

**NORTH WEST CIVIL SERVICE
CROSS COUNTRY RACE RESULTS
LANCASTER UNIVERSITY
14th October 2008**

Women: 4.2 miles approx

Pos	Name	Team	Cat	Time
1	Caroline Betmead	Hesketh House	F35	29.21
2	Bev Wright	Hesketh House	F45	30.46
3	Michaela Dempsey	HMRC	F40	33.02
4	Tanya Ashworth	Hesketh House	F35	33.30
5	Andrea Smith	Fylde	F40	34.08
6	Karen Dunford	Fylde	F40	36.16
7	Sharon Trusch	HMRC	F35	37.58
8	Janet O'Doherty	Fylde	F50	41.30
9	Susan Allen	HASSRA NW	F45	49.11

Teams

Team	Pos	Pos	Pos	Total	Team Pos
Hesketh House	1	2	4	7	1
Fylde	5	6	8	19	2
Comp	3	7	9	19	3

Men: 6 miles approx

Pos	Name	Team	Cat	Time
1	Malc Eadie	HMRC	M40	37.02
2	Gary Pennington	HMRC	M	38.32
3	Steve Hallas	HMRC	M35	39.06
4	Mark Williams	HM Court Service	M45	39.49
5	Paul Targett	HASSRA NW	M40	42.19
6	Keith Middleman	Daresbury Labs	M	42.44
7	Martin Bates	Fylde	M50	43.59
8	Andrew Fryer	HMRC	M45	44.51
9	Patrick Corrigan	HASSRA NW	M45	45.09
10	Will Richmond	Fylde	M45	46.05
11	John Kewley	Daresbury Labs	M40	48.14
12	John Hickman	Fylde	M45	49.10
13	Francis McCombs	HMRC	M40	50.06

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14	Andy Smith	Daresbury Labs	M45	50.34
15	Pete Weatherhead	Daresbury Labs	M55	51.43
16	John Wiseman	HASSRA North west	M40	52.14
17	John McClellan	Fylde	M60	53.18
18	Chris Senior	Fylde	M55	55.09

Teams

Team	Pos	Pos	Pos	Pos	Total	Team Pos
HMRC	1	2	3	8	14	1
Daresbury Labs	6	11	14	15	46	2
Fylde	7	10	12	17	46	3