

Civil Service Athletic Association

President: SIR ANTHONY BATTISHILL KCB

Chairman: G Trainer

General Secretary: N Hume, Treasurer: W Berry

Team Managers Men: I Statter & S Norris (Men),

Team Manager Women: J Hall



THE REVIEW OF 2005 Part 2

TRACK & FIELD Loughborough

The 130th CSAA Championships were held as part of the CSSC Games at Loughborough on an ideal day for competition and viewing. The Men's 100m was won by Tony Noel (IR) (an England Vets International, who in the World Masters T&F Championships in Spain smashed the long standing British M40 100m record in 10.74 to take the World title). He then went on to complete a double by winning the 200m.

Liz Such (HASSRA) completed a middle distance treble by winning the Women's 800m, 1500m & 3000m titles all within the space of a few hours. Dan Samuels (IR) won the men's 800m and 1500m titles. The Men's 5000m had the largest field of the day with 25 competitors.

Other athletes to win two or more titles were Tracey Hilton (HASSRA), Natasha Brunning (HO), Jo Appiah (CE) and Andrew Kruszewski (DTI).

It was a delight to welcome the CSAA President Sir Anthony Battishill and his wife to the Games and they certainly appeared to enjoy the two days of competition.

The athletic officials were of a very high standard and many enjoyed the opportunity to stay over and relax with fellow colleagues and athletes.

The Queenborough Trophy for 2004/05 was retained by Inland Revenue in their very last appearance as a separate Department after a close run battle with HASSRA. The Braben-Whiffen Trophy was won by DTI based on a new formula related to improvement on the previous year by a small Department.

VETS TRACK & FIELD Loughborough

This followed on from the Open Track & Field Championship and the number of entries was higher than in past years, though quite a few failed to turn out on the day for a variety of reasons. However, there were a number of athletes present who had recently returned from the World Masters Championships in Spain, which added an extra element to the competition.

With competitors split into 5-year age groups it was always going to be difficult when it came to awarding medals and/or certificates and this is an area, which certainly requires further consideration in 2006. Despite a heavy shower the meeting was judged a success overall and will be a hard act to follow in 2006.

ROAD RELAYS Finsbury Park

15 Men's teams turned out for the annual Road Relay and a fine race ensued with the lead changing hands a number of times before SPARTA edged ahead on the last lap. There were only 7 Women's team this year but another good race took place with HASSRA coming through to take the honours on the last lap. Interestingly the fastest laps were set by Marc Hobbs and Angela Allen as they brought their respective teams home for gold.

Results:

Men:

1	SPARTA	73.51
2	MOD	74.06
3	HASSRA	75.56

Fastest Legs:

1.	M Hobbs	(SPARTA)	13.57
2.	P Parry	(MOD)	14.26.
3.	R Fitzsimmons	(HASSRA)	14.33
	S Snow	(SPARTA)	14.33

Women:

1	HASSRA	52.55
2	HMRC	53.42
3	DTI	55.36

Fastest leg:

1	A Allen	(HASSRA)	16.25
2	S Robson	(DTI)	16.52
3	S Cariss	(HMRC)	17.00

CROSS COUNTRY Elmdon

The Cross Country Championships returned to the Midlands at the Birmingham Association's ground at Elmdon for the second consecutive year. A young Emily Adams carefully tracked the vastly experienced Angela Allen around most of the very good cross country course and then moved away to win her first title with Angela taking the Vets title and leading HASSRA to success in the Open and Vets events. Of the 24 athletes 17 were classified as Veterans 35 and over.

There was a very close race in the Men's event with Marc Hobbs taking the title by 2 seconds from the Vets champion Phil Parry, who had the satisfaction of leading MOD to the Open team title, though HASSRA won the Vets team award. The first two runners were in the same positions in 2004. Of the 84 Men, 45 were in the Vets categories with 20 over 50 years of age! This is a growing trend seen across the country at races on the road and cross country and is worrying for all concerned with the development of athletics, as the youngsters of today do not appear to want to take part in strenuous physical activity. How this can be addressed is something that both the CSAA and CSSC need to seriously consider in the coming months and years.

