

RCSL Sports Day 2006

Results Pack

Issued to Regional Secretaries
10 August 2006

RCSL SPORTS DAY 2006

The second RCSL Sports Day took place on Thursday July 27 at Monkton Stadium, and was hosted by the Newcastle Estate region.

Over 700 competitors took part in a full track and field programme, tug of war, touch rugby, park volleyball and rounders.

Here is a run-down of the results from all events that took place.

TRACK & FIELD

MENS 100M			HEATS				FINAL		
Number	Name	Region	Heat	Time	Position	Final	Time	Position	Points
10	Jason Jeffrey	London N&W	1	11.9	1	Yes	11.1	1	10
17	P Merchant	East Midlands	1	12.5	2	Yes	12.0	2	8
13	Mike Serra	G.Manchester	2	12.5	1	Yes	12.2	3	7
7	David Long	Yorkshire	2	12.7	2	Yes	12.3	4	6
21	Abdul Khan	North West	2	12.7	3	Yes	12.3	5	5
26	Tunde Oluyemi	Essex	1	13.1	4	Yes	12.5	6	4
12	Clinton Anthony	London N&W	2	13.1	4	Yes	12.7	7	3
11	Ralph Cooper	London N&W	1	12.5	3	Yes	13.5	8	2
18	L. Buchanan	East Midlands	2	13.4	5	No		x	1
28	Willson Paterson	Eastern	1	13.4	5	No		x	1
5	Richard Blake	Wales	1	13.5	6	No		x	1
16	Andy Clarke	West Midlands	1	13.9	7	No		x	1
14	Matthew Squires	G.Manchester	2	14.1	6	No		x	1
25	Cedric Wilks	West Midlands	2	14.4	7	No		x	1
4	Steve Powell	Wales	1	14.8	8	No		x	1

MENS 100M VETERAN HANDICAP			HEATS				FINAL		
Number	Name	Region	Heat	Time	Position	Final	Time	Position	Points
34	Les Benton	Yorkshire	2	11.3	1	Yes	11.3	1	10
30	Pete Milbank	South West	2	11.6	2	Yes	11.4	2	8
35	Colin Hardman	G.Manchester	2	11.7	3	Yes	11.6	3	7
29	Bob Goodwin	South West	2	11.9	4	Yes	12.1	4	6
28	Willson Paterson	Eastern	1	12.0	1	Yes	12.1	5	5
32	John Whitelaw	Scotland	2	12.0	5	Yes	12.2	6	4
33	Nigel Ward	Yorkshire	1	12.3	2	Yes	12.4	7	3
11	Ralph Cooper	London N&W	1	12.8	3	Yes	12.8	8	2
36	David Ward	G.Manchester	2	12.6	6	No		x	1
2	John Murrish	South West	1	13.4	4	No		x	1
16	Andy Clarke	West Midlands	1	13.4	5	No		x	1
44	Gary Lindsay	Newcastle	1	13.7	6	No		x	1
25	Cedric Wilks	West Midlands	1	14.0	7	No		x	1
43	Mike Healy	London S&E	2	14.8	7	No		x	1

MENS 200M					
Number	Name	Region	Time	Position	Points
10	Jason Jeffrey	London N&W	23.0	1	10
13	Mike Serra	G.Manchester	25.1	2	8
11	Ralph Cooper	London N&W	25.2	3	7
51	Neil Miller	Newcastle	25.6	4	6
7	David Long	Yorkshire	25.9	5	5
45	Steve Kilroy	Yorkshire	26.0	6	4
18	L. Buchanan	East Midlands	27.1	7	3

