

# Civil Service Athletic Association

## ANNUAL REPORT 2010

### 1 CSAA Aims and Objectives

The CSAA aims to encourage active participation in athletics amongst all Civil Servants, men and women, who are members of the Civil Service Sports Council. The Association's Committee acts on this remit by organising an annual series of national championship events, and also entering representative teams in matches against the RAF, Middlesex, the Police and the Fire Service. As part of its wider involvement in Civil Service athletics the Committee maintains links with Regional and Departmental Organisers in an attempt to ensure that events are run to a high standard and that participation records are maintained to illustrate the numbers taking part.

The Whole Sport Plan for 2010 reiterated the main principles for CSAA:

"Whilst the CSAA has often been seen as a Championship provider, with the Queenborough Trophy often the focus of attention, the last few years have reflected the growing trend towards Health and Fitness initiatives within the work place and CSAA has been keen to encourage grassroots participation which help to ensure that the delivery, on-going participation, enjoyment and sustainability of Athletics continues within the Civil Service, especially as the 2012 Olympics grow ever closer"

The Table below highlights the participation levels over the last four years and illustrates the great number of events that are now available to athletes within the Civil Service.

Event - 2010	Men	Women	Total	2007 Nos	2008 Nos	2009 Nos
<b>CS 10k</b>	112	34	<b>146</b>	81	167	153
<b>Capital Challenge 3k</b>	8	1	<b>9</b>		31	15
<b>CS Half Marathon</b>	15	3	<b>18</b>	11	6	26
<b>CS Masters T&amp;F</b>	73	23	<b>96</b>	99	110	110
<b>CS Race Walk</b>	14	7	<b>21</b>	23	25	20
<b>CS Relays</b>	48	21	<b>69</b>	91	69	77
<b>CS T&amp;F</b>	77	40	<b>117</b>	85	115	98
<b>CS XC</b>	73	27	<b>100</b>	118	126	131
<b>SB/SEAX T&amp;F</b>	13	10	<b>23</b>			25
<b>SB/SEAX XC</b>	-	-				13
<b>RAF Rep XC</b>	6	5	<b>11</b>			13
<b>Cross Campus Challenge</b>	-	-				40
<b>Anglo-Dutch XC</b>	4	3	<b>7</b>		8	3
<b>London City T&amp;F</b>	7	1	<b>8</b>		6	9

**Civil Service Athletic Association**

**ANNUAL REPORT 2010**

<b>London Business Houses Relay</b>	11	3	<b>14</b>	18	NK	13
<b>London Business Houses 5m</b>	4	2	<b>6</b>			
<b>Midlands XC</b>	-	-		20	NK	
<b>MoD T&amp;F</b>	39	17	<b>56</b>	64	NK	66
<b>MoD XC</b>	49	13	<b>62</b>			82
<b>NWCS 5m/5k</b>	3	1	<b>4</b>	29	25	-
<b>NWCS Fell Race</b>	-	-		17	12	8
<b>NWCS Relays</b>	-	-		28	47	27
<b>NWCS XC</b>	-	-		31	27	
<b>Scottish XC</b>	20	7	<b>27</b>	48	NK	
<b>Scottish T&amp;F</b>	-	-			44	48
<b>Scottish Road Relays</b>	11	3	<b>14</b>			49
<b>Yorkshire RCSL T&amp;F</b>	-	-		45	50	
<b>HMRC Sport s Day</b>	82	44	<b>126</b>		157	148
<b>CSSC Half Marathon Scheme</b>	204	76	<b>280</b>			250
<b>Midland Services League Race 5</b>	9	1	<b>10</b>			12
<b>Midland Services League Race 6</b>	6	1	<b>7</b>			6
<b>Midland Services League Race 7</b>	8	0	<b>8</b>			
<b>Midland Services League Race 8</b>	7	0	<b>7</b>			8
<b>Midland Services League Race 1</b>	11	3	<b>14</b>			
<b>Midland Services League Race 2</b>	11	1	<b>12</b>			10
<b>Midland Services League Race 3</b>	4	0	<b>4</b>			16
<b>Midland Services League Race 4</b>	7	0	<b>7</b>			10
<b>Total</b>	<b>936</b>	<b>347</b>	<b>1,283</b>	<b>808</b>	<b>1,025</b>	<b>1,486</b>

<b>2007 Participation</b>	<b>2008 Participation</b>	<b>2009 Participation</b>	<b>2010 Participation</b>
<b>808</b>	<b>1,025</b>	<b>1,486</b>	<b>1,283</b>

# Civil Service Athletic Association

## ANNUAL REPORT 2010

---

### 2 The CSAA Committee

The CSAA is an elected body and the Committee meets three times a year to discuss matters relating to the forthcoming events. The AGM is held in January to which all members are welcome to attend. There are places on the Committee for anyone who is genuinely interested in contributing to the CSAA. However, anyone who is prepared to assist at any of the Championship Meetings without the responsibility of becoming a Committee Member is equally welcome. If anyone wishes to discover more about what is involved or offer their services for a particular event please contact the Secretary.