Results: Men

1	M Hobbs (SPARTA)	31.22
2	P Parry (MoD)	31.24
3	M Eadie (HMRC)	32.13

Vets:

1	P Parry (MoD)	31.24	V40
2	P Targett (HASSRA)	34.48	V40
3	P Crockford (DEFRA)	34.53	V45

Teams: Open		Vets
1.	MoD	HASSRA
2.	SPARTA	MoD
3.	HASSRA	HMRC

Women:

1	E Adams (MoD)	23.23
2	A Allen (HASSRA)	23.32
3	A Guthrie (HASSRA)	24.30

Vets:

1	A Allan (HASSRA)	23.23	V35
2	S Sleath (OS)	25.46	V40
3	M Statham (DTI)	26.08	V50

Teams: Open		Vets
1.	HASSRA	HASSRA
2.	DTI	HMRC
3.	MoD	OS

Tribute to Alan Mason - former Chairman of CSAA

After a very long association with CSAA, during which time he held many posts, including that of Chairman, Alan decided it was time to step down and pass the baton on to someone else. Bill Berry, CSAA Treasurer, paid tribute to Alan at the recent Committee & AGM Meeting, stating, "I have known Alan since 1959, when I joined Blackpool & Fylde AC and Alan was the Fixtures Secretary and still competing. During the time I have known him he has been involved in various capacities with Lancashire AAA, Northern Counties AAA, North West Civil Service Athletics and of course CSAA. In all that time he has always seemed to me to be the epitome of the perfect Official. He is always well organised, efficient and friendly, not self-promoting and always able to put the athlete first. Certainly his expertise will be missed, both by the CSAA and CSSC, On behalf of the CSAA Committee we would like to present Alan with a gift to demonstrate our esteem and thanks for his years of service". The picture below shows Alan being presented with a decanter set by CSAA President Sir Anthony Battishill.



Tribute to Ted Wingrove

Ted Wingrove has retired after 43 years service and is now training for the World Police & Fire Service Games (WPFSG) in 2007 in Adelaide. He has already competed in WPFSG events in Melbourne and Calgary winning a silver medal in the 3000m Steeplechase. Ted has been involved with Civil Service Athletics for many years as an active Committee member, organising CSAA Championships and in 1984 he inaugurated the Vets Track & Field Championships. His final event was very fittingly at the 2005 CSSC Games at Loughborough. Within C&E Ted was involved with the organisation of the C&E Sports Day from the grass track at Chiswick in the 1960s to its current status as a National Departmental event.

Background to the Sir Sefton-Brancker Representative Matches

Air Vice-Marshal Sir Sefton Brancker KCB AFC. You may well wonder who Air Vice-Marshal Sir Sefton Brancker was, and why so much importance is attached to the Trophy, which is awarded annually for Cross Country, and Track & Field combined?

During the 1914-18 War, General in the Royal Flying and later transferred to the First World War, he was the Air Council in the rank retirement in 1919 he joined department set up in the Air development of civil was knighted.

In 1928, Sir Sefton Cross Country match Middlesex and the RAF. Sir of his great interest in the 3 Air Force officer, an eminent Middlesex County AA. The Uxbridge in January 1929,



SIR SEFTON BRANCKER (Portrait by Sir John Lavery)

Sefton Brancker was a Major-Corps. He was awarded the AFC Royal Air Force. At the end of the Controller-General of Personnel on of Air Vice-Marshal. On his the Civil Service to head the Ministry to encourage the aviation; it was for this work he

succeeded in arranging an annual between the Civil Service, Sefton initiated the event because Associations: being a retired senior Civil Servant and the President of first event was held at RAF resulting in a win for Middlesex.

Sir Sefton was killed in the Airship R101 disaster at Beauvais in France in the early hours of 5 October 1930. The airship was the hope for lighter than air flying, and was on a trip to India to demonstrate its efficiency. After his unfortunate death, it was decided that the 3 Associations would jointly provide a Challenge Cup to commemorate Sir Sefton, and to include Track & Field events in addition to the Cross Country race already being held. (With thanks to the RAF Website for this information).

2006 Sir Sefton Brancker and SEAX Representative Matches

Pictured below are the CSAA Women’s team before the 2006 SEAX Trophy Match against Middlesex and the RAF. The team are Maggie Statham, Claire Stokes Anna Guthrie, Leslie Chisholm, Angela Allen and Maureen Noel.



The Women won their race with the first three runners home – L Chisholm, A Allen & A Guthrie.

Team Positions: Civil Service Middlesex RAF

In the Open men’s race the Civil Service were represented by Phil Parry, Shane Snow, Stan Owen, Andy Goodair, George McCourt, Darren Rowlands, Steve Norris, Stephen Hartley, Steven Davies, Tom Mellor and Marc Hobbs.

Team Positions: RAF Middlesex Civil Service

In the Vets Race the Civil Service were represented by Peter Crockford, Steve Marklew, Neville Witham and Nick Hume

Team Positions: RAF Civil Service

Athletic Achievements by Civil Service Athletes

Over the last few months Civil Service athletes have performed remarkably well in International, National, Regional and local competitions and hopefully the summary below is a good representation of their achievements.