MENS 400M			HEATS				FINAL		
Number	Name	Region	Heat	Time	Position	Final	Time	Position	Points
10	Jason Jeffrey	London N&W	2	60.8	3	Yes	54.0	1	10
61	Shaun Bond	West Midlands	2	60.1	1	Yes	56.3	2	8
13	Mike Serra	G.Manchester	1	59.2	1	Yes	58.4	3	7
45	Steve Kilroy	Yorkshire	1	59.9	3	Yes	59.5	4	6
55	Daniel Byrne	London N&W	1	59.5	2	Yes	60.4	5	5
56	Chris Greenall	G.Manchester	2	61.3	4	Yes	60.8	6	4
71	S Shanks	East Midlands	1	60.3	4	Yes	60.9	7	3
53	Gavin Belcher	Wales	2	60.5	2	No		x	1
28	Willson Paterson	Eastern	1	61.5	5	No		x	1
70	M Clapp	East Midlands	2	63.4	5	No		x	1
58	Graham Speight	West Midlands	1	80.2	6	No		x	1

MENS 800M			2 TIMED RACES		
Number	Name	Region	Time	Position	Points
65	Alister Campbell	Scotland	2.04.9	1	10
406	Steve Marklew	West Midlands	2.09.2	2	8
71	S Shanks	East Midlands	2.11.7	3	7
70	M Clapp	East Midlands	2.12.9	4	6
68	Harry Melia	G.Manchester	2.16.3	5	5
75	Marc Lown	Northern	2.17.8	6	4
66	Brian Smart	Scotland	2.18.1	7	3
56	Chris Greenall	G.Manchester	2.18.3	8	2
78	Rob Maxted	Newcastle	2.20.4	9	1
57	Richard Kendall	G.Manchester	2.21.6	10	1
411	Rob Lands	Eastern	2.31.8	11	1
69	Paul Shenton	West Midlands	2.33.3	12	1
62	Joe Rowswell	South West	2.34.2	13	1
55	Daniel Byrne	London N&W	2.35.3	14	1
76	Stephen Powell	Northern	2.37.3	15	1

MENS 1500M			2 TIMED RACES		
Number	Name	Region	Time	Position	Points
77	Dan Samuels	Newcastle	4.19.5	1	10
108	Steve Hallas	North West	4.31.0	2	8
406	Steve Marklew	West Midlands	4.31.3	3	7
70	M Clapp	East Midlands	4.34.8	4	6
93	Simon Brunton	G.Manchester	4.35.0	5	5
71	S Shanks	East Midlands	4.37.5	6	4
115	Lee Millmore	Newcastle	4.38.7	7	3
68	Harry Melia	G.Manchester	4.48.6	8	2
75	Marc Lown	Northern	4.52.3	9	1
67	Simon Kendrew	Yorkshire	4.53.3	10	1
407	Steve Webb	VOA	5.00.8	11	1
107	Jamie Anderson	West Midlands	5.02.5	12	1
57	Richard Kendall	G.Manchester	5.05.1	13	1
411	Rob Lands	Eastern	5.06.2	14	1
112	Chris Watts	Wales	5.14.4	15	1
402	Stephen Torrance	Mid South	5.19.9	16	1
62	Joe Rowswell	South West	5.36.3	17	1
63	Stephen Ellis	South West	5.53.9	18	1
92	Vinod Verma	London N&W	6.04.1	19	1
64	Shiraz Jiwa	South West	6.26.9	20	1

MENS 1500M OVER 50

Number	Name	Region	Time	Position	Points
510	Mike Guess	London S&E	5.00.7	1	10
516	Pete Bostock	Eastern	5.06.4	2	8
501	Brian Shepherd	Yorkshire	5.16.9	3	7
507	Gerry Trainer	West Midlands	5.22.9	4	6
503	Nigel Sincock	South West	5.25.2	5	5
502	Nigel Lee	West Midlands	5.26.9	6	4
506	James Towers	Yorkshire	5.38.4	7	3
517	Rob Fox	G.Manchester	5.55.1	9	1

