

MINISTRY OF DEFENCE SPORTS DAY - 4 JULY 2008 AT BATH UNIVERSITY

MENS 100m

1.	J Dickenson	Bordon	11.9s
2.	E Wheelhouse	Dstl	12.8
3.	T Bond	UKHO	12.9
4.	P Mansell	UKHO	13.6
5.	J Bird	UKHO	14.0
6.	M Sawyer	UKHO	15.8
7.	J Wright	UKHO	16.7
8.	S Nicholls	UKHO	21.0

MENS 100m NOVICES

HEAT 1

1.	P Evans	Brecon	13.6s
2.	C Lomas	High Wycombe	13.7
3.	R Exley	Feltham	13.7
4.	G Herbert	Abbey Wood	14.0
5.	J Dean	London	14.9
6.	S Bonney	UKHO	15.6

HEAT 2

1.	S Hall	DASA	13.0s
2.	C Lawrence	High Wycombe	13.1
3.	J Staley	Caldicot	13.7
4.	D Moulding	Abbey Wood	14.4
5.	K Dix	Abbey Wood	14.9
6.	A Tollerton	Abbey Wood	15.0

FINAL

1.	S Hall	DASA	12.9s
2.	C Lawrence	High Wycombe	13.0
3.	P Evans	Brecon	13.6
4.	J Staley	Caldicot	13.6
5.	C Lomas	High Wycombe	14.7
6.	D Minter	Bath	14.7
7.	M Sawyer	Taunton	15.4

MENS 100m VETERANS HANDICAP

1.	R Mills	Feltham	13.6s
2.	M Sawyer	UKHO	13.8
3.	J Starkey	Dstl	14.6
4.	V Henry		14.7
5.	R Lyons	UKHO	15.4
6.	J Wright	UKHO	16.0

MENS 200m

1.	J Dickenson	Bordon	24.3s
2.	E Wheelhouse	Dstl	27.2
3.	J Bird	UKHO	28.1
4.	G Darroch	Feltham	29.9
5.	M Sawyer	UKHO	30.7
6.	S Bonney	UKHO	33.1
7.	J Wright	UKHO	33.5
8.	T Perkins	Bath	33.2

MENS 400m

HEAT 1

1.	S Holloway	Dstl	59.0s
2.	R Exley	Feltham	62.4
3.	P Mansell	UKHO	64.7
4.	T Jenkins	Abbey Wood	65.2
5.	G Darroch	Feltham	65.5
6.	S Bonney	UKHO	73.8

HEAT 2

1.	T Mellor	UKHO	65.0s
2.	J Bird	UKHO	65.5
3.	E Wheelhouse	Dstl	66.5
4.	M Sawyer	UKHO	67.4
5.	M Smithson	Feltham	67.7
6.	J Wright	UKHO	74.0

FINAL

1.	S Holloway	Dstl	57.9s
2.	E Wheelhouse	Dstl	58.8
3.	J Bird	UKHO	60.1
4.	T Mellor	UKHO	61.8
5.	R Exley	Feltham	63.1
6.	T Jenkins	Abbey Wood	64.5
7.	G Darroch	Feltham	65.4
8.	P Mansell	UKHO	66.0

MENS 800m

1.	A Nicholson	Corsham	2m 18.4s
2.	T Mellor	UKHO	2m 24.3
3.	D Symmonds	Dstl	2m 34.7
4.	K Tokeley	Feltham	2m 47.0
5.	J Starkey	Dstl	2m 50.4
6.	M Sawyer	UKHO	2m 55.3
7.	J Wright	UKHO	2m 55.9
8.	P Evans	Brecon	3m 01.2
9.	A Clothier	UKHO	3m 11.6

MENS 1500m

1.	A Nicholson	Corsham	4m 46.1s
2.	T Mellor	UKHO	4m 57.2
3.	D Symmonds	Dstl	4m 59.8
4.	J Bird	UKHO	5m 17.4
5.	E Brown	Feltham	5m 17.7
6.	M Davies	Corsham	5m 26.1
7.	J Starkey	Dstl	5m 45.5
8.	A Clothier	UKHO	5m 57.8
9.	J Wright	UKHO	5m 58.0
10.	M Sawyer	UKHO	6m 01.7

MENS 110m HURDLES

1.	E Wheelhouse	Dstl	19.1s
2.	J Bird	UKHO	23.5

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MENS 3000m

1.	S Norris	Northwood	9m 22.6s
2.	T Mellor	UKHO	11m 03.1
3.	E Wheelhouse	Dstl	11m 20.6
4.	J Bird	UKHO	11m 42.0
5.	I Thompson	Corsham	11m 56.9
6.	R Lyons	UKHO	13m 06.5
7.	A Choffin	UKHO	13m 06.6
8.	S Bonney	UKHO	13m 38.8
9.	C Senior	Norcross	15m 06.3

