mile Walk and 3k Fun Run. It was a pleasure to welcome along as guest of honour the Patron of CSSC, the Duchess of Gloucester. She started the 10k Race and made a presentation to Sir Anthony as well as being introduced to members of the CSAA Committee and CSSC.

The Half Marathon Championships were once again incorporated within the Freckleton Half Marathon Race near Preston. This was another good day with a number of CSSC members making long journeys to compete for their teams. The main Track & Field Championships again saw a drop in numbers, even though the central location of Nuneaton, was ideal for transport links. The Master's Track and Field was a successful event but thought will be given to holding a combined Track and Field Championships for Open and Masters in 2013. The Race Walk Championships was well organised by the Police as it was held within the Ryan Cup event which CSAA retained.

The Road Relays is always a very enjoyable team event but numbers could be better, if more Departments supported it. However the numbers taking part remain consistent and Finsbury Park is an ideal venue. The final event of the year was the Cross Country at London's Parliament Hill which again hosted the HMRC & MoD Championships within the race. Numbers were down on 2011 as the

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race had to be re-arranged at short notice due to a clash of dates and half term week meant that some athletes were away with families.

Overall the standard of competition remains high and is comparable to open events held week in and week out around the country. With even more pressure within the work place and on-going funding cuts CSAA strives to provide value for money throughout the year.

Thanks must go to Gerry Trainer, Ted Wingrove, Roger Smith, Gaye Clarke, Bob Brimage, Neil Hornsby, John Hall, Brian Craig and Nick Hume who all played major roles in the successful organisation of the events and all the other Committee Members who play their part in promoting athletics within the Civil Service.

At the 2012 CSSC Annual Conference the Hayward Trophy for Best SRB was awarded for 2011 to CSAA. This was the first time that a SRB had won the trophy three times which is recognition that CSAA continues to evolve with the times and moves forward positively in meeting the challenges imposed by budgetary cuts and the reduction in Civil Service numbers.

Final Queenborough Positions for 2011 -12

	Race Walk	Vets T&F	Relay	XC	Half Marathon	10k	T&F	Total	Pos	10/11 Pos
HMRC	51	50	63	46	30	37	313.5	590.5	1	1
HASSRA	25	60	54	29	25	28	267	488	2	2
DEFRA	36	35	21	24		52	73	241	3	4
MOD		35		48		33	104	220	4	5
MINERVA		17.5	12	22		24	112	187.5	5	3
HOME OFFICE		7.5	14			3	42	66.5	6	8
ORD SURVEY			19	16		10	7	52	7	7
ROYAL MAIL	33						9	42	8	14
BT							36.5	36.5	9	13
LAND REGISTRY		5	21			1		27	10	9
MIN OF JUSTICE	13						9	22	11	15=
NICSS AA				21				21	12	
STFC							19	19	13	
HESKETH HOUSE NHS PA					7			7	14	11=
CACSSA				4				4	15	6
EGCD	3							3	16	
HOUSES of PARLIAMENT				1				1	17=	15=
NATURAL HISTORY MUSEUM						1		1	17=	

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4 CSAA Whole Sports Plan 2012 and Outcomes

The Whole Sports Plan for 2012 identified the following Targets

- To encourage participation in athletic events against a cultural and financial step-change within Government. The data maintained by CSAA during the last 4 - 5 years enables the CSAA Committee to monitor these changes upon our events and take proactive measures where possible.

Outcome: Despite cutbacks within the Civil Service numbers remain consistent and CSAA provides sufficient opportunities for athletes of all abilities to participate.

- To encourage CSSC to continue with the Half Marathon Subsidy Scheme introduced in 2009 which has proved very popular with CSSC members and the 10k Scheme introduced in 2011. The indications are that those who claim their refunds are a different participation group to those who regularly compete in CSAA Championships. That is they are not offered funding by their DA or Sports Body to participate in CSAA events during the working week.

Outcome: The Subsidy Scheme has gone from strength to strength but the challenge is to encourage these members to participate in the events organised by CSAA, Departments and Regions.