MENS 1500M OVER 60

Number	Name	Region	Time	Position	Points
600	Reg Armstrong	North West	5.59.2	1	10

MENS 1500M WALK

Number	Name	Region	Time	Position	Points
83	J Lovatt	East Midlands	8.04.0	1	10
505	Richard Kellett	Yorkshire	8.32.1	2	8
79	Bill Kingston	South West	8.38.0	3	7
504	James Smith	South West	8.56.9	4	6
85	C Charles	East Midlands	9.30.2	5	5
88	Kevin Tyson	Northern	9.33.3	6	4
81	Steve Carr	West Midlands	9.40.4	7	3
86	D Roper	East Midlands	9.41.9	8	2
80	Allan McLelland	Yorkshire	9.42.8	9	1
89	Mike Turton	Northern	10.44.2	10	1
90	Steve Soulsby	Newcastle	11.29.8	11	1
87	Dave Evans	North West	8.04.9	DQ	1

MENS 3000M OVER 50

Number	Name	Region	Time	Position	Points
512	Steve White	Northern	10.32.9	1	10
510	Mike Guess	London S&E	11.09.8	2	8
509	R Burton	East Midlands	11.15.6	3	7
501	Brian Shepherd	Yorkshire	11.27.5	4	6
502	Nigel Lee	West Midlands	11.43.7	5	5
506	James Towers	Yorkshire	12.13.7	6	4
505	Richard Kellett	Yorkshire	12.27.1	7	3
511	Geoff Ibison	North West	12.48.2	8	2
503	Nigel Sincock	South West	13.30.0	9	1
504	James Smith	South West	14.12.6	10	1

MENS 3000M OVER 60

Number	Name	Region	Time	Position	Points
600	Reg Armstrong	North West	13.05.5	1	10

MENS 5000M

Number	Name	Region	Time	Position	Points
108	Steve Hallas	North West	16.02.2	1	10
93	Simon Brunton	G.Manchester	16.10.4	2	8
70	M Clapp	East Midlands	16.45.7	3	7
71	S Shanks	East Midlands	17.33.1	4	6
67	Simon Kendrew	Yorkshire	17.58.8	5	5
109	Gary Pennington	North West	18.03.8	6	4
107	Jamie Anderson	West Midlands	18.27.4	7	3
111	Glenn McCallum	Newcastle	18.27.8	8	2
78	Rob Maxted	Newcastle	18.49.9	9	1
57	Richard Kendall	G.Manchester	19.09.5	10	1
110	Graeme Slesser	Newcastle	19.25.0	11	1
63	Stephen Ellis	South West	20.20.9	12	1
64	Shiraz Jiwa	South West	23.36.9	13	1
92	Vinod Verma	London N&W	23.45.8	14	1
106	Chris Neden	G.Manchester	25.05.8	15	1

MENS 5000M VETERAN

Number	Name	Region	Time	Position	Points
406	Steve Marklew	West Midlands	16.20.7	1	10
407	Steve Webb	VOA	17.14.9	2	8
401	John Duffy	Scotland	17.19.7	3	7
408	M Moore	East Midlands	18.14.7	4	6
405	Mark Riches	G.Manchester	18.27.0	5	5
409	P Gillespie	East Midlands	18.39.0	6	4
403	Anthony Dickens	G.Manchester	19.21.1	7	3
402	Stephen Torrance	Mid South	19.30.4	8	2
502	Nigel Lee	West Midlands	19.36.0	9	1

MENS 4X100M RELAY

Letter	Region	Time	Position	Points
M	London N&W	49.4	1	10
L	Yorkshire	51.6	2	8
N	East Midlands	52.4	3	7
J	South West	53.6	4	6

MENS LONG JUMP

Number	Name	Region	Distance	Position	Points
13	Mike Serra	G.Manchester	6.23	1	10
3	Sam Downs	South West	5.38	2	8
17	P Merchant	East Midlands	5.38	3	7
7	David Long	Yorkshire	5.30	4	6
74	Tyrone Raybe	London S&E	5.27	5	5
131	Gary Wyatt	Northern	5.12	6	4
21	Abdul Khan	North West	5.03	7	3
90	Steve Soulsby	Newcastle	5.00	8	2
45	Steve Kilroy	Yorkshire	4.91	9	1
127	Tony Green	London S&E	4.83	10	1
5	Richard Blake	Wales	4.58	11	1
12	Clinton Anthony	London N&W	4.40	12	1
119	Michael Hall	London N&W	4.14	13	1
149	C Langham	East Midlands	3.60	14	1

