

Civil Service Athletic Association

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1 CSAA Aims and Objectives

The CSAA aims to encourage active participation in athletics amongst all Civil Servants, men and women, who are members of the Civil Service Sports Council. The Association's Committee acts on this remit by organising an annual series of national championship events, and also entering representative teams in matches against the RAF, the Police and the Fire Service. As part of its wider involvement in Civil Service athletics the Committee maintains links with Regional and Departmental Organisers in an attempt to ensure that events are run to a high standard and that participation records are maintained to illustrate the numbers taking part.

The Whole Sport Plan for 2011 reiterated the main principles for CSAA:

"The Whole Sport Plan is designed to set out the strategy for 2011 and outline the main Championship events to be staged by CSAA, often in conjunction with CSSC. The main aim of this paper is to continue to develop and promote the sport within the Civil Service and other related Bodies. Whilst CSAA has often been seen as a Championship provider, with the Queenborough Trophy often the focus of attention, the last few years have reflected the growing trend towards Health and Fitness initiatives within the work place and CSAA has been keen to encourage grassroots participation which help to ensure that the delivery, on-going participation, enjoyment and sustainability of Athletics continues within the Civil Service, especially as the 2012 Olympics grow ever closer"

The Table below highlights the participation levels over the last five years and illustrates the great number of events that are now available to athletes within the Civil Service. These along with the CSSC Half Marathon & 10k Subsidy Scheme provide CSSC members with every opportunity to take part in Sport and increase their overall health and wellbeing which are seen as key areas by health and welfare organisations both within and outside of Government.

Event - 2011	Men	Women	Total	2007 Nos	2008 Nos	2009 Nos	2010 Nos
CS 10k	103	40	143	81	167	153	146
Capital Challenge 3k			Not Held		31	15	9
CS Half Marathon	24	10	34	11	6	26	18
CS Masters T&F	77	24	101	99	110	110	96
CS Race Walk	17	7	24	23	25	20	21
CS Relays	48	24	72	91	69	77	69
CS T&F	52	16	68	85	115	98	117
CS XC	103	49	152	118	126	131	100
SB/SEAX T&F			Not Held			25	23
SB/SEAX XC			Canc			13	
RAF Rep XC	10	6	16			13	11

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Cross Campus Challenge			Not Held			40	
Anglo-Dutch XC			Not Held		8	3	7
London City T&F					6	9	8
London Business Houses Relay	16	6	22	18	NK	13	14
London Business Houses 5m	2	1	3				6
Midlands XC				20	NK		
MoD T&F				64	NK	66	56
MoD XC	42	19	61			82	62
NWCS 5m/5k			Not Held	29	25	-	4
NWCS Fell Race			Not held	17	12	8	
NWCS Relays			Not Held	28	47	27	
NWCS XC			Not Held	31	27		
Scottish XC				48	NK		27
Scottish T&F					44	48	
Scottish Road Relays	15	9	24			49	14
Yorkshire CSSC XC	11	2	13				
Yorkshire RCSL T&F				45	50		
HMRC Sports Day					157	148	126
CSSC Half Marathon Scheme			403			250	280
CSSC 10k Scheme			281				
Midland Services League Race 5	6		6			12	10
Midland Services League Race 6	7	1	8			6	7
Midland Services League Race 7	8		8				8
Midland Services League Race 8	6		6			8	7

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Midland Services League Race 9	6		6				
Midland Services League Race 10	6		6				
Midland Services League Race 1	5		5				14
Midland Services League Race 2	6		6			10	12
Midland Services League Race 3						16	4
Midland Services League Race 4						10	7
Total	570	214	1,468	808	1,025	1,486	1,283

2007 Participation	2008 Participation	2009 Participation	2010 Participation	2011 Participation
808	1,025	1,486	1,283	1,468

2 The CSAA Committee

The CSAA is an elected body and the Committee meets three times a year to discuss matters relating to the forthcoming events. The AGM is held in January to which all members are welcome to attend. There are places on the Committee for anyone who is genuinely interested in contributing to the CSAA. However, anyone who is prepared to assist at any of the Championship Meetings without the responsibility of becoming a Committee Member is equally welcome. If anyone wishes to discover more about what is involved or offer their services for a particular event please contact the Secretary.

Committee Members for 2011

President Sir Anthony Battishill

Chairman: Gerry Trainer

Secretary: Nick Hume

Treasurer: Paula Booth

Vice Presidents: Ken Best, Bill Berry, Brian Craig,
Dave Evans, John Hall, Neil Hornsby,
Alan Mason, Roger Smith, Ted Wingrove

Committee: Bob Brimage, Gaye Clarke, Bill Kingston,

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Steve Marklew, Steve Norris, Ian Statter,

Liz Stavreski, Ros Townsend-Hope

Within the Committee there is a wide range of knowledge and experience that covers all aspects of the athletics spectrum. A number of members also serve in volunteer capacities from national to local level for Clubs, Counties and National Associations and/or are qualified Coaches, and/or Officials thus bringing increased expertise to the organisation of CSAA events.