In the National 6 Stage Road Relays a 'composite CSAA team' would have finished 35th from those competing:

P Parry	18.59	M Hilton	18.36	S Hallas	18.54
S Snow	18.30	A Wray	19.54	J Worthington	19.51

Similarly in the National Women's 4 Stage 'composite CSAA teams' would have finished 7th and 19th respectively. D Lee was actually a member of the winning team

D Lee	15.21	L Such	15.05	R Jones	15.06	C Entwistle	15.07
K Waugh	15.45	A Allen	15.46	S Robson	15.30	S Cariss	16.24

In the National Vets XC Relays P Parry was a member of the 2nd Team.

3 athletes were selected to represent England in the Home Masters XC International – P Parry, S Owen & S Cariss. In the M40 event Phil was 4th, in the M50 race Stan was 4th whilst Sue was 2nd in the W55 event. All three were members of the victorious England teams.

In the Yorkshire CSSC XC Championships the results were as follows:

	Men		Women	
1	Q Lewis	HMRC	S Cariss	HMRC
2	A Goodair	DWP	S Haslam	HMRC
3	P Collingwood	DWP	L Bradley	HMRC

The National HMRC XC Championships were held in conjunction with the above race:

	Men	Women
1	M Eadie	S Cariss
2	Q Lewis	S Haslam
3	S Shanks	L Bradley

Liz Such represented the North of England in the Lotto Cross Cup in Belgium.

Results from the Scottish Civil Service Relays:

	Men	Women
1	Scottish Prison Service	HASSRA
2	Forestry Commission	HMRC
3	MOD	Forestry Commission

Fastest laps were by D Beagly (FC) Men and A Hay (HASSRA) Women. HASSRA took the Men's Vets title whilst HMRC won the Women's Vets award.

The following athletes were ranked in the Women's Vets Track & Field Rankings for 2005:

W35	100m	K Reynolds	2 nd	W45	100m H	P Booth	3 rd	
	100m H	K Reynolds	1 st		W50	10,000m	M Statham	3 rd
	400m H	K Reynolds	2 nd			300m H	J Stafford	2 nd
	HJ	K Reynolds	2 nd		W55	1500m	S Cariss	2 nd
W40	80m H	G Clarke	3 rd	3000m		S Cariss	2 nd	

	100m H	G Clarke	2 nd	5000m	S Cariss	2 nd
	5k Walk	M Noel	1 st	10,000m	S Cariss	2 nd
W45	80m H	G Clarke	2 nd			

In the West Wales XC Championships M Hobbs was 1st.

In the BMAF 10m Championships S Owen was 1st M55 and S Cariss 1st W55.

A Allen was 1st F35 in the Greater Manchester XC whilst C Horne was 1st W45 in the Sussex Vets XC.

For those who prefer the longer distances the 100m Walk in the BMAF Championships saw CSAA Men's Team Manager I Statter finish 2nd in 19.52.51 whilst S Brown (F55) was 1st Women in 19.25.07.

In the London Business Houses 7m Road Walk CSAA Vice President and Women's Team Manager, J Hall finished 2nd taking the Vets title with M Noel 1st in the Women's race.

Y Bullen represented the South Wales Women's team in the Welsh Inter Regional Championships.

The Vets Half Marathon Rankings for 2005 saw:

M40	P Parry	7 th
W55	S Cariss	1 st
W60	S Lambert	7 th

In the County XC Championships the following athletes were noticed:

South Yorks	A Goodair	11 th	Avon	P Parry	2 nd (M40 Champion)
Hampshire	G McCourt	16 th	Cambs	S Owen	8 th (M50 Champion)
Merseyside	R Berry	1 st	Gloucs	D Randall	12 th (3 rd M40)
Middlesex	C Stokes	27 th	Yorks	N White	6 th
Lancs	M Eadie	10 th	Surrey	E Adams	2 nd
	S Hallas	14 th		S Robson	9 th
	R Jones	1 st		M Statham	1 st W50
	A Smith	3 rd W35			
	C O'Connor	3 rd W45			

In the SE Lancs XC League A Allen won the Overall Title as well as the F35 Championship.

The National Senior 2005 Rankings had the following Civil Servants well placed:

3000m SC	R Berry	31 st	5k Road	L Such	9 th
100 Mile Walk	I Statter	2 nd	5m Road	L Such	12 th
800m	C Entwistle	47 th	10k Road	M Yamauchi	5 th
1500m	C Entwistle	20 th	10m Road	M Yamauchi	6 th
3000m	C Entwistle	33 rd	Half Marathon	M Yamauchi	2 nd
	L Such	41 st	Marathon	M Yamauchi	2 nd
	M Yamauchi	46 th			
5000m	M Yamauchi	17 th			
	L Such	33 rd			
Pole Vault	N Brunning	44 th			
100m H	K Reynolds	43 rd			
2k SC	C Entwistle	1 st			
3k SC	C Entwistle	7 th			