#### Committee Members for 2010

**President** Sir Anthony Battishill

**Chairman:** Gerry Trainer

**Secretary:** Nick Hume

**Treasurer:** Paula Booth

**Vice Presidents:** Ken Best, Bill Berry, Brian Craig,

Dave Evans, John Hall, Neil Hornsby,

Alan Mason, Roger Smith, Ted Wingrove

**Committee:** Bob Brimage, Gaye Clarke, Bill Kingston,

Steve Marklew, Steve Norris, Colette Roach,

Ian Statter, Liz Stavreski

Within the Committee there is a wide range of knowledge and experience that covers all aspects of the athletics spectrum. A number of members also serve in volunteer capacities from national to local level for Clubs, Counties and National Associations or are qualified Coaches, and/or Officials thus bringing increased expertise to the organisation of CSAA events.

The Committee are also grateful for the active role that Sir Anthony continues to play within the Association and he can often be found handing out numbers as well as presenting the medals.

### 3 The Queenborough Championship Events

There are seven Championship Events which together form the Queenborough Championships for the best Department/Sports Association with the Braben-Whiffen Trophy for the most improved Department.

The following Tables highlight the top 3 athletes and Departments in each of the Queenborough events during 2010 and it is always pleasing to see some of the smaller Government Departments taking some of the honours though the large Departments still continue to dominate most of the events.

## Civil Service Athletic Association

### ANNUAL REPORT 2010

Event - Individuals	1 <sup>st</sup>	Dept	2 <sup>nd</sup>	Dept	3 <sup>rd</sup>	Dept
10k – Men	G Pennington	HMRC	S Hallas	HMRC	M Cummings	HMRC
10k – Women	S Rutherford	DEFRA	E Antcliffe	DEFRA	R Lund	MINERVA
Race Walk – Men	D Turner	PO	J Hall	DEFRA	S Uttley	Justice Dep
Race Walk - Women	L Bradley	HMRC	M Noel	DEFRA	L Yearley	Prison Service
Road Relay – Fastest Men	G Pennington	HMRC	M Cummings	HMRC	S Bruton	HMRC
Road Relay – Fastest Women	S Francis	MINERVA	A Rudgley	OS	J Palmer	HASSRA
Cross Country – Men	M & L Hobbs	SPARTA			G Pennington	HMRC
Cross Country - Women	S Stephen (nee Rutherford)	DEFRA	K Beecher	MoD	L Barry	CACSSA
Half Marathon – Men	M Clapp	HMRC	D Carter	DEFRA	P Collingwood	HASSRA
Half Marathon - Women	E Stavreski	OGC	B Rusling	HO	C Roach	HMRC

Event - Teams	1 <sup>st</sup> Team	2 <sup>nd</sup> Team	3 <sup>rd</sup> Team
10k – Men	HMRC	HASSRA	MoD
10k – Women	DEFRA	HASSRA	MINERVA
Race Walk – Men	DEFRA	HMRC	
Race Walk - Women	HMRC		
Road Relay – Men	HMRC	DEFRA	HASSRA
Road Relay – Women	HASSRA	DEFRA	HMRC
Cross Country – Men	HMRC	SPARTA	HASSRA
Cross Country - Women	HASSRA	DEFRA	HMRC
Half Marathon – Men	HASSRA	MINERVA	

Event	Venue	Organiser(s)
10k	Battersea Park London	G Trainer
Race Walk	Cannon Hill Park Birmingham	J Hall
Road Relay	Finsbury Park London	G Trainer, R Smith
Cross Country	Perry Park Birmingham	G Trainer
Half Marathon	Stafford	G Trainer
Open Track & Field	Eton	B Brimage, N Hornsby, B Craig
Masters Track & Field	Watford	G Clarke, J Hall

The first event in 2010 was the CSAA Half Marathon held within the Stafford Half Marathon with 19 competitors declared within the CSAA Championship. The individual winners were Matt Clapp (HMRC) and Liz Stavreski (OGC) with HASSRA taking the Men's team title.