The Committee are also grateful for the active role that Sir Anthony continues to play within the Association and his presence at those events that he can attend is always as pleasure.

3 The Queenborough Championship Events

There are seven Championship Events which together form the Queenborough Championships for the best Department/Sports Association with the Braben-Whiffen Trophy for the most improved Department.

The following Tables highlight the top 3 athletes and Departments in each of the Queenborough events during 2010 and it is always pleasing to see some of the smaller Government Departments taking some of the honours though the large Departments still continue to dominate most of the events.

Event - Individuals	1 st	Dept	2 nd	Dept	3 rd	Dept
10k – Men	J Bradley	CACSSA	G Pennington	HMRC	N Gould	HoP
10k – Women	R Elkins	CACSSA	K Beecher	MoD	A Rudgley	OS
Race Walk – Men	S Uttley	Justice Dept	D Turner	PO	J Hall	DEFRA
Race Walk - Women	L Bradley	HMRC	M Noel	DEFRA	P Evans	HMRC
Road Relay – Fastest Men	M Cummings	HMRC	G Pennington	HMRC	A Norton	HMRC
Road Relay – Fastest Women	S Robson	Minerva	S Francis	Minerva	J Palmer	HASSRA
Cross Country – Men	M Cummings	HMRC	A Norton	HMRC	J Bradley	CACSSA
Cross Country - Women	K Beecher	MoD	E Antcliffe	DEFRA	D Morley	HMRC
Half Marathon – Men	G Pennigton	HMRC	J Mitchell	MoD	S Hallas	HMRC
Half Marathon - Women	C Betmead	NHS	L Barry	CACSSA	B Wright	NHS

Event - Teams	1 st Team	2 nd Team	3 rd Team
10k – Men	HMRC	HASSRA	MoD
10k – Women	CACSSA	HASSRA	DEFRA
Race Walk – Men	HMRC	PO	DEFRA
Race Walk - Women	HMRC	HASSRA	DEFRA
Road Relay – Men	HMRC	HASSRA	DEFRA
Road Relay – Women	HASSRA	HMRC	HO
Cross Country – Men	HMRC	MoD	HASSRA
Cross Country - Women	MoD	DEFRA	HASSRA
Half Marathon	HMRC	HASSRA	NHS

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Event	Venue	Organiser(s)
10k	Battersea Park, London	G Trainer, T Wingrove
Race Walk	Cannon Hill Park, Birmingham	J Hall
Road Relay	Finsbury Park, London	G Trainer, R Smith
Cross Country	Parliament Hill, London	G Trainer
Half Marathon	Freckleton	N Hume
Open Track & Field	Nuneaton	B Brimage, N Hornsby, B Craig
Masters Track & Field	Loughborough	G Clarke, J Hall

Once again CSAA provided a full programme of Championship events starting with the popular 10k Road Race in Battersea Park, London before moving to a new venue for the Half Marathon at Freckleton near Preston. This proved to be a great success as a record number of CSSC members took part with some making very long journeys to compete for their teams. The main Track & Field Championships saw a drop in numbers, even though the central location of Nuneaton, was ideal for transport links. This downward trend is something that the Committee hope will be reversed in 2012 especially with the London Olympics. The Master's Track and Field, held within the CSSC Games at Loughborough, was a huge success with many athletes enjoying the chance to stay over and socialise with friends and colleagues. The Race Walk saw increased participation and CSAA retained the Ryan Cup against the Police. The Road Relays continue to hold their own but it would be nice to see more Departments turning out, rather than the usual big four or five. The final event of the year was the Cross Country at London's Parliament Hill which saw the largest turn out of athletes for a number of years, helped by the decision of HMRC & MoD to include their own Championships within the race.

Overall the standard of competition remains high and is comparable to open events held week in and week out around the country. Adverse press comments following the CSSC Games certainly impacted the turnout at the Relays, but the sharp downturn in numbers that was feared following the economic downturn and Departmental downsizing has not drastically reduced numbers. Hopefully as CSSC, along with the Civil Service, continue to promote the positive benefits of exercise these events will continue to hold their own in the years to come.

Thanks must go to Gerry Trainer, Ted Wingrove, Roger Smith, Gaye Clarke, Bob Brimage, Neil Hornsby, John Hall, Brian Craig and Nick Hume who all played major roles in the successful organisation of the events. Whilst Teams and athletes from the large Departments continued to dominate most events it was good to see some success for CACSSC, NHS Pensions Agency, Justice Department and Ordnance Survey.