In the Vets 2005 Track and Field Rankings the following were ranked:

M40	60m	A Noel	1 st
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	100m	A Noel	1 st World Vets Champion
	200m	A Noel	1 st
	400m	A Noel	3 rd
M45	Discus	A Kruszewski	1 st
	Hammer	M Fenton	2 nd
	Weight	M Fenton	1 st
M50	HJ	D Talbot	2 nd
M55	100mH	T Lewis	2 nd
	60 H	T Lewis	3 rd
	400 H	T Lewis	3 rd
	PV	T Lewis	1 st
	TJ	T Lewis	1 st
M60	60 H	B Harlick	2 nd
	Discus	P Eddy	3 rd
M70	400 H	G Daborn	2 nd
	100 H	G Daborn	2 nd
	PV	G Daborn	3 rd

In the UKA Cross Challenge at Cardiff M Hobbs was 27th whilst C Entwistle was 12th

M Statham was 2nd in the Southern Vets XC.

At the North of England XC Women's Championships:

7th C Entwistle 9th R Jones 10th N White 11th A Allen 22nd K Waugh 30th S Robson

L Chisholm was 4th in the Scottish Women's 4k XC Championships.

The results of the Scottish CS XC Championships were:

	Men		Women		
1	E Riddle	Prisons	L McDonald	HASSRA	F35
2	J Martin	HMRC	B Sloss	HMRC	F40
3	J Duffy	HMRC (M40)	J Rammell	Forestry	F55

Teams HMRC Scottish Prison Service

2005 Vets Road Rankings

M40	5k	P Parry	3 rd	F55	5k	S Cariss	2 nd
	10k	P Parry	4 th		5m	S Cariss	1 st
M50	5M	S Owen	5 th		10k	S Cariss	1 st
M55	5k	J Bell	4 th				

F Smith represented Scotland in the Jeff White International Trophy at 60m Hurdles.

In the Southern Counties Vets Indoor Championships T Noel was 1st M40 60m, whilst D Talbot was 1st M50 60m Hurdles and 2nd in the High Jump.

At the South of England Vets XC Championships S Owen was 3rd M50.

At the MOD XC Champs:

	Men		Women	
1	P Parry	B Davies		
2	C Dixon	C Smith		
3	A Burles	S Bamber		

An interesting finisher, who was 3rd M50, was Ian Thompson, former European and Commonwealth Marathon Champion.

At the Scottish XC Championships L Chisholm was 7th in the Women's Race.

In the Scottish Combined Events Championships based on Age Graded Tables T Lewis (M55) was 1st Vet.

J Bell M55 won the N E Vets XC Title

In the Middlesex 10 Mile Walk Championships J Hall was 2nd and M Noel 1st.

The National XC Championships saw the following results:

63	R Berry	107 P Parry	128 A Wray	140 S Snow	287 S Hallas	330 A Goodair
424	P Collingwood	465 D Winter	532 N Hume			

34	A Allen	102 M Boleman	116 H Smethurst	135 S Cariss		
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In the Welsh XC Championships;

7	M Hobbs	22 nd S Davies
20 th	Y Bullen	

N White won the Yorkshire Fell Championships

At the British Vets XC P Parry was 7th M40 with S Owen 7th M50.

At the British Masters Indoor Track & Field Championships the following were successful:

M40	100m	T Noel 1 st	W45	60m	G Clarke	3 rd
	200m	T Noel 1 st		200m	G Clarke	3 rd
	400m	T Noel 2 nd		60m H	G Clarke	1 st
M50	HJ	D Talbot 1 st			P Booth	3 rd
M55	3k W	J Hall 1 st		LJ	G Clarke	1 st
W40	3k W	M Noel 1 st		TJ	G Clarke	1 st

P Collingwood was 3rd in the South Yorks Half Marathon Championships

At the Inter Counties Women's XC Championships E Adams was 49th, L Chisholm 63rd and A Allen 69th

At the World Master Indoor Championships in Austria J Hal was 5th M55 3k Walk and G Clarke 9th W45 Long Jump.

S Robson was a member of the winning Women's team at the National 6 Stage Road Relays.

At International level Mara Yamauchi has excelled and finished a tremendous 3rd in the 10,000m at the Commonwealth Games and followed this up with 23rd in the World Cross Country Championships in Japan, where she now lives, having taken a break from the Home Office to enjoy life as a full-time athlete.

Hattie Dean (DWP) was 4th in the World Student Cross Country Championships and a member of the victorious British Team. She was 1st in the Inter Counties Cross Country Championships and 66th in the World Cross Championships in Japan. After a very short rest Hattie ran the fastest leg in the Women's 6 Stage Road Relays at Sutton Park recording 16.16 for the 3-mile stage.