MENS 5000m

1.	R Paternoster	Abbey Wood	17m 28.2s
2.	T Mellor	UKHO	17m 37.4
3.	S Tinling	Abbey Wood	19m 12.6
4.	J Dean	London	19m 38.1
5.	B Ceazar	Corsham	19m 57.4
6.	J Ryder	High Wycombe	20m 11.5
7.	I Thompson	Corsham	20m 28.9
8.	R Lyons	UKHO	22m 17.5
9.	P Evans	Brecon	22m 18.1
10.	A Clothier	UKHO	22m 30.3

MENS HIGH JUMP

1.	J Bird	UKHO	1.70m
2.	E Wheelhouse	Dstl	1.63
3.	S Nicholls	UKHO	1.40
4.	P Mansell	UKHO	1.35
5.	C Loams	High Wycombe	1.30
6.	P Bradley	UKHO	1.30

MENS LONG JUMP

1.	J Dickenson	Bordon	6.49m
2.	W Bates	Feltham	5.71
3.	E Wheelhouse	Dstl	5.16
4.	S Holloway	Dstl	5.11
5.	R Exley	Feltham	4.95
6.	J Bird	UKHO	4.78
7.	M Davis	UKHO	4.59
8.	J Staley	Cakdicot	4.50
9.	N Tyan	Abbey Wood	4.19
10.	T Mellor	UKHO	3.94
11.	J Carpenter	Abbey Wood	3.77
12.	M Sawyer	UKHO	3.40
13.	S Bonney	UKHO	3.21
14.	C Cox	London	2.58

MENS TRIPLE JUMP

1.	E Wheelhouse	Dstl	10.83m
2.	S Holloway	Dstl	10.36

MENS DISCUS

1.	J Dickenson	Bordon	35.48m
2.	P Tyley	Farnborough	33.99
3.	S Moffat	Larkhill	22.91
4.	C Senior	Norcross	22.70
5.	N Knapp	UKHO	21.84
6.	G Negus	Portsmouth	21.55
7.	P Bradley	UKHO	20.37
8.	J Bird	UKHO	18.85
9.	E Wheelhouse	Dstl	18.22
10.	T Mellor	UKHO	16.17
11.	J Starkey	Dstl	15.04
12.	M Sawyer	UKHO	14.31
13.	P Mansell	UKHO	12.89
14.	K Tokeley	Feltham	11.96

MENS SHOT

1.	P Tyley	Farnborough	11.00m
2.	G Negus	Portsmouth	9.06
3.	P Travis	London	8.59
4.	J Bird	UKHO	8.17
5.	S Moffat	Larkhill	7.98
6.	L Irwin	Bath	7.43
7.	T Mellor	UKHO	6.11

MENS JAVELIN

1.	J Bird	UKHO	40.61m
2.	P Tyley	Farnborough	40.33
3.	Ed Wheelhouse	Dstl	39.52
4.	P Bradley	UKHO	31.84
5.	P Brian	Corsham	29.91
6.	M Smithson	Feltham	29.89
7.	L Irwin	Bath	23.93
8.	C Senior	Norcross	19.95
9.	R Mills	Feltham	18.98
10.	A Choffin	UKHO	18.03
11.	S Bonney	UKHO	16.54

4x100m MENS RELAY

1.	High Wycombe	52.6s
2.	Feltham "A"	53.4
3.	UKHO "A"	56.5
4.	Feltham "B"	59.9
5.	UKHO "B"	66.5

4x400m MENS RELAY

1.	Feltham	4m 24.5s
2.	Dstl	4m 33.9
3.	UKHO "A"	4m 39.3
4.	Corsham	4m 45.6
5.	UKHO "B"	5m 34.3

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WOMENS 100m

1.	L Foster	Feltham	15.0s
2.	C Cheetham	Feltham	16.1
3.	C Newman	Feltham	16.2
4.	T Cooper	Feltham	19.4

WOMENS 100m NOVICES

1.	R Bott	Dstl	15.1s
2.	C Dimech	Dstl	16.8

WOMENS 100m HURDLES

1.	C Cheetham	Feltham	21.6s
2.	C Newman	Feltham	24.2
3.	Selena Patton	Feltham	26.1

WOMENS 200m

1.	R Bott	Dstl	31.3s
2.	L Foster	Feltham	33.4
3.	J Raw	Dstl	33.5
4.	C Cheetham	Feltham	34.3
5.	C Holmes	Feltham	37.6
6.	T Cooper	Feltham	39.3

WOMENS 400m

1.	K Beecher	Abbey Wood	64.8s
2.	R Bott	Dstl	70.1
3.	A Holloway	Larkhill	72.0
4.	C Cheetham	Feltham	73.9
5.	T Cooper	Feltham	81.0
6.	C Holmes	Feltham	86.3