Final Queenborough Positions for 2010 -11

	Race Walk	Vets T&F	Relay	XC	Half Marathon	10k	T&F	Total	Pos	09/10 Pos
HMRC	45	35	64	42	31	41	380	638	1	1
HASSRA		60	45.5	41	17	38	231	432.5	2	2
MINERVA		44.5	11	5	9	12	166	247.5	3	3
DEFRA	31	20	42	30		16	93	232	4	4
MOD		15		5	5	32	90	147	5	5
CACSSA				18	5	33		56	6	10

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ORD SURVEY			23.5	6		15	9	53.5	7	8
HOME OFFICE		22.5	1		9		20	52.5	8	6
LAND REGISTRY		15	21	9				45	9	16
SPARTA				32				32	10	9
HESKETH HOUSE NHS PA					25			25	11=	
PRISON SERVICE	4				3		18	25	11=	7
BT							22	22	13	11
ROYAL MAIL	11						4	15	14	15
MIN OF JUSTICE	4							4	15=	13=
HOUSES of PARLIAMENT						4		4	15=	

4 CSAA Whole Sports Plan 2011 and Outcomes

The Whole Sports Plan for 2011 identified the following Targets

- To encourage participation in athletic events against a cultural and financial step-change within Government. The data maintained by CSAA during the last 4 years will enable the CSAA Committee to monitor these changes upon our events and take pro-active measures where possible.

Outcome: This target was achieved against many challenges for staff within the context of Civil Service staffing reductions and budget cuts.

- To encourage CSSC to continue with the Half Marathon Subsidy Scheme introduced in 2009 which has proved very popular with CSSC members. At this time it is not known whether this will continue in 2011.

Outcome: This along with the introduction of the 10k Subsidy certainly proved a success given the numbers who took advantage of it.

- To continue with the annual visit to Holland which provides an opportunity for any CSAA athlete to compete alongside Dutch Civil Servants which has certainly helped to promote inter-Departmental friendship within the UK and closer liaison with our Dutch European counter-parts.

Outcome: This became more low key as CSSC withdrew their funding for this but one or two athletes did make their own way to The Hague

- To continue the links established with Scotland and Regional Race organisers in the North West, London and Yorkshire who actively promote athletic events.

Outcome: Probably not as successful as it could be as no events took place in the North West due to lack of time from the organiser. However the events in London organised by the London Business Houses and the enthusiasm of John O'Shea (BIS) ensured that CSSC representation was maintained.

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- To provide advice and guidance to any other area which seeks to organise their own local Championships or any Department looking to host their own Championship within a CSAA event.

Outcome: HRMC and MoD held successful Championships within CSAA events which helped all parties achieve successful outcomes and the benefits of combining events and resources.

- To field full Representative Teams in the annual Sir Sefton Brancker and SEAX Trophy matches and work with the RAF and especially Middlesex to ensure that these fixtures continue along with the RAF v Police V Fire Service XC Match.

Outcome: Middlesex withdrew from the Sefton Brancker but the RAF continue to offer an opportunity to compete against themselves and other representative teams.

5 Final Round-Up

Once again CSAA was proud to have a winner of one of the main CSSC awards when HMRC athlete Gary Pennington was presented with the Warren Fisher Trophy for Best Sportsman for 2010.

A number of CSSC athletes gained representative honours at Senior and Master's level for Track and Field, Road Racing and even Fell Running.

CSAA won the Sir Sefton Brancker and SEAX Trophies over the Cross Country against the RAF, as Middlesex had pulled out of the competition and hence the Track and Field did not take place this year.

CSAA continues to communicate with its athletes via the excellently maintained CSAA website at www.csaa.org.uk which provides information on all Queenborough events and Regional Championships where known plus results within a day or two of the event. The CSSC website provides a link to the CSAA website thus increasing the opportunity for new participants to become involved in one of the events. These channels are obviously successful as can be seen from the uptake of the CSSC Half Marathon and 10k Subsidy Schemes.

Finally I must again pay tribute to the hard working and dedicated Committee who give countless hours to ensuring that athletics events for Civil Servants are organised to the very highest standards with due consideration for the Health & Safety of all competitors. At all events Medical personnel are in attendance but fortunately are very rarely required to exercise their knowledge and skills. As volunteers much of the expertise within the Committee is also fed back into local athletic clubs, County and National Associations and/or by coaching or officiating at meetings up and down the country. Volunteers are the lifeblood of the Committee and without this dedication the CSAA would not be the vibrant Association that it continues to be and is fully prepared to meet the great challenges that are coming over the next few years. The assistance of the CSSC staff at events such as the 10k is always very welcome, whilst for other events local officials (England Athletics qualified) are only too happy to assist, as they know that CSAA events are well run and the offer of refreshments and travel expenses is always welcome!

In summary CSAA has maintained its long held traditions during 2011, whilst being prepared to adopt a flexible approach to changing situations within the Civil Service and is well positioned for 2012 and beyond. The 2012 Olympic and Paralympic Games will hopefully see participation levels in all sports

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increase as a result of London hosting these events and CSAA and CSSC must be ready to welcome new participants to their events.

Nick Hume

**CSAA General Secretary
January 2012**

2011 Gallery:



Gerry T & Nick H



Steph Robson



MoD Men at Cross Country



HMRC Men at Road Relays



Niek Tettersoo Dutch CS
A regular visitor to XC



Roger S & Bill K in action

Start of Road Relay