MENS HIGH JUMP

Number	Name	Region	Height	Position	Points
13	Mike Serra	G.Manchester	1.70	1	10
3	Sam Downs	South West	1.65	2	8
5	Richard Blake	Wales	1.50	3	7
140	M Davies	East Midlands	1.45	4	6
7	David Long	Yorkshire	1.40	5	5
14	Matthew Squires	G.Manchester	1.30	6	4

MENS DISCUS

Number	Name	Region	Distance	Position	Points
147	John Nicholson	G.Manchester	33.37	1	10
151	Lawrence Delaney	North West	31.93	2	8
79	Bill Kingston	South West	28.48	3	7
140	M Davies	East Midlands	28.40	4	6
146	Mike Nicholson	G.Manchester	27.79	5	5
150	Oke Nwosu	London S&E	26.42	6	4
130	Simon George	London S&E	23.62	7	3
141	John Leach	South West	22.60	8	2
7	David Long	Yorkshire	20.54	9	1
149	C Langham	East Midlands	15.40	10	1
511	Geoff Ibison	North West	15.23	11	1
15	Mark Aldrich	West Midlands	14.53	12	1
144	Johnnie Eni	London N&W	14.03	13	1
152	Paul Seaward	South East	11.46	14	1

MENS SHOT PUTT

Number	Name	Region	Distance	Position	Points
147	John Nicholson	G.Manchester	11.21	1	10
38	Malcolm Fenton	Eastern	10.85	2	8
130	Simon George	London S&E	10.14	3	7
155	Danny Warner	Yorkshire	9.24	4	6
14	Matthew Squires	G.Manchester	9.15	5	5
151	Lawrence Delaney	North West	8.92	6	4
140	M Davies	East Midlands	8.81	7	3
7	David Long	Yorkshire	8.76	8	2
141	John Leach	South West	8.76	9	1
79	Bill Kingston	South West	8.05	10	1
149	C Langham	East Midlands	7.85	11	1
148	Matthew Hodgson	West Midlands	6.97	12	1
153	Nathan Dalgarno	Northern	6.79	13	1
144	Johnnie Eni	London N&W	6.72	14	1
157	Paul Elliott	Northern	5.74	15	1
152	Paul Seaward	South East	5.33	16	1
145	Waheed Alagbala	London N&W	5.17	17	1

MENS JAVELIN

Number	Name	Region	Distance	Position	Points
7	David Long	Yorkshire	38.85	1	10
141	John Leach	South West	34.18	2	8
75	Marc Lown	Northern	33.81	3	7
147	John Nicholson	G.Manchester	32.86	4	6
140	M Davies	East Midlands	30.9	5	5
2	John Murrish	South West	27.82	6	4
52	James Smith N	Newcastle	26.92	7	3
92	Vinod Verma	London N&W	19.89	8	2
149	C Langham	East Midlands	18.01	9	1

WOMENS 100M			HEATS				FINAL		
Number	Name	Region	Heat	Time	Position	Final	Time	Position	Points
211	C Brewer	East Midlands	1	14	1	Yes	13.6	1	10
209	Joanne Riches	G.Manchester	2	14.1	1	Yes	13.7	2	8
212	S Connolly	East Midlands	1	14.6	2	Yes	14.4	3	7
216	Emma Woodhall	Newcastle	2	15.1	2	Yes	14.9	4	6
213	H Howell	East Midlands	1	15.8	3	Yes	15.9	5	5
202	Jan Halton	South West	2	16.7	3	Yes	17.0	6	4
200	Marie Williams	London S&E	2	17.4	4	Yes	17.4	7	3
214	Angela Weah	London S&E	1	16.7	4	No		x	1
210	Grete Howarth	G.Manchester	1	18.2	5	No		x	1
204	Lisa Meaney	Wales	2	18.2	5	No		x	1