- To continue with the annual visit to Holland which provides an opportunity for any CSAA athlete to compete alongside Dutch Civil Servants which has certainly helped to promote inter-Departmental friendship within the UK and closer liaison with our Dutch European counter-parts. Also to continue to invite the Dutch to compete in the CSAA Cross Country Championships as they have done on a regular basis since 1995.

Outcome: The take up for this has fallen so will not be officially continued though members may make their own arrangements.

- To continue the links established with Scotland and Regional Race organisers in the North West, London and Yorkshire who actively promote athletic events;

Outcome: This has become more difficult for Regional Organisers as time and numbers have meant that some events have not been held or reduced fields have been seen.

- To provide advice and guidance to any other area which seeks to organise their own local Championships or any Department looking to host their own Championship within a CSAA event;

Outcome: MoD and HMRC have held successful Departmental Championships within the 10k and cross Country and other Departments would be supported if they wished to do so.

- To field full Representative Teams in the 2 Cross County Fixtures that have traditionally been supported by CSAA and one Track & Field Match.

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Outcome: This has become more challenging to achieve as Middlesex have withdrawn from the Sefton-Brancker Trophy. Also the recent announcement regarding CSSC Representative Sport poses a number of interesting questions and debates.

- As a one-off for the 2012 Olympic Year CSAA have been invited to enter teams in the Green Belt Relay, which will hopefully start and finish in the Olympic Park and circles the M25. The event spans two days with teams of 11 or 12 runners (if a 2012 format is adopted with new route) running one stage each day. The event is organised by a Civil Servant who works for Jobcentre Plus within DWP and has been held for over 15 years. If CSAA are successful in securing funding for one or two teams to compete, it is proposed that runners seek sponsorship with donations going to an agreed Charity via a Just Giving WebPage. Further details are contained in Section 10 and the Budget Submission paper.

Outcome: CSSC decided not to provide funding for this event so it was not progressed.

5 Final Round-Up

Once again CSAA was proud to have a winner of one of the main CSSC awards when HMRC athlete Dave Long was presented with the Warren Fisher Trophy for Best Sportsman for 2011 at the 2012 Annual Conference.

A number of CSSC athletes gained representative honours at Senior and Master's level for Track and Field, Road Racing and even Fell Running.

CSAA continues to communicate with its athletes via the excellently maintained CSAA website at www.csaa.org.uk which provides information on all Queenborough events and Regional Championships where known plus results within a day or two of the event. The CSSC website provides a link to the CSAA website thus increasing the opportunity for new participants to become involved in one of the events. These channels are obviously successful as can be seen from the uptake of the CSSC Half Marathon and 10k Subsidy Schemes.

Finally I pay tribute to the hard working and dedicated Committee who give countless hours to ensuring that athletics events for Civil Servants are organised to the very highest standards with due consideration for the Health & Safety of all competitors. At all events Medical personnel are in attendance but fortunately are very rarely required to exercise their knowledge and skills. As volunteers much of the expertise within the Committee is also fed back into local athletic clubs, County and National Associations and/or by coaching or officiating at meetings up and down the country. Volunteers are the lifeblood of the Committee and without this dedication the CSAA would not be the vibrant Association that it continues to be and is fully prepared to meet the great challenges that are coming over the next few years. The assistance of the CSSC staff at events such as the 10k is always very welcome, whilst for other events local officials (England Athletics qualified) are only too happy to assist, as they know that CSAA events are well run and the offer of refreshments and travel expenses is always welcome!

In summary CSAA has maintained its long held traditions during a very challenging 2012, whilst continuing to adopt a flexible approach to changing situations within the Civil Service. The 2012 Olympic and Paralympic Games have left a legacy which all sporting organisations are hoping will be a catalyst for increased participation and also a new influx of volunteers, but only time will tell if this hope is realised. However, CSAA is ready to welcome athletes of all abilities to its events and to

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encourage new volunteers to assist with assisting at events and taking on new roles within the Committee.

Nick Hume

**CSAA General Secretary
January 2013**

2012 Gallery: Diamond Jubilee Challenge

