

SEAX TROPHY CROSS-COUNTRY 2008

RAF Halton, Wednesday 16th January

WOMEN

1	J Digby	26:02	RAF
2	Diana Kennedy	26:07	CS
3	Belinda Tull	26:18	CS
4	Elizabeth Stavreski	26:38	CS
5	Sarah Rudge	27:05	CS
6	Claire Day	27:10	CS
7	P Thomas	27:47	Middx
8	L Wellings	28:00	RAF
9	L Cameron	28:07	Middx
10	P Rutherford	28:43	Middx
11	A McGuigan	29:12	Middx
12	A Stratford	29:27	RAF
13	J Roe	29:53	RAF
14	A Meechan	30:06	RAF
15	Maureen Noel	31:19	CS
16	A Penrose	34:47	RAF

Points to be carried forward to Track & Field (Wednesday 9th July, Copthall Barnet Stadium):

1st Civil Service (11, 10, 9, 8,) = 38
2nd Royal Air Force (12, 6, 2, 1) = 21
3rd Middlesex (7, 5, 4, 3) = 19

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MEN

1	M Hilton	37.38	CS
2	D Cole	37.48	RAF
3	Dan Merckel	38.26	CS
4	Phil Parry	38.29	CS
5	D Lewis	38.41	RAF
6	P Norris	39.00	Middx
7	I Bailey	39.05	RAF
8	K White	39.21	RAF
9	Shane Snow	39.38	CS
10	A Turnbull	39.48	RAF
11	L Athersmith	40.43	RAF
12	M Maxwell	40.50	RAF
13	O Ellis	41.38	RAF
14	P Lemmon	42.05	Middx
15	K Ivory	42.45	RAF
16	Andy Longthorpe	43.24	CS
17	L Benjamin	43.59	Middx
18	N Bostock	44.12	RAF
19	S Kingshott	45.17	RAF
20	M Hall	46.09	Middx
21	M Ingram	46.47	Middx
22	M Wilsom	50.06	Middx
23	S McLachlan	50.32	RAF

Points to be carried forward to Track & Field (Wednesday 9th July, Copthall Barnet Stadium):

1st Royal Air Force (2, 5, 7, 8, 10,11) = 43

2nd Middlesex (6, 14, 17, 20, 21, 22) = 100

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VETERANS

1	A Tindall	38.32	CS
2	Malc Eadie	40.08	CS
3	P Stainer	40.25	Middx
4	Steve Marklew	40.58	CS
5	C Finill	41.02	Middx
6	J Gillin	41.29	CS
7	K Donkin	41.34	CS
8	S Bell	42.15	RAF
9	J Flahive	42.18	Middx
10	C Bailey	42.37	Middx
11	C Thompson	43.06	RAF
12	John O'Shea	43.57	CS
13	J Lawlor	44.28	RAF
14	C Wintrip	44.38	RAF
15	D Vassallo	45.35	RAF
16	S Queen	47.32	RAF
17	M Puttinson	47.57	RAF
18	C Metcalf	48.33	RAF
19	R Gammage	48.34	RAF
20	Waller	48.55	RAF
21	J Gaff	50.15	RAF

Points to be carried forward to Track & Field (Wednesday 9th July, Copthall Barnet Stadium):

1st Civil Service (1, 2, 4, 6) = 13

2nd Middlesex (3, 5, 9, 10) = 27

3rd Royal Air Force (8, 11, 13, 14) = 44