WOMENS 100M VETERAN HANDICAP			HEATS				FINAL		
Number	Name	Region	Heat	Time	Position	Final	Time	Position	Points
209	Joanne Riches	G.Manchester	1	13.5	1	Yes	12.7	1	10
205	Lorraine Wrisberg	Scotland	1	13.6	2	Yes	13.2	2	8
210	Grete Howarth	G.Manchester	2	14.2	1	Yes	14.0	3	7
201	Karen Goodlet	South West	2	14.3	2	Yes	14.2	4	6
212	S Connolly	East Midlands	1	14.4	3	Yes	14.4	5	5
227	Sue Carris	Yorkshire	2	14.3	3	Yes	14.5	6	4
213	H Howell	East Midlands	1	15.9	4	Yes	16.4	7	3
238	Sheila Holroyde	Mid South	2	15.3	4	No		x	1
225	Jane Hodge	Mid South	2	16.0	5	No		x	1
219	Caroline Phelan	Wales	1	16.6	5	No		x	1
226	Lynn Bradley	Yorkshire	1	16.7	6	No		x	1
237	Lynda Lewis	Wales	2	19.1	6	No		x	1

WOMENS 200M					
Number	Name	Region	Time	Position	Points
209	Joanne Riches	G.Manchester	28.4	1	10
222	Carley Wilson	Newcastle	30.7	2	8
216	Emma Woodhall	Newcastle	30.9	3	7
221	G Lomax	East Midlands	32.7	4	6
213	H Howell	East Midlands	32.8	5	5
202	Jan Halton	South West	35.1	6	4
214	Angela Weah	London S&E	35.5	7	3
200	Marie Williams	London S&E	45.1	8	2

WOMENS 400M			HEATS				FINAL		
Number	Name	Region	Heat	Time	Position	Final	Time	Position	Points
222	Carley Wilson	Newcastle	1	74.3	1	Yes	70.4	1	10
228	K Else	East Midlands	2	73.2	1	Yes	73.6	2	8
221	G Lomax	East Midlands	2	81.0	3	Yes	76.2	3	7
229	Jane Bowles	North West	1	80.1	2	Yes	78.7	4	6
213	H Howell	East Midlands	2	77.6	2	Yes	79.8	5	5
224	Claire Thomas	South West	2	82.0	4	Yes	79.8	6	4
227	Sue Carris	Yorkshire	1	83.3	3	Yes	87.9	7	3
230	Lisa Smith	North West	1	84.9	4	Yes	89.3	8	2
225	Jane Hodge	Mid South	1	85.3	5	No		x	1
226	Lynn Bradley	Yorkshire	1	85.6	6	No		x	1
233	Cheryl Sacks	London S&E	2	88.1	5	No		x	1

WOMENS 800M

Number	Name	Region	Time	Position	Points
234	Lesley Chisholm	Scotland	2.25.6	1	10
228	K Else	East Midlands	2.49.8	2	8
224	Claire Thomas	South West	2.54.7	3	7
227	Sue Carris	Yorkshire	2.55.4	4	6
233	Cheryl Sacks	London S&E	3.06.9	5	5
226	Lynn Bradley	Yorkshire	3.10.3	6	4
236	Yvonne Colbert	Newcastle	3.13.7	7	3
225	Jane Hodge	Mid South	3.14.9	8	2
235	Claire Hardy	Yorkshire	3.28.4	9	1

WOMENS 1500M WALK

Number	Name	Region	Time	Position	Points
226	Lynn Bradley	Yorkshire	8.40.6	1	10
242	Pat Evans	North West	9.18.9	2	8
240	Teresa Sweet	South West	10.02.6	3	7
233	Cheryl Sacks	London S&E	10.08.6	4	6
227	Sue Carris	Yorkshire	10.40.1	5	5
223	Val Mountford	Essex	10.53.8	6	4
225	Jane Hodge	Mid South	11.03.9	7	3
203	Nicky Wood	South West	11.08.2	8	2
241	Claudine Simon	South West	11.39.2	9	1