WOMENS 800m

1.	K Beecher	Abbey Wood	2m 38.3s
2.	A Holloway	Larkhill	2m 54.5
3.	R Bott	Dstl	2m 58.9
4.	C Cheetham	Feltham	3m 00.1
5.	M Thompson	Corsham	3m 03.9
6.	C Holmes	Feltham	3m 33.0

WOMENS 1500m

1.	M Thompson	Corsham	5m 57.9s
2.	C Cheetham	Feltham	6m 10.9
3.	T Cooper	Feltham	6m 28.5
4.	R Bott	Dstl	6m 40.5

WOMENS 3000m

1.	M Thompson	Corsham	12m 51.8s
2.	R Bott	Dstl	13m 26.9
3.	S Kemp	Dstl	13m 33.0
4.	C Cheetham	Feltham	13m 36.0
5.	C McCarthy	Abbey Wood	15m 33.9

WOMENS HIGH JUMP

1.	C Cheetham	Feltham	1.25m
2.	C Newman	Feltham	1.20
3.	L Foster	Feltham	1.15
4.	S Patton	Feltham	1.10

WOMENS LONG JUMP

1.	T Denning	Feltham	4.32m
2.	J Raw	Dstl	3.77
3.	L Foster	Feltham	3.57
4.	C Newman	Feltham	3.44
5.	C Cheetham	Feltham	3.32
6.	S Patton	Feltham	3.20
7.	C Holmes	Feltham	2.96
8.	T Cooper	Feltham	2.90
9.	L Morrison	Feltham	2.89
10.	A Vale	UKHO	2.79
11.	S Richards	UKHO	2.42

WOMENS TRIPLE JUMP

1.	T Denning	Feltham	8.27m
2.	L Foster	Feltham	7.95
3.	C Newman	Feltham	7.49
4.	S Patton	Feltham	6.43
5.	A Vale	UKHO	6.15
4.	B Davies	Aldermaston	6.35
5.	C Holmes	Feltham	6.11

WOMENS JAVELIN

1.	J Raw	Dstl	24.11m
2.	S Kennedy-Fearnley	Andover	16.65
3.	S Richards	UKHO	15.31
4.	C Holmes	Feltham	15.28
5.	S Bell	Wimborne	13.86
6.	W Sparrow	Tidworth	12.40
7.	R Bott	Dstl	11.42
8.	C Vernazza	Dstl	9.77
9.	C Jupp	Feltham	9.20

WOMENS DISCUS

1.	S Bell	Wimborne	19.10m
2.	A Vale	UKHO	17.52
3.	W Sparrow	Tidworth	16.33
4.	S Kennedy-Fearnley	Andover	16.06
5.	C Holmes	Feltham	15.09
6.	S Richards	UKHO	13.55

WOMENS SHOT

1.	W Sparrow	Tidworth	7.48m
2.	C Cheetham	Feltham	6.68
3.	C Newman	Feltham	6.66
4.	R Bott	Dstl	6.33
5.	S Bell	Wimborne	6.08
6.	S Patton	Feltham	5.79
7.	T Cooper	Feltham	5.29

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4x100m WOMENS RELAY

1.	Feltham "A"	61.3s
2.	Dstl	64.9
3.	Feltham "B"	71.7

4x100m MIXED RELAY

1.	Feltham "A"	55.3s
2.	Dstl	57.4
3.	DASA	59.2
4.	Feltham "B"	59.5
5.	Feltham "C"	62.4
6.	Corsham	64.0
7.	Feltham "D"	65.2
8.	High Wycombe	67.9

JUBILEE SHIELD (INTER-ESTAB. TROPHY)

1.	Feltham	191 points
2.	Dstl	135
3.	UKHO	112
4.	Corsham	41
5.	Abbey Wood	29
6.	Bordon	28
7.	Farnborough	17
8.	Larkhill	15
9.	Tidworth	12
10.	Wimborne	11
11.	High Wycombe	10

VICTOR LUDORUM

1.	E Wheelhouse	Dstl	46 points
2.	J Bird	UKHO	39
3.	J Dickenson	Bordon	28
4.	T Mellor	UKHO	23
5.	P Tyley	Farnborough	17
6.	S Holloway	Dstl	15
7.	A Nicholson	Corsham	14
8.	D Symmonds	Dstl	8

VICTRIX LUDORUM

1.	C Cheetham	Feltham	42 points
2.	R Bott	Dstl	32
3.	L Foster	Feltham	25
4.	C Newman	Feltham	20
5=	J Raw	Dstl	16
5=	M Thompson	Corsham	16
7=	K Beecher	Abbey Wood	14
7=	T Denning	Feltham	14
9=	S Patton	Feltham	12
9=	W Sparrow	Tidworth	12
11.	S Bell	Wimborne	11
12.	C Holmes	Feltham	10