

**CSAA Half Marathon Championships  
Stafford 21st March 2010 -Final**

Race Pos	CSAA Pos:		Name	Dept	Club Name	Cat	Time
	Men	Women					
8	<b>1</b>		Matthew Clapp	HMRC		M	1.16.33
13	<b>2</b>		Darryl Carter	DEFRA		M35	1.17.40
25	<b>3</b>		Paul Collingwood	HASSRA	Askern District RC	M35	1.21.09
31	<b>4</b>		Andy Goodair	HASSRA	Askern District RC	M35	1.22.13
34	<b>5</b>		Crispin Allen	MINERVA	Stragglers	M40	1.22.43
42		<b>1</b>	Elizabeth Stavreski	OGC	Thames Hare & Hounds	F35	1.24.35
86	<b>6</b>		Robert Crangle	SPARTA	Serpentine	M45	1.28.52
94	<b>7</b>		Keith Jamieson	MINERVA	Holme Pierrepont	M35	1.29.53
108	<b>8</b>		Colin Laidlaw	HASSRA	Lytham St Annes RR	M50	1.30.36
120	<b>9</b>		Hideo Takano	SPARTA	Dorking & Mole Valley	M40	1.31.57
164	<b>10</b>		Joe Dean	MoD	Clapham Chasers	M40	1.34.42
224	<b>11</b>		John O'Shea	MINERVA	Highgate Harriers	M45	1.37.27
303		<b>2</b>	Barbara Rusling	HO	Maltby RC	F45	1.40.25
363	<b>12</b>		Andy Seal	HASSRA	Telford Harriers	M45	1.42.34
674	<b>13</b>		Gerry Trainer	HMRC		M55	1.52.41
684	<b>14</b>		David Tyrrell	MINERVA		M55	1.53.04
729	<b>15</b>		Chris Morris	?		M	1.54.50
730	<b>16</b>		Ross Parker	MINERVA	Striders of Croydon	M	1.54.54
934		<b>3</b>	Colette Roach	HMRC	Hinckley RC	F45	2.02.10

**Teams: Men**

1	HASSRA	3, 4, 8	15 Points
2	MINERVA	5, 7, 11	23 Points