WOMENS 3000M

Number	Name	Region	Time	Position	Points
234	Lesley Chisholm	Scotland	10.15.3	1	10
224	Claire Thomas	South West	12.45.1	2	8
233	Cheryl Sacks	London S&E	12.58.4	3	7
244	D Brooks	East Midlands	13.02.5	4	6

WOMENS 3000M VETERANS

Number	Name	Region	Time	Position	Points
227	Sue Carris	Yorkshire	11.38.5	1	10
228	K Else	East Midlands	12.12.0	2	8
226	Lynn Bradley	Yorkshire	12.56.3	3	7
225	Jane Hodge	Mid South	13.06.1	4	6
243	Alison Hunt	G.Manchester	13.48.3	5	5
229	Jane Bowles	North West	14.37.3	6	4
246	Pauline Darlington	North West	16.10.0	7	3
247	Denise Ballard	North West	17.23.0	8	2
223	Val Mountford	Essex	18.45.3	9	1

WOMENS 4X100M RELAY

Letter	Region	Time	Position	Points
C	East Midlands	59.0	1	10
G	Newcastle	59.6	2	8
A	South West	67.0	3	7
B	Yorkshire	68.6	4	6
D	London S&E	70.1	5	5
E	North West	73.7	6	4

WOMENS LONG JUMP

Number	Name	Region	Distance	Position	Points
211	C Brewer	East Midlands	4.55	1	10
216	Emma Woodhall	Newcastle	4.17	2	8
212	S Connolly	East Midlands	4.12	3	7
231	Liz Lundy	Northern	3.86	4	6
214	Angela Weah	London S&E	3.83	5	5
240	Teresa Sweet	South West	3.29	6	4
210	Grete Howarth	G.Manchester	3.19	7	3
238	Sheila Holroyde	Mid South	3.11	8	2
250	Laura Morris	Wales	2.75	9	1
204	Lisa Meaney	Wales	2.23	10	1

WOMENS HIGH JUMP

Number	Name	Region	Height	Position	Points
216	Emma Woodhall	Newcastle	1.40	1	10
212	S Connolly	East Midlands	1.25	2	8
221	G Lomax	East Midlands	1.20	3	7
214	Angela Weah	London S&E	1.20	4	6
238	Sheila Holroyde	Mid South	1.10	5	5
235	Claire Hardy	Yorkshire	1.00	6	4

WOMENS DISCUS

Number	Name	Region	Distance	Position	Points
254	Cath Alford	Wales	27.43	1	10
260	Helen Lewis	West Midlands	23.42	2	8
214	Angela Weah	London S&E	22.00	3	7
203	Nicky Wood	South West	19.31	4	6
259	Helen Harris	West Midlands	19.30	5	5
238	Sheila Holroyde	Mid South	19.12	6	4
255	Cath Jones	Yorkshire	18.39	7	3
221	G Lomax	East Midlands	16.85	8	2
253	AnnMarie Kennedy	Mid South	16.01	9	1
241	Claudine Simon	South West	15.28	10	1
250	Laura Morris	Wales	14.33	11	1
263	Kate Sunley	Northern	13.66	12	1
265	Karen Conyard	Essex	11.00	13	1

WOMENS SHOT PUTT

Number	Name	Region	Distance	Position	Points
254	Cath Alford	Wales	9.03	1	10
238	Sheila Holroyde	Mid South	8.19	2	8
216	Emma Woodhall	Newcastle	7.59	3	7
256	Charmaine Regis	London N&W	7.45	4	6
221	G Lomax	East Midlands	7.35	5	5
209	Joanne Riches	G.Manchester	7.35	6	4
214	Angela Weah	London S&E	7.20	7	3
213	H Howell	East Midlands	7.04	8	2
255	Cath Jones	Yorkshire	6.86	9	1
200	Marie Williams	London S&E	6.75	10	1
241	Claudine Simon	South West	6.13	11	1
263	Kate Sunley	Northern	5.50	12	1
257	Marie Campbell	London N&W	5.46	13	1
269	Val Woodall	Newcastle	5.34	14	1
265	Karen Conyard	Essex	4.25	15	1