The next event was the 10k in Battersea Park and on a good flat course there were two new Champions in Gary Pennington (HMRC) and Susie Rutherford (DEFRA). In the Team Championship both HMRC (Men) and DEFRA (Women) retained their team titles. In August the Track & Field Championships returned to Eton and the competition itself saw some exciting races and close finishes as well as keen competition in the field events. Although competitor numbers were up from 2009, heats were only required for the Men's 100, 200 and Women's 100. Natasha Brunning continued to raise the bar in the



## Civil Service Athletic Association

### ANNUAL REPORT 2010

Pole Vault with a new CBP of 3m 10cm. Francis Smith (MOD) came very close to his own CBP of 14.7 sec for the 110H from 2003 with an excellent 14.8secs. The Victor and Victrix Ludorum were won this year by Troy Kennedy (HMPS) & Natasha Brunning (HO).

The Master's Track and Field made a successful transition from Battersea Park to Watford and a number of new Championship Best performances were set with almost 100 athletes supporting the Championship.

The Race Walk also incorporated the Ryan Cup Match against the Police which the CSAA retained. A change to the team scoring counters in the CSAA Race will be introduced in 2011 in the hope of encouraging a few more competitors to participate. However, the standard remains very high with a number of ex Intentional walkers continuing to compete.

The Road Relay suffered from the new austerity measures being introduced in some Government Departments with numbers slightly down on previous years. HMRC dominated the Men's event and had the 6 fastest stages (Gary Pennington fastest) which must be a record for this event. In the Women's event HASSRA retained their title though Sue Francis (Minerva) recorded the fastest leg.

The Cross Country Birmingham for the first time and Hobbs (SPARTA) crossed the line title. Susie Stephen (nee but HASSRA won the Women's



Championships were held at Perry Park the facilities were excellent. Marc and Lewis together but HMRC retained the Men's team Rutherford) completed a road and country double team title for the 6<sup>th</sup> time in a row.

#### Final Queenborough Positions for 2009 -10

	Race Walk	Vets T&F	Relay	XC	Half Marathon	10k	T&F	Total	Pos	08/09 Pos
<b>HMRC</b>	50	50	38	56	11	54	329	<b>588</b>	<b>1</b>	1
<b>HASSRA</b>	1	60	48	48	25	38	198	<b>418</b>	<b>2</b>	2
<b>MINERVA</b>		25	16.5	29	17	29	138	<b>254.5</b>	<b>3</b>	3
<b>DEFRA</b>	12	17.5	21.5	17	5	38	133	<b>244</b>	<b>4</b>	5
<b>MOD</b>		10	17	11		16	144	<b>198</b>	<b>5</b>	4
<b>HOME OFFICE</b>		10			5		80	<b>95</b>	<b>6</b>	8
<b>PRISON SERVICE</b>							94	<b>94</b>	<b>7</b>	6
<b>ORD SURVEY</b>			20	22		12	9	<b>63</b>	<b>8</b>	12
<b>SPARTA</b>			37		1	3		<b>41</b>	<b>9</b>	7
<b>CACSSA</b>		15		8				<b>23</b>	<b>10</b>	15
<b>BT</b>		2.5					20	<b>22.5</b>	<b>11</b>	13
<b>MET POLICE</b>							21	<b>21</b>	<b>12</b>	
<b>MIN OF JUSTICE</b>	5						15	<b>20</b>	<b>=13</b>	16

## Civil Service Athletic Association

### ANNUAL REPORT 2010

FORESTRY COMMISSION		20						20	=13	
ROYAL MAIL	10						5	15	15	10
LAND REGISTRY			11					11	16	9
OGC					7			7	17	14
NAO						1		1	18	

#### 4 CSAA Whole Sports Plan 2010 and Outcomes

##### The Whole Sports Plan for 2010 identified the following Targets

- To ensure participation in athletic events remains constant or increases following on from the large rise in numbers seen in 2008 and early 2009. These figures are taken from CSAA National Championships and Regional Events where the data has been provided by local organisers or Regional BDEs who have been encouraged to submit results to the CSAA website as well as using it as a vehicle to promote their own events.