WOMENS JAVELIN

Number	Name	Region	Distance	Position	Points
214	Angela Weah	London S&E	25.68	1	10
238	Sheila Holroyde	Mid South	22.42	2	8
216	Emma Woodhall	Newcastle	19.10	3	7
219	Caroline Phelan	Wales	18.27	4	6
254	Cath Alford	Wales	15.44	5	5
268	Christine Courtney	Newcastle	14.39	6	4
266	Penny O'Shea	Northern	13.59	7	3
253	AnnMarie Kennedy	Mid South	12.58	8	2
202	Jan Halton	South West	11.71	9	1
221	G Lomax	East Midlands	10.53	10	1
265	Karen Conyard	Essex	6.21	11	1

VICTOR LUDORUM (BEST MALE ATHLETE)

Number	Name	Region	Total
13	Mike Serra	G.Manchester	42
7	David Long	Yorkshire	35
10	Jason Jeffrey	London N&W	30
147	John Nicholson	G.Manchester	26
406	Steve Marklew	West Midlands	25
70	M Clapp	East Midlands	20
71	S Shanks	East Midlands	20
140	M Davies	East Midlands	20
600	Reg Armstrong	North West	20
510	Mike Guess	London S&E	18
108	Steve Hallas	North West	18

VICTRIX LUDORUM (BEST FEMALE ATHLETE)

Number	Name	Region	Total
216	Emma Woodhall	Newcastle	45
214	Angela Weah	London S&E	35
209	Joanne Riches	G.Manchester	32
221	G Lomax	East Midlands	28
238	Sheila Holroyde	Mid South	28
227	Sue Carris	Yorkshire	28
212	S Connolly	East Midlands	27
254	Cath Alford	Wales	25
228	K Else	East Midlands	24
226	Lynn Bradley	Yorkshire	23

BEST ATHLETICS REGION

Position	Region	Total
1	East Midlands	259
2	G.Manchester	178
3	Yorkshire	176
4	South West	149
5	Newcastle	110
6	London S&E	104
7	North West	95
8	West Midlands	77
9	London N&W	76
10	Scotland	52
11	Wales	49
12	Mid South	47
13	Northern	45
14	Eastern	25
15	Essex	12
16	VOA	9
17	South East	2

Other events taking place at the Sports Day...

Touch Rugby

1. Yorkshire (20pts)
2. East Midlands (15pts)
3. Scotland/London North & West (10pts each)

Others Wales, Mid South, West Midlands, London South & East, South East England (5pts each)

Mixed Rounders

1. Mid South (20pts)
2. East Midlands (15pts)
3. West Midlands/Greater Manchester (10pts each)

Others Yorkshire, South West England, Wales, London North & West, Scotland, London South & East, South East England, North West England, Eastern, Northern England, Newcastle Estate, Essex (5pts each)

Park Volleyball

1. London North & West (20pts)
2. Scotland (15pts)
3. East Midlands/London South & East (10pts each)

Others West Midlands, London North & West "B", Newcastle Estate, Northern England, Yorkshire, North West England, Wales (5pts each)

ToW Men

1. Scotland (20pts)
2. Greater Manchester (15pts)
3. South West (10pts)

Others Wales, London North & West, North West England, Northern England, Newcastle Estate, South East England (5pts each)

ToW Women

1. Northern England (20pts)
2. Newcastle Estates (15pts)
3. Greater Manchester (10pts)

Others Wales, London North & West, South East England (5pts each)

BEST OVERALL REGION (athletics points plus points from other events)

Position	Region	Total
1	East Midlands	299
2	G.Manchester	213
3	Yorkshire	206
4	South West	164
5	Newcastle	150
6	London S&E	124
7	London N&W	121
8	North West	110
9	West Midlands	102
10	Scotland	102
11	Northern	80
12	Wales	74
13	Mid South	72
14	Eastern	30
15	Essex	17
16	South East	17
17	VOA	9