**Outcome: Numbers remain high though the Comprehensive Spending Review has resulted in some Departments restricting the time that staff are allowed off for sporting activities and the full outcome of this will not be seen until 2011.**

- To encourage CSSC to continue with the Half Marathon Subsidy Scheme introduced in 2009 which has proved very popular with CSSC members;

**Outcome: This has again proved very popular though it was interesting to see that many of those taking advantage of the scheme were not attendees in the Championship events.**

- To continue with the now annual visit to Holland which provides an opportunity for any CSAA athlete to compete with Dutch Civil Servants which has certainly helped to promote inter-Departmental friendship within the UK and closer liaison with our Dutch European counter-parts. Indeed, the Dutch take this event very seriously and always encourage a high ranking minister to attend (Permanent Secretary level or equivalent);

**Outcome: Once again eight CSSC members made the trip to The Hague and participated in the Half Marathon as guests of Dutch Ministries enhancing friendships and making new ones.**

- To continue the links established with Scotland and Regional Race organisers in the North West, London and Yorkshire who actively promote athletic events;

**Outcome: These links continue and it was pleasing to see increased participation in the London Business House events thanks to the drive and dedication of John O'Shea (MINERVA)**

- To provide advice and guidance to any other area which seeks to organise their own local Championships or any Department looking to host their own Championship within a CSAA event;

**Outcome: The offer remains but no new area has come forward for advice.**

# Civil Service Athletic Association

## ANNUAL REPORT 2010

---

- To field full Representative Teams in the annual Sir Sefton Brancker and SEAX Trophy matches and work with the RAF and especially Middlesex to ensure that this fixtures continue.

**Outcome: Teams continued to compete with varied success in 2010 but the future of the SB/SEAX is now under review following the decision by Middlesex to withdraw from the competition.**

- To work with CSSC to stage, a one-off event in 2011, hopefully at the CSSC Games, that seeks to build upon the growing awareness that the 2012 Olympic Games is only one year away and is aimed at athletes of all abilities and can be linked to the various Well Being at Work Initiatives. This is seen as a key objective in 2010 and will hopefully lead to a successful promotion in 2011.

**Outcome: A high profile Relay in St James' Park was proposed but given the cutbacks and austerity measures being introduced it was decided, in agreement with M Holmes, (CSSC CE) not to progress this event.**

### 5 Final Round-Up

Once again CSAA was proud to have a winner of one of the main CSSC awards when Committee Member Steve Marklew was presented with the Warren Fisher Trophy for Best Sportsman for 2009. At the same time Chairman Gerry Trainer received his CSSC Merit Award in recognition for his services to athletics within the Civil Service.

The most significant athletic achievements by Hatti Dean (DWP) who finished a the European Track and Field Championships the European Cross Country Championships Medals.



a Civil Service athlete must be those magnificent 4<sup>th</sup> in the Steeplechase at and then in December finished 7<sup>th</sup> in leading the GB & NI Team to Silver

CSAA continues to communicate with its athletes via the excellently maintained CSAA website at [www.csaa.org.uk](http://www.csaa.org.uk) which provides information on all Queenborough events and Regional Championships where known plus results within a day or two of the event. The CSSC website provides a link to the CSAA website thus increasing the opportunity for new participants to become involved in one of the events. These channels are obviously successful as can be seen from the uptake of the CSSC Half Marathon Subsidy Scheme.

Whilst 2010 continued to see levels of participation within Civil Service Athletics events remain high, there are some concerns as to whether this will continue in 2011 as the impact of cut-backs within the Civil Service become more clearly defined within each Department.

Finally I must pay tribute to the hard working and dedicated Committee who give countless hours to ensuring that athletics events for Civil Servants are organised to the very highest standards with due consideration for the Health & Safety of all competitors. At all events Medical personnel are in attendance but fortunately are very rarely required to exercise their knowledge and skills. As volunteers much of the expertise within the Committee is also fed back into local athletic clubs, County and National Associations and/or by coaching or officiating at meetings up and down the country. Volunteers are the lifeblood of the Committee and without this dedication the CSAA would

## **Civil Service Athletic Association**

### **ANNUAL REPORT 2010**

---

not be the vibrant Association that it continues to be and is fully prepared to meet the great challenges that are coming over the next few years. The assistance of the CSSC staff at events such as the 10k is always very welcome, whilst for other events local officials (England Athletics qualified) are only too happy to assist, as they know that CSAA events are well run and the offer of refreshments and travel expenses is always welcome!

In summary CSAA has maintained its long held traditions during 2010, whilst being prepared to adopt a flexible approach to changing situations within the Civil Service and is well positioned for 2011 and beyond.

**Nick Hume**  
**CSAA General Secretary**  
**January